

BOCCIA AT THE LEVEL – How to play



Boccia is an attack and defend game, with two sides competing over a set number of ends. The aim is to score as many points as possible by placing their set of coloured balls closest to the white jack ball.

- A ball can be propelled by rolling, throwing or kicking (gently!)
- If a player is unable to throw or kick it, they can use a ramp (assistive device)**
- If they are unable to release the ball with their hands, players can use a head pointer
- Singles and pair matches are four ends: team matches are six ends
- An end consists of all 13 balls being propelled onto court (the jack, 6 red and 6 blue)
- Each side can have 1, 2 or 3 players (singles, pairs or team match)
- Decided using a coin toss, the winning player/captain chooses to be red or blue
- Both sides must occupy a designated box or other designated space on the court* from where balls are propelled
- The red side always begins first end by propelling jack into court
- In pairs or team match, each player propels jack onto court in turn
- In a singles match. both players will alternate twice
- The player who propels the jack ball also propels their team's first coloured ball
- A player from opposite side then propels their first coloured ball
- The side not closest to the jack plays until they get closer, or run out of balls
- The end is complete when all balls from both sides have been propelled
- One point is awarded for every ball of the same colour, which is closest to the jack

**This area is the gravelled pétanque area at The Level*

***Unfortunately we are unable at the present time to provide these at The Level*

More information: www.bocciaengland.org.uk