

## Where to find us

### Hollingdean Children's Centre (including Cherry Tree Nursery)

Brentwood Rd, Brighton BN1 7DY

Tel: 01273 295623

Email: [hollingdeancc@brighton-hove.gov.uk](mailto:hollingdeancc@brighton-hove.gov.uk)



Find us and like us on Facebook

[www.facebook.com/HollingdeanChildrensCentreandNursery](https://www.facebook.com/HollingdeanChildrensCentreandNursery)

### Preston Park Children's Centre

Fiveways Play Centre, between 8-10 Florence Road, Brighton BN1 6DJ

Tel: 01273 500257

Email: [hollingdeancc@brighton-hove.gov.uk](mailto:hollingdeancc@brighton-hove.gov.uk)

[www.brighton-hove.gov.uk/childrenscentres](http://www.brighton-hove.gov.uk/childrenscentres)

## The Family Information Service

They can help you find childcare and free early education and hold a wide range of useful information about services for families.

They can be contacted on 01273 293545 or by email at [familyinfo@brighton-hove.gov.uk](mailto:familyinfo@brighton-hove.gov.uk).

## Comments and complaints

We welcome comments and complaints as they help us to provide a better service. We also like to hear from you if you have had a particularly good service. Please contact our freephone number on 01273 291229 to leave your comment or make a complaint.

## Interpreting

If you need help with interpreting or understanding this leaflet, please speak to a member of the children's centre team who will help you.

# Hollingdean & Preston Park

## Children's Centre activity diary

### From March 2020



# Timetable of sessions and activities from March 2020

**Hollingdean 01273 295623 (option 3)**

## Monday

### Healthy Child Clinic

9.30 – 10.30am Drop in with the Health Visiting Team for advice and support.

### Dads Stay and Play Drop

in 10 – 11.30am Play session for Dads, Stepdads, male carers and their children 0-5.

### T21 under 5s. First Monday of every month from 12 noon – 2pm

A group for pre-school children with Down syndrome and their families. Contact Emma on 07810 567626.

### Money Advice + sessions

1.30 – 4.30pm. Debt and benefits advice (for Council Tenants and leaseholders only) – fortnightly. Advice and support with debt problems, welfare benefits, &/or budgeting. To book an appointment call 01273 664000.

### Home Birth Matters

2.30 – 4.30pm Online booking at [www.mypregnancymatters.co.uk](http://www.mypregnancymatters.co.uk). Just follow the links for parent education classes

## Tuesday

### Mosaic under 5s Stay and Play Drop-in

9.30 – 11.30am for black and mixed parentage families.

## Tuesday

### Baby Stay and Play drop

in 10 – 11.30am For pre-crawling babies. Meet other new parents and play with your baby in a friendly group.

## Wednesday

### Stay and Play

9.30 – 11am Come along and play with your under 5s. Safe space for babies with lots of fun learning activities for your children and play ideas to take home.

## Thursday

### H New Childminder Chat, Stay and Play networking mornings

9.30 – 11.30am **FIRST THURSDAY OF EVERY MONTH** Open to all childminders - meet new people, network, share ideas & support children in an exciting environment.

## Friday

### Rainbow Families Drop

in 10am – 12 noon on the **FIRST** Friday of every month. An opportunity for LGBTQ families with pre-school children to come along, play and meet other parents.

**Preston Park 01273 500257**

## Monday

### Stay and Play Drop in

10 – 11.30am Run by Fiveways Playcentre. £2.50 per child, £1 for siblings. Call 01273 500257 for details of groups in holidays.

## Wednesday

### Stay and Play Drop in

10 – 11.30am Run by Fiveways Playcentre. £2.50 per child, £1 for siblings. Call 01273 500257 for details of groups in holidays.

## Friday

### Stay and Play Drop in

10 – 11.30am Run by Fiveways Playcentre. £2.50 per child, £1 for siblings. Call 01273 500257 for details of groups in holidays.

**Tarner 01273 296700**

## Tuesday

### T Young Parents Stay and Play

12.30 – 2pm **FIRST TUESDAY OF EVERY MONTH** A drop in group for young parents (usually under 21) with their children under 5. Snack provided.

## Wednesday

### Time for Me Group

10am – 12 noon with creche. Invitation through your Health Visitor.

### BFG (bilingual families group)

12.45 – 2.15pm (term time only) Drop in and play. Call 01273 296700 for more information.

## Friday

### Sweet Peas at Tarner Children's Centre

12.15 – 3pm A pre-school play group for children with special needs and their families. Contact Kerry on 07875 377961.

## Saturday

### Dads! (Stepdads, Grandads & male carers all welcome)

bring along your under 5s on the 1st Saturday of every month from 10am – 12 noon to Tarner Children's Centre. Soft play and fun activities for you and your children. Call the Children's Centre on 01273 296700 for more information.

### Cherry Tree Nursery

Open every day from 8am – 6pm Call 01273 296052.

### Volunteering

Want to find out about training, volunteering and getting back into work. Call on 01273 295623 to speak to Jo.



We are now a free Wi-fi hotspot



Like us on facebook and find out about upcoming courses and activities

Community Café run by local volunteers open Monday to Friday. Low cost food and snacks. Interested in becoming a volunteer in our Community Café? Call 01273 295623 or drop in.