

## Winter safety tips - in the community

Tips for staying mobile at winter in your community

Hi, I'm Nicholas. I'm one of Brighton & Hove City Council's street cleaners and I'm here to talk to you about staying safe in the winter.

At Brighton and Hove City Council, we care about your safety, and when it snows this winter, it's not going to be the best conditions to be out and about. Here are some tips on how you can get about safely.

For a start, don't leave late. You're going to need time as you'll need to be moving slower.

Here's something you can do with your feet, watch this:

\*Nicholas demonstrates putting a stretchy sock over boots, or wearing detachable spikes\*

If you do feel able, there's plenty you can do for your local community.

Check on your neighbours. They might not be able to get out and you might be able to get to the shops for them.

You could clear the path outside of your property. Clear it early, before it gets compacted and it'll be a lot easier.

When you're clearing snow off a path, first remove the heavy snow, using a shovel.

Second, sweep up what's left.

Once that's done, then you're ready to put the grit and salt down.

\*Nicholas uses a shovel to get a small pile of grit\*

Go for a small amount, that way you can really kick it out there.

\*Nicholas uses shovel to throw grit down the path\*

Regular table salt works well if grit is not available. After clearing the snow, sprinkle one tablespoon per square metre

As you've knocked on your neighbours to check they're alright, you may find that some of them are up for doing a little bit to help the community. Get together as a team. You can all watch each other's backs. It's a lot safer, and it can be a lot more fun. It can build community spirit.

If you are out there, cleaning your pathway, don't forget to take regular breaks. If you find yourself out of breath, or you can't finish a sentence, then maybe it's time to go for a cup of tea.

There's over 400 grit bins in Brighton. If you can't find where your grit bin is you can check the website for a map.

- [www.brighton-hove.gov.uk/snow](http://www.brighton-hove.gov.uk/snow)

During the severe weather, refuse, recycling and street cleaning is put on hold. We're out there though, gritting everywhere we can. We cannot get everywhere. First we have to get to the important places, the hospital, and the places where old people live. If you have found that your refuse or recycling hasn't been collected you can always try the website. All the information will be kept up to date. We're also on twitter, and facebook.

- [www.brighton-hove.gov.uk](http://www.brighton-hove.gov.uk)

- [www.facebook.com/RecyclingRefuse](https://www.facebook.com/RecyclingRefuse)

- [www.twitter.com/RecyclingRefuse](https://www.twitter.com/RecyclingRefuse)

If you do find yourself trapped indoors, under harsh conditions and you do need help or medication, maybe you need to call us.

-If you are trapped in your home and need care please call 01273 295555

Even a pathway is cleared of snow may still be slippery and icy. Check it first slightly with your foot before you put all your weight down.

Be careful, be safe, have a great winter, and we'll see you next year.

- [www.brighton-hove.gov.uk](http://www.brighton-hove.gov.uk)

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