

All about us

Tudor House is a beautiful house with a large mature garden situated in a quiet residential area in Brighton. It has easy access to local amenities with the town centre, the seafront and green open spaces all within 5 to 20 minutes away. It offers short breaks to families with children who have a severe learning disability and other complex needs. The house is adapted to cater for non-ambulant children and up to four young people can be looked after at any one time. Tudor House has a waiting list and when spaces become available it is necessary to assess each family's needs at that time in order to prioritise the next admission.

Tudor House is run by Brighton and Hove City Council Children's Integrated Disability Service. It operates within the Council's Values, Priorities and Policies (including Equality and Inclusion, Safeguarding Children and Health and Safety.) We are regulated by the Children's Homes National Minimum Standards set by the government under the Care Standards Act 2000, and the Children's Homes Regulations 2015. Ofsted do annual and bi-annual inspections in order to assess our service and we also have monthly internal inspections. If you want to view our latest annual Ofsted inspection for 2016 please follow the link.

Facilities

Tudor House has 5 spacious bedrooms, one large kitchen, a lounge, an activity room, and a sensory room. We also have two adapted bathrooms, a lift and a great big garden; see the gallery for photos of the different rooms and spaces.

The bedrooms

The Green, Pink and Purple room are situated downstairs and are equipped with overhead hoists andbeds. The rooms are colourful and personalised for individual young people each stay. The Blue and Lilac bedrooms are situated upstairs and are generally used for the more ambulant children who require less physical support.



The Kitchen

This is the hub of the home with home cooked food provided at each meal. There is a large height adjustable table to include everyone at mealtime, which we feel is one of the important social events of the day. At other times messy play, art and craft activities take place in the kitchen.

The lounge

This is a large room with different purposeful areas for music activities, reading, imaginary play, computer time, TV, games and music.

The Sensory room

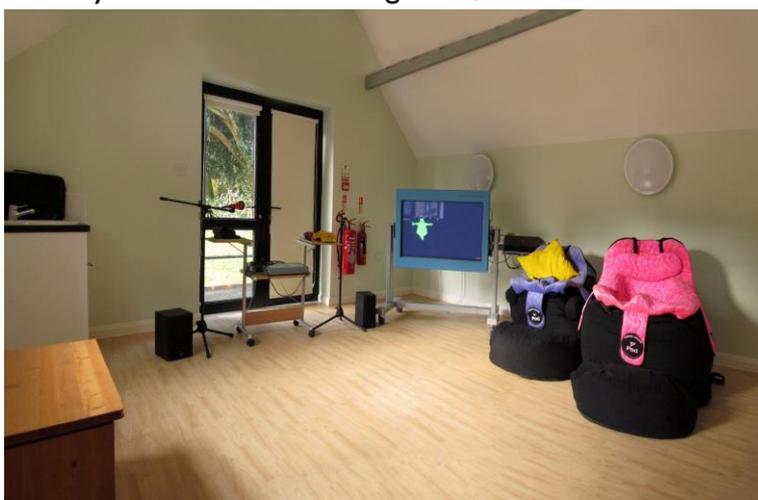
This is a small and cosy room with a variety of sensory equipment including; a water bed, a bubble tube, a fibre optic carpet and an activity wall.



The activity room
This is a



relatively new extension to the house with money raised from Rockinghorse, a local children's charity. It is a multi-purpose



een TV and a Ground FX
ist frame used with standing



Bathrooms

There are two well adapted bathrooms, one with an overhead hoist. Both have height adjustable spa baths with a mechanically operated bath chair. There is a walk-in shower upstairs and a wet room downstairs.



The Garden

There is a large garden, all on one level with a path for easy access to all the equipment. We have a wheelchair swing, a sunken trampoline, a water feature, a set of swings and outdoor musical instruments. There is a separate patio with a brick built BBQ

Staying here

Tudor House operates an introductory process for any new young person coming to stay. Typically a young person will have three introductory 'tea visits' to enable them to familiarise themselves with the staff and the building. We are able to cater for each young person's individual needs and tailor make an individual support plan (ISP) to ensure that staff are able to meet all identified support needs. The young person is assigned a lead support worker who will gather all the information for the ISP prior to the young person's first overnight stay. The lead support worker will also meet the parents/carers at Tudor House and at home, as well as conduct a school visit. Once settled, the lead support worker will start to develop some goals that may be useful for the individual to work towards, in conjunction with their educational targets.

A typical midweek day at Tudor House

- 6.30–8.30 am Getting ready for school or college.
- 3.30–4.30 pm Back from school or college, snack time, personal care, choice of activities.
- 5.30 pm Dinner time
- 6.30–7.30 pm Social interaction, quieter activities or relaxation, early baths and other routines if required.
- 7.30–9.30 pm Personal care and bed time routines.

A typical weekend day at Tudor House

7–9.30 am	Depending on how tired the young person is; getting up and getting ready for the day!
9.30–12.30 pm	Activity/Outing (children help choose the activity /outing for the morning).
1 pm	Lunchtime, personal care and relaxation.
2.30–5.30 pm	Activity/Outing (children help choose the activity /outing for the afternoon).
6 pm	Dinner time
7–8 pm	Social interaction, quieter activities or relaxation, early baths and other routines if required.
8–10 pm	Personal care and bed time routines.

Activities and Opportunities

Tudor House has a minibus with a tail lift that can fit 9 people in total. We also use the local bus service to get into the centre of Brighton. Staff are also able to use their own cars to transport children should we need to do so. This allows young people more choices and 1:1 outings. We access the community mainly at weekends and during the school holidays, but in the summer months we also sometimes make trips out in the afternoon or evening.

Examples of indoor activities

Sensory room activities, Computer and Wii games, interactive touch screen, GroundFX interactive floor, games, books, sensory toys, construction, cars, puzzles, puppets, dressing up, art and craft, ipad, sand and water play, bubbles, messy play, music, DVDs, swings, trampoline, go-Cart, massage etc, etc.

Examples of activities outside Tudor House

Swimming, cycling, bowling, shopping, seafront walks, visits to play parks, parks and gardens, Cafes, the pier and Westows etc

Examples of special events

Theatre shows, the circus, musical events, Paddle round the Pier, special shows (May festival events) and exhibitions, Take Part inclusive activities.

Examples of holiday outings

Drusilla's, The London Eye, the Spinnaker tower, Amberley open air museum, Hop Farm, fruit picking, afternoon tea at The Grand, Bluebell railway and boat trips.

Life skills

We encourage the children to be as independent as possible, especially supporting them to make valid choices of outings and activities, food and drink and who helps them with their personal care and feeding. Personal goals are developed for each child which tend to focus on the areas of communication, personal care, feeding or preparing food, independent living skills, and one related to social interaction and



play. Developmental goals are an area in which we work together with the young person's school teacher to support young people's progress.

Health and Well Being

We cook our own food and plan our menus a week in advance. We take children's likes and dislikes into consideration and consult with our young people regularly. The menu is balanced and healthy and we provide food alternatives for children on special diets. (e.g gluten free). All staff receive regular food safety training.

We offer children a choice of snacks, including fruit, smoothies and homemade biscuits. We offer water, herbal teas, milk, diluted fruit juice and blackcurrant squash to drink.



All staff adhere to the principles of health and safety and have received relevant safety training. The children all have their own individual risk assessments and these are reviewed and updated regularly.

As part of our safeguarding children practice we are obliged to record and inquire into visible injuries and marks when children first arrive at Tudor House. We also inform and record injuries sustained at Tudor House. All staff have had the relevant safeguarding training and first aid training.

Medication is stored in a double locked medication cupboard and is signed in and out of the building each time. Staff are all trained in administering medication and follow a strict protocol when drawing up and giving medication. All staff are also trained in administering emergency medication.

Contact us

For a referral you will need to speak to your social worker. Or you can contact:

Residential and Short Break services
Integrated Child Development & Disability Service
Brighton and Hove City Council
Tel: 01273 265825
Email: seasideview@nhs.net