

Brighton & Hove City Council Register of Approved Personal Assistants

If you would like to contact an approved personal assistant from this register but are unable to do so by e-mail, please call Support with Confidence on **(01273) 292494**

www.brighton-hove.gov.uk/supportwithconfidence

Updated: March 2021

Date of Registration	Name	Availability	Area	Rate of Pay p/h
March 2021	Nick	Up to 16+ hours, 5 days a week, 8am – 2pm.	Brighton & Hove	£9.50
March 2021	Veronica	Flexible on hours and days, 9am-5pm.	Brighton & Hove	£9.50
January 2021	Emily	Monday to Friday (9am–3pm), with flexibility to adapt to meet criteria or needs of client.	Brighton & Hove through to Seaford	£9-15 flexible
January 2021	Freya	Up to 30 hours, 5 days a week, 9am–5pm	Brighton & Hove	£10
September 2020	Hoida	Up to 16 hours, 2-3 days a week, 10am-5pm	Brighton & Hove	£9-12
September 2020	Stella	Up to 35-40 hours, 7 days a week, 7am–2pm / 7am–4pm	Hove, Portslade and Brighton	£10
July 2020	Jodie	Up to 16 hours, 2 days a week, 10am–6pm / 11am–7pm	Brighton & Lewes area	£14
June 2020	Helene	Up to 35+ hours, Monday-Friday, 8am–6pm	East and West Sussex	£10-12
January 2020	Lyn	Monday, Tuesday, Wednesday, flexible hours	Brighton & Hove	Flexible
November 2019	Maddie	Up to 40 hours, 5-6 days a week, 9am–6pm	Brighton & Hove (potential to cover Portslade)	£9
November 2019	Jackie	Up to 15-20 hours, 2-3 days a week, 8.30am–6.30pm	Brighton, Hove, Portslade, Mile Oak and Southwick	£10-11
October 2019	Jayne	Hours and days negotiable	Brighton - Shoreham	£15-20
September 2019	Adrian	Up to 30 hours, 5 days a week, 7am–7pm	Brighton & Hove	£9-10



Date of Registration	Name	Availability	Area	Rate of Pay p/h
July 2019	Emma	Up to 12 hours, 2-3 days a week, 10am–2pm	Brighton & Hove	£9-10
June 2019	Anna	Up to 16 hours, 4-5 days a week,	Central – 3-mile radius	£12-14
April 2019	Marek	Up to 40 hours, 5 days a week, 8.30am–6pm	Brighton, Hove & Portslade	£10
January 2019	Claire	Up to 25 hours, 5 days a week, 9am–9pm	Hove & Portslade	£9-10
January 2019	Liz	Available from 6am–11pm (variable days/hours)	Brighton (possibly Rottingdean & Lewes)	£10
January 2019	Victoria	Up to 30 hours, 5-6 days a week, Monday –Tuesday 8am–6pm, Wednesday-Saturday 9am-Midday	Brighton & Hove	£11 minimum
December 2018	Mineva	Up to 15 hours, 2-3 days a week, 9am – 4pm	Brighton, Hove, Portslade	£10
August 2018	Wolfgang	Up to 10-15 hours, 2-3 half days a week, 10am – 2pm and 2pm–6pm	Brighton & Hove	£10
July 2018	Zuzana	Up to 20 hours, 5 days a week, 9am–1pm	Brighton & Hove	£9-10
May 2018	Jason	Up to 25 hours, 4 days a week, 9am–5pm	Newhaven, Brighton & Hove	£10-12
February 2018	Delia	Up to 20 hours, 2 days a week, 8am–5pm	Central Brighton, Kemptown	£10 minimum
February 2018	Souping	Up to 12 hours, 5 days a week, noon–6pm	Portslade & Hove	£10
February 2018	Ingrid	Up to 16 hours, 3 days a week, 11am–4pm	Rottingdean, Saltdean, Brighton, Peacehaven, Newhaven	£10
January 2018	David	Up to 25 hours, weekdays only, 9am–5pm	Within 5-mile radius of central Brighton	£12-15
December 2017	Donna	Up to 25 hours, 5 days a week, noon to 6pm	Brighton & Hove	£9+
September 2017	Lindsey	Up to 25-30 hours a week, 9.30am – 6pm	Brighton & Hove	£8-10
May 2017	Helena	Flexible	Brighton & Hove	£9-10
April 2017	George	Up to 30 hours a week, 9am – 12noon (Monday, Wednesday and Friday), 9am–5pm (Tuesday, Thursday)	Brighton & Hove	£9-10
Nov 2016	Andrea	Up to 20 hours a week, 10am–5pm	Brighton & Hove	£8-10
July 2016	Catherine Turner	Up to 15 hours a week, 2-4 days a week	Brighton & Hove	£8.50-9.50



Date of Registration	Name	Availability	Area	Rate of Pay p/h
April 2016	Paul	Up to 30 hours a week, 8am–10pm	Brighton & Hove	£8-10
April 2016	Izzie	Up to 30 hours a week, 8am–5pm	Brighton and Hove	£15-18
Feb 2016	Julie Bonny	Capacity fluctuates – contact for availability	Patcham & West Sussex	£18
Jan 2016	Agnes	Flexible	Brighton & Hove	£8-9
Sept 2015	Sheila	Up to 15 hours a week, 2pm–5pm	Central Brighton	£8-10
Jan 2015	Fiona	Up to 30 hours a week, 7am-2pm / 2pm–10pm	Brighton & Hove	£8-10
Oct 2014	Aya	Up to 15 hours a week, over 3 days, 9.30am-2.30pm	Brighton & Hove	£8.70
Sept 2014	Cheryl	9.30am–2.30pm, 5 days a week, up to 20 hours	Brighton & Hove	£8-11
July 2014	Amleto	Flexible – up to 20 hours a week, 5 days a week including weekends	Brighton & Hove	£10-12 / £12.50 weekends
August 2013	Lara	Monday - Friday 9.30-2.30 (Possible extra hours if required)	Brighton	£8-10
June 2011	Simon	Currently no availability	West Sussex	£8-10
July 2011	Maxine	Flexible	Central Brighton / Hove / Kemptown	£10-12
June 2011	Roza	16hrs p/w 10-6	Brighton & Hove	£8-10



Nick



Support with
Confidence

- I am a male PA
- I am a driver with use of a car
- I am available to work up to 16+ hours, 5 days per week, 8am–2pm. I am also available on school holidays.
- I have wide experience of supporting individuals with complex needs in their own home and communities. I am able to assess risk to help enable individuals to achieve what they want to do and when, be it a trip to the shops, cook their favourite meal or to climb up a hill!
- I will work with individuals to engage in their activities or interests and also to help maintain and develop life skills, if required. I can also work as part of a team, reflect on my own practice, seek support when necessary and share with other ideas that may improve lives of the individuals in my care.
- As an experienced support worker, I like to think that I possess the right blend of the personal and the professional approach when supporting individuals in their own home and community. I have a wide range of interests myself including music and cycling to name but two. I'm also a good listener!

Nick has undergone an Enhanced DBS check and has completed the following courses:

1. Understand your role
2. Understand and maintain personal development
3. Duty of Care
4. Understand equality and diversity
5. Work in a person-centred way
6. Communication
7. Privacy and dignity
8. Fluids and Nutrition
9. Awareness of mental health, Dementia and Learning Disability
10. Safeguarding adults and children
11. Basic life support
12. Health and safety
13. Handling information
14. Infection prevention and control

Contact Details

Tel: 07775 338889

Email: nickprich@gmail.com

Registration Number APP/SWC/PA/08.03.21



Support with
Confidence

Veronica



Support with
Confidence

- I am a female PA
- I am available to work flexible hours, 7 days per week, 9am–5pm. I am also available on school holidays.
- I have been volunteering for Sussex Homeless Support in the past few months.

Veronica has undergone an Enhanced DBS check and has completed the following courses:

1. Understand your role
2. Understand and maintain personal development
3. Duty of Care
4. Understand equality and diversity
5. Work in a person-centred way
6. Communication
7. Privacy and dignity
8. Fluids and Nutrition
9. Awareness of mental health, Dementia and Learning Disability
10. Safeguarding adults and children
11. Basic life support
12. Health and safety
13. Handling information
14. Infection prevention and control

Contact Details

Tel: 07385 671237

Email: ronnieeden@icloud.com

Registration Number APP/SWC/PA/03.03.21



Support with
Confidence



Emily



Support with
Confidence

- I am a female PA, able to offer a range of services including daily living support.
- I am an experienced and confidence driver with use of a car.
- Available to work primarily Monday to Friday (9am-3pm), with flexibility to adapt to meet criteria or needs of client.
- First-hand experience of supporting vulnerable adults with challenging behaviours such as Dementia.
- Experienced in safeguarding and good communication skills.
- Able to offer door to door assistance for medical appoints/visiting needs, shopping etc.

Emily has undergone an Enhanced DBS check and has completed the following courses:

1. Understand your role
2. Understand and maintain personal development
3. Duty of Care
4. Understand equality and diversity
5. Work in a person-centred way
6. Communication
7. Privacy and dignity
8. Fluids and Nutrition
9. Awareness of mental health, Dementia and Learning Disability
10. Safeguarding adults and children
11. Basic life support
12. Health and safety
13. Handling information
14. Infection prevention and control

Contact Details

Tel: 07722 378390

Email: whitnalle@gmail.com

Registration Number APP/SWC/PA/18.01.21



Support with
Confidence

Freya



Support with
Confidence

- I am a female PA
- I am a driver with use of a car
- I am available to work up to 30 hours, 5 days a week, 9am–5pm. I am also available on weekends, school holidays and for short notice cover.
- I am a qualified Secondary School Drama Teacher.
- I am a qualified secondary school drama teacher and have extensive experience working with children and young adults in the field of play and creativity.
- I have enjoyed working with people from a wide range of backgrounds and cultures and have experience with special educational needs.

Freya has undergone an Enhanced DBS check and has completed the following courses:

1. Understand your role
2. Understand and maintain personal development
3. Duty of Care
4. Understand equality and diversity
5. Work in a person-centred way
6. Communication
7. Privacy and dignity
8. Fluids and Nutrition
9. Awareness of mental health, Dementia and Learning Disability
10. Safeguarding adults and children
11. Basic life support
12. Health and safety
13. Handling information
14. Infection prevention and control

Contact Details

Tel: 07712 352020

Email: freyaline26@yahoo.co.uk

Registration Number APP/SWC/PA/07.01.21



Support with
Confidence



Hoida



Support with
Confidence

- I am a female PA
- I am a driver with use of a car
- I am available to work up to 16 hours, 2-3 days per week, 10am–5pm.
- I have been supporting people as a volunteer for many years both overseas and in the UK. I currently am a befriender, providing emotional support to isolated people.
- I have good communication and interpersonal skills.
- I have experience of working with people with mental health issues.

Hoida has undergone an Enhanced DBS check and has completed the following courses:

1. Understand your role
2. Understand and maintain personal development
3. Duty of Care
4. Understand equality and diversity
5. Work in a person-centred way
6. Communication
7. Privacy and dignity
8. Fluids and Nutrition
9. Awareness of mental health, Dementia and Learning Disability
10. Safeguarding adults and children
11. Basic life support
12. Health and safety
13. Handling information
14. Infection prevention and control

Contact Details

Tel: 07448 885584

Email: Hudhud_elhussien@yahoo.com

Registration Number APP/SWC/PA/28.09.20



Support with
Confidence





- I am a female PA
- I am a driver with use of a car
- I am available to work up to 35-40 hours, 7 days per week, 7am–2pm /7am–4pm. I am also available on weekends, school holidays and for short notice cover.
- I have got so much experience and skills working as a Carer in the community with Independent at Home, it has been the greatest experience, I love my job, dealing with service users and working with my colleagues. I have gained so much knowledge and experience which I can relate to and use.
- I am very empathetic, I treat people with respect, kindness and respect their values race and beliefs, very organised and always take matters of confidentiality seriously.
- I am a team player and always strive to work together with service user to help them achieve their goals gain their independence as individuals in their own homes.
- I am friendly and respectable; I always use a friendly approach where possible and offer assurance and personal centred approach for them to gain confidence and trust.

Stella has undergone an Enhanced DBS check and has completed the following courses:

1. Understand your role
2. Understand and maintain personal development
3. Duty of Care
4. Understand equality and diversity
5. Work in a person-centred way
6. Communication
7. Privacy and dignity
8. Fluids and Nutrition
9. Awareness of mental health, Dementia and Learning Disability
10. Safeguarding adults and children
11. Basic life support
12. Health and safety
13. Handling information
14. Infection prevention and control

Contact Details

Tel: 07584 158449

Email: Stellamufume79@hotmail.co.uk

Registration Number APP/SWC/PA/29.09.20



Jodie



Support with
Confidence

- I am a female PA
- I am available to work up to 16 hours, 2 days a week, 10am–6pm / 11am–7pm. I am also available on weekends, school holidays and for short notice cover.
- Compassionate and thoughtful individual with sensitivity towards the needs of others.
- Reliable, punctual, and organised.
- Communicative and highly considerate.
- Able to support the needs of others with professionalism and intuition.
- Experience working with the community in various capacities.
- Experience working with the elderly and with vulnerable adults, as well as those with physical and mental health challenges.

Jodie has undergone an Enhanced DBS check and has completed the following courses:

1. Understand your role
2. Understand and maintain personal development
3. Duty of Care
4. Understand equality and diversity
5. Work in a person-centred way
6. Communication
7. Privacy and dignity
8. Fluids and Nutrition
9. Awareness of mental health, Dementia and Learning Disability
10. Safeguarding adults and children
11. Basic life support
12. Health and safety
13. Handling information
14. Infection prevention and control

Contact Details

Tel: 07590 632414

Email: Jodie-m@hotmail.co.uk

Registration Number APP/SWC/PA/02.07.20



Support with
Confidence

Helene



Support with
Confidence

- I am a female PA
- I am a driver with use of a car
- I am available to work up to 35+ hours, Monday - Friday, 8am–6pm. I am also available on weekends, school holidays and for short notice cover.
- I have been working as a carer/ support worker for the last 2 years.
- Initially with Carewatch now called My life, then through an agency until they closed for good this April.
- I have always enjoyed working with service users, they give me a great sense of purpose, and knowing I can make a difference in their life gives me great joy.

Helene has undergone an Enhanced DBS check and has completed the following courses:

1. Understand your role
2. Understand and maintain personal development
3. Duty of Care
4. Understand equality and diversity
5. Work in a person-centred way
6. Communication
7. Privacy and dignity
8. Fluids and Nutrition
9. Awareness of mental health, Dementia and Learning Disability
10. Safeguarding adults and children
11. Basic life support
12. Health and safety
13. Handling information
14. Infection prevention and control

Contact Details

Tel: 07917 431452

Email: sallhtk@msn.com

Registration Number APP/SWC/PA/23.06.20



Support with
Confidence



Lyn



Support with
Confidence

- I am a female PA
- I am a driver with use of a car
- I am available to work Monday, Tuesday, Wednesday, my hours are flexible, and am available during school holidays and can-do short notice cover.
- Looking to provide a companionship service.
- I have had a varied and interesting career which has always involved dealing with people of all ages. My mother is 88 and although living independently, is unable to go out on her own. However, she still enjoys good conversation, company and an adventure. This is alongside the normal activities of appointments, hairdressers, eating out and entertainment. A positive attitude to ageing is important and demonstrates the need to support and engage individuals, in a human and caring way.
- In addition, many of my friends have elderly parents and as a network we endeavour to support each other, with many different requirements they need.
- I am kind, compassionate, understanding with good interpersonal skills to engage individuals, who wish to live and love life as much as possible.

Lyn has undergone an Enhanced DBS check and has completed the following courses:

1. Understand your role
2. Understand and maintain personal development
3. Duty of Care
4. Understand equality and diversity
5. Work in a person-centred way
6. Communication
7. Privacy and dignity
8. Fluids and Nutrition
9. Awareness of mental health, Dementia and Learning Disability
10. Safeguarding adults and children
11. Basic life support
12. Health and safety
13. Handling information
14. Infection prevention and control
15. Emergency First Aid **valid from November 2019**
16. Dementia – Basic Awareness **valid from January 2020**

Contact Details

Tel: 07884 499504

Email: lyn@companionservices@gmail.com

Registration Number APP/SWC/PA/27.11.19



Support with
Confidence



Maddie



Support with
Confidence

- I am a female PA
- I am available to work: Monday, Wednesday & Friday 12-5pm and Tuesday & Thursday 1-4pm. I am also available on weekends and school holidays for short notice cover. There is also a level of flexibility throughout the week for odd jobs and emergencies.
- I have experience as a student social worker in working with adults with learning disabilities – this providing me with particular communication skills in this area and an in depth understanding of various physical and mental conditions including Autism Spectrum Disorder and Global Developmental Delay.
- I have experience in professional and personal life in supporting individuals with depression, anxiety, Alzheimer's/dementia, bipolar, borderline personality disorder and schizophrenia. Other conditions also including Narcolepsy, POTS, Cerebral Palsy and Spinal Cord Injury.

Maddie has undergone an Enhanced DBS check and has completed the following courses:

1. Understand your role
2. Understand and maintain personal development
3. Duty of Care
4. Understand equality and diversity
5. Work in a person-centred way
6. Communication
7. Privacy and dignity
8. Fluids and Nutrition
9. Awareness of mental health, Dementia and Learning Disability
10. Safeguarding adults and children
11. Basic life support
12. Health and safety
13. Handling information
14. Infection prevention and control
15. Emergency First Aid **valid from November 2019**

Contact Details

Tel: 07548 175933

Email: maddieblezard@gmail.com

Registration Number APP/SWC/PA/26.11.19



Support with
Confidence



Jackie



Support with
Confidence

- I am a female PA
- I am a driver with use of a car
- I am available to work up to 15-20 hours a week, 2-3 days a week, 8.30am–6.30pm, and am available during school holidays and short notice cover.
- My experience of PA work has been formally supporting a good friend who had progressive MS on her annual holidays and weekends away over the past 20 years up until 2017. I have recently been a PA for a young woman with moderate disabilities and mild learning disability for 5 days at Latitude Festival in Suffolk and I currently volunteer at Carousel (an arts charity in Brighton working with learning disabled) on their events, including The Rock House, The Blue Camel Club and Oska Bright Film Festival.
- I want to work as a PA as I have seen how support can help individuals to do things that they want to do, that nourish and given them independence. I am genuinely interested in people, I am caring without being patronising, and like to be involved in new things.
- I am interested in film, theatre and live music. I sing in a soul choir in Brighton, and I enjoy going to art galleries and artists open houses. I like gardening and living on my houseboat in Shoreham-by-Sea.

Jackie has undergone an Enhanced DBS check and has completed the following courses:

1. Understand your role
2. Understand and maintain personal development
3. Duty of Care
4. Understand equality and diversity
5. Work in a person-centred way
6. Communication
7. Privacy and dignity
8. Fluids and Nutrition
9. Awareness of mental health, Dementia and Learning Disability
10. Safeguarding adults and children
11. Basic life support
12. Health and safety
13. Handling information
14. Infection prevention and control
15. Emergency First Aid **valid from November 2019**

Contact Details

Tel: 07827 819624

Email: jacksblackwell@hotmail.com

Registration Number APP/SWC/PA/11.11.19



Support with
Confidence



Adrian



Support with
Confidence

- I am a male PA
- I am available to work up to 30 hours, 5 days a week, 7am–7pm. I am also available on weekends, school holidays and for short notice cover.
- I have no qualifications but have been a hands-on Dad for two boys and have helped friends on occasions when they have been injured doing household chores/school run etc.
- In addition, I am a long-term musician and have excellent people skills, finding it easy to have good conversations with a wide range of people.
- Alternatively, I am a good cook and have been cooking for 40 on a weekly basis at the unemployed centre family project for more than 2½ years as a volunteer. I also have some gardening experience.

Adrian has undergone an Enhanced DBS check and has completed the following courses:

1. Understand your role
2. Understand and maintain personal development
3. Duty of Care
4. Understand equality and diversity
5. Work in a person-centred way
6. Communication
7. Privacy and dignity
8. Fluids and Nutrition
9. Awareness of mental health, Dementia and Learning Disability
10. Safeguarding adults and children
11. Basic life support
12. Health and safety
13. Handling information
14. Infection prevention and control
15. Emergency First Aid **valid from September 2019**

Contact Details

Tel: 07449 480150

Email: fiddleronthehoof23@gmail.com

Registration Number APP/SWC/PA/20.09.19



Support with
Confidence



Jayne



Support with
Confidence

- I am a female PA
- I am a driver with use of a car
- I am flexible in my hours and day and am available at weekends, during school holidays and do short notice cover.
- I am experienced, highly trustworthy and caring.

Jayne has undergone an Enhanced DBS check and has completed the following courses:

1. Understand your role
2. Understand and maintain personal development
3. Duty of Care
4. Understand equality and diversity
5. Work in a person-centred way
6. Communication
7. Privacy and dignity
8. Fluids and Nutrition
9. Awareness of mental health, Dementia and Learning Disability
10. Safeguarding adults and children
11. Basic life support
12. Health and safety
13. Handling information
14. Infection prevention and control
15. Dementia – Advanced **valid from October 2019**

Contact Details

Tel: 07961 118016

Email: rabjaynesteel@talktalk.net

Registration Number APP/SWC/PA/04.10.19



Support with
Confidence

Emma



Support with
Confidence

- I am a female PA
- I am available to work up to 12 hours a week, 2-3 days a week, 10am–2pm, and am available during school holidays.
- I have worked caring for children in schools and after school clubs for many years. I have also cared for children in a children's home as a 'Residential Social Worker'.
- I have undertaken lots of training in supporting learning in schools, much of my training involved learning about individual differences and supporting for individual needs.
- I have done training in the area of communication – this included supporting with some Makaton signing. I have worked with children with specific learning difficulties and worked inclusively in play schemes.
- I am looking to support an individual with their daily needs, and goals and support their longer-term plans and aspirations.
- I am a caring, organised, friendly and supportive individual. I am proactive, hardworking and reliable, always able to think and plan as to what best supports a task or activity. I am used to planning in my work, supporting and taking on responsibility to get tasks done under direction and independently.

Emma has undergone an Enhanced DBS check and has completed the following courses:

1. Understand your role
2. Understand and maintain personal development
3. Duty of Care
4. Understand equality and diversity
5. Work in a person-centred way
6. Communication
7. Privacy and dignity
8. Fluids and Nutrition
9. Awareness of mental health, Dementia and Learning Disability
10. Safeguarding adults and children
11. Basic life support
12. Health and safety
13. Handling information
14. Infection prevention and control
15. Safeguarding Adults **valid from July 2019**

Contact Details

Tel: 07810 160869

Email: gazellathon@yahoo.co.uk

Registration Number APP/SWC/PA/19-07-19



Support with
Confidence



Anna



Support with
Confidence

- I am a female PA
 - I am available to work up to 16 hours, 4-5 days a week, 8.30am–6pm. I am also available on weekends, school holidays and for short notice cover.
 - I have been working as a Housing Support Assistant for older people so have a good knowledge of services. Also, sign posting, referrals, paperwork, form filling. Used to dealing with Health and Social Professionals, good advocacy skills. Well trained in various aspects of support and lots of experience dealing with a variety of people and needs.
 - I'd like to offer short or longer term support as sometimes people just need a few things put in place, or help with paperwork, or with an appointment (1 hour minimum).
- *I do not do personal care*

Anna has undergone an Enhanced DBS check and has completed the following courses:

1. Understand your role
2. Understand and maintain personal development
3. Duty of Care
4. Understand equality and diversity
5. Work in a person-centred way
6. Communication
7. Privacy and dignity
8. Fluids and Nutrition
9. Awareness of mental health, Dementia and Learning Disability
10. Safeguarding adults and children
11. Basic life support
12. Health and safety
13. Handling information
14. Infection prevention and control
15. Emergency First Aid **valid from June 2019**

Contact Details

Tel: 07887 740363

Email: cakeladyanna@gmail.com

Registration Number APP/SWC/PA/17.05.19



Support with
Confidence



Marek



Support with
Confidence

- I am a male PA
- I am a driver with use of a car
- I am available to work up to 40 hours a week, 5 days a week, 9am–5pm, and am available at weekends, during school holidays and short notice cover.
- I have also been trained in:
 - Basic Safeguarding for Children and Young People
 - First Aid for Child Carers
 - Food Hygiene
 - Level 2 – Health and Safety
 - Manual Handling and Lifting

Marek has undergone an Enhanced DBS check and has completed the following courses:

1. Understand your role
2. Understand and maintain personal development
3. Duty of Care
4. Understand equality and diversity
5. Work in a person-centred way
6. Communication
7. Privacy and dignity
8. Fluids and Nutrition
9. Awareness of mental health, Dementia and Learning Disability
10. Safeguarding adults and children
11. Basic life support
12. Health and safety
13. Handling information
14. Infection prevention and control
15. Emergency First Aid **valid from April 2019**

Contact Details

Tel: 07756 907380

Email: Md9139@yahoo.co.uk

Registration Number APP/SWC/PA/23.04.19



Support with
Confidence

Claire



Support with
Confidence

- I am a female PA
- I am a driver with use of a car
- I am available to work up to 25 hours, 5 days a week, 9am–9pm. I am also available on weekends, school holidays and for short notice cover.
- I am kind, patient and empathic and have strong communication skills. I enjoy being in a role which helps people to remain living independently and live a fulfilled life.
- I have worked in many different roles including, most recently, as an administrator with West Sussex County Council and previously as a drug safety professional with several pharmaceutical companies. I have strong organisation skills and am flexible and adaptable.
- I have a Level 3 Diploma in Therapeutic Massage and have completed advanced courses including arms, leg and foot massage for clients who are elderly or infirm.
- I have a strong interest in health and wellbeing and enjoy yoga, alternative therapies, walking and swimming.
- I am an animal lover and have experience walking dogs for elderly clients for a charity.

Claire has undergone an Enhanced DBS check and has completed the following courses:

1. Understand your role
2. Understand and maintain personal development
3. Duty of Care
4. Understand equality and diversity
5. Work in a person-centred way
6. Communication
7. Privacy and dignity
8. Fluids and Nutrition
9. Awareness of mental health, Dementia and Learning Disability
10. Safeguarding adults and children
11. Basic life support
12. Health and safety
13. Handling information
14. Infection prevention and control
15. Emergency First Aid **valid from January 2019**

Contact Details

Tel: 07738 404590

Email: clairevrobotson@hotmail.com

Registration Number APP/SWC/PA/07.01.19



Support with
Confidence



Liz



Support with
Confidence

- I am a female PA
- I am available to work up from 6am–11pm and am available weekends, during school holidays and can-do short notice cover.
- Helped my elderly parents with shopping, meal preparation, paperwork etc. when they were unwell
- Edited several publications for healthcare professionals. Have also been an administrator for the NHS and for Brighton and Hove City Council.
- Friendly, professional, trustworthy, helpful and keen to learn.
- Can also help with basic DIY, gardening and pet sitting.
- Wide range of interests, especially in the arts (I write music), DIY and nature

Liz has undergone an Enhanced DBS check and has completed the following courses:

1. The Role of the PA
2. Understanding the role of the health and social care worker
3. Understanding and maintaining personal development
4. Communicating effectively
5. Understanding equality and diversity
6. Recognising principles for implementing duty of care
7. Knowing and understanding the principles of safeguarding in health and social care.
8. Understanding person centred support
9. Maintaining health and safety in an adult social care setting
10. Emergency First Aid **valid from September 2018**

Contact Details

Tel: 07713 353108

Email: brightonpa@outlook.com

Registration Number APP/SWC/PA/21.01.19



Support with
Confidence

Victoria



Support with
Confidence

- I am a female PA
- I am available to work up to 30 hours a week, 5-6 days a week, Monday –Tuesday 8am–6pm, Wednesday-Saturday 9am- Midday and am available weekends and during school holidays.
- I love my job as I am very caring and compassionate. I enjoy helping people in need and spare no effort in supporting and assisting my clients with everything they need while in my care.
- I take great personal satisfaction in the good quality of my work.
- I am highly motivated in my job and everything what I am doing; I am doing it carefully, with responsibility and in the best way. I am a quick learner. I am a hard worker, organized, efficient and accurate, approachable, a very good team player with a positive attitude and empathy for others, I have ability to adapt easier to new people and environments.
- Possessing good IT and managerial skills, speaking Romanian, English and Russian and an excellent customer care service (washing, dressing, assisting with toileting, nutritional support, moving and handling).
- Experience of monitoring vital signs including temperature, blood pressure, pulse, respiratory rate.
- During my job experience in live-in, domiciliary and personal assistant I offered help with: End of life care, Dementia care, Parkinson's care, Cancer care, Multiple sclerosis care, Wheelchair care, Catheter and Stoma care, Feeding care.

Victoria has undergone an Enhanced DBS check and has completed the following courses:

1. The Role of the PA
2. Understanding the role of the health and social care worker
3. Understanding and maintaining personal development
4. Communicating effectively
5. Understanding equality and diversity
6. Recognising principles for implementing duty of care
7. Knowing and understanding the principles of safeguarding in health and social care.
8. Understanding person centred support
9. Maintaining health and safety in an adult social care setting
10. Emergency First Aid **valid from October 2018**

Contact Details

Tel: 07492 519148

Email: viky_990@yahoo.com

Registration Number APP/SWC/PA/07.01.19



Support with
Confidence





- I am a female PA
- I am a driver with use of a car
- I am available to work up to 15 hours a week, 2-3 days a week, 9am–4pm and am available during school holidays and do short notice cover.
- I regularly took my father out and took him to all his medical appointments who had a mixture of Vascular Dementia/Alzheimer's. He had a Zimmer frame and then a wheelchair, so I am used to assisting with these. He sadly passed away last year but I also assist my mother who is independent, but I do all of her paperwork, deal with all correspondence and assist with shopping and appointments. She has a wheeled walker which I get in and out of my car.
- I have a current First Aid at Work Certificate and have undertaken Mental Health Awareness Training, Manual Handling & Safer Lifting of Loads and have a Level 2 Award in Risk Assessment.

Mineva has undergone an Enhanced DBS check and has completed the following courses:

1. The Role of the PA
2. Understanding the role of the health and social care worker
3. Understanding and maintaining personal development
4. Communicating effectively
5. Understanding equality and diversity
6. Recognising principles for implementing duty of care
7. Knowing and understanding the principles of safeguarding in health and social care.
8. Understanding person centred support
9. Maintaining health and safety in an adult social care setting
10. Safeguarding Adults **valid from December 2018**

Contact Details

Tel: 07756 516131

Email: minhills@gmail.com

Registration Number APP/SWC/PA/22.12.18



Wolfgang



Support with
Confidence

- I am a male PA
- I am available to work up to 10-15 hours a week, 2-3 half days a week, 10am–pm and 2pm–6pm and am available at weekends and during school holidays and do short notice cover.
- I am a young 71 years of age, well spoken, very well organised.
- Bi-lingual (English/German)
- Animal lover
- Presently caring for my partner

Wolfgang has undergone an Enhanced DBS check and has completed the following courses:

1. The Role of the PA
2. Understanding the role of the health and social care worker
3. Understanding and maintaining personal development
4. Communicating effectively
5. Understanding equality and diversity
6. Recognising principles for implementing duty of care
7. Knowing and understanding the principles of safeguarding in health and social care.
8. Understanding person centred support
9. Maintaining health and safety in an adult social care setting
10. Emergency First Aid **valid from September 2018**

Contact Details

Tel: 07711 960568

Email: wolfiebecker@yahoo.co.uk

Registration Number APP/SWC/PA/10.08.18



Support with
Confidence



Zuzana



Support with
Confidence

- I am a female PA
- I am available to work up to 20 hours a week, 5 days a week, 9am–1pm and am available at weekends and during school holidays.

Zuzana has undergone an Enhanced DBS check and has completed the following courses:

1. The Role of the PA
2. Understanding the role of the health and social care worker
3. Understanding and maintaining personal development
4. Communicating effectively
5. Understanding equality and diversity
6. Recognising principles for implementing duty of care
7. Knowing and understanding the principles of safeguarding in health and social care.
8. Understanding person centred support
9. Maintaining health and safety in an adult social care setting
10. Emergency First Aid **valid from September 2018**

Contact Details

Tel: 07981 960288

Email: Zuzana_translator@yahoo.com

Registration Number APP/SWC/PA/09.07.18



Support with
Confidence

Jason



Support with
Confidence

- I am a male PA
- I am available to work up to 25 hours a week, 4 days a week, 9am–5pm and am available at weekends and during school holidays and do short notice cover.
- I have experience of working in care from 1997-2005
- Blue Arrow Nursing Care 1998-2005 – Nursing Assistant in residential homes and in Hove’s Psychiatric hospitals Mill View and Westbourne. Providing individual care to in-patients in accordance with the Care Plan Approach as part of a multidisciplinary team.
- Care Co-ops 1997-2003 – Starting as a volunteer in 1997 during my Degree (in Social Policy), before becoming a sessional worker from 1998-2003. Working with adults with learning difficulties and mental health problems.
- I have experience of working as an administrator from 2005-2017. Providing administrative support to colleagues, employees and customers/clients in a range of organisations including Surrey and Sussex Probation Trust, Brighton & Hove Council and Care Commissioning Group.

Jason has undergone an Enhanced DBS check and has completed the following courses:

1. The Role of the PA
2. Understanding the role of the health and social care worker
3. Understanding and maintaining personal development
4. Communicating effectively
5. Understanding equality and diversity
6. Recognising principles for implementing duty of care
7. Knowing and understanding the principles of safeguarding in health and social care.
8. Understanding person centred support
9. Maintaining health and safety in an adult social care setting
10. Safeguarding Adults **valid from May 2018**

Contact Details

Tel: 07986 347229

Email: jassynthesis@gmail.com

Registration Number APP/SWC/PA/17.05.18



Support with
Confidence



Delia



Support with
Confidence

- I am a female PA
- I am available to work up to 20 hours a week, 2 days a week, 8am–5pm and am available during school holidays and do short notice cover.
- I am a friendly and caring person, who has a sense of humour. I am flexible and adaptable, and work well under pressure, and am able to work on my own initiative.
- I am honest and trustworthy.
- I have gained considerable experience in the areas of mental health, older people and children and families in my role as a qualified social worker. I can provide further details if required.
- I speak fluent Spanish.

Delia has undergone an Enhanced DBS check and has completed the following courses:

1. The Role of the PA
2. Understanding the role of the health and social care worker
3. Understanding and maintaining personal development
4. Communicating effectively
5. Understanding equality and diversity
6. Recognising principles for implementing duty of care
7. Knowing and understanding the principles of safeguarding in health and social care.
8. Understanding person centred support
9. Maintaining health and safety in an adult social care setting
10. Mental Capacity training **valid from February 2018**

Contact Details

Tel: 07786 991376

Email: djbr54@gmail.com

Registration Number APP/SWC/PA/22.02.18



Support with
Confidence



Souping



Support with
Confidence

- I am a female PA
- I am available to work up to 12 hours a week, 5 days a week, Noon- 6pm and am available during school holidays and do short notice cover.
- I currently volunteer with Southdown as a Recovery College Student Buddy, this involves supporting clients of the College to enrol, attend and study. In addition to this I also have experience providing individuals support in the care sector, having worked for a care agency for over 3 years.
- I have extensive skills in the following areas:
 - Supporting a caseload of clients, managing my time effectively to ensure all individuals needs were met.
 - This included elements of personal care, administering medication, cooking and preparing food, supporting with washing.
 - In addition of cleaning, helping with basic administrative tasks and assisting with shopping.
 - A thorough knowledge of manual handling procedures, health and safety guidelines and safeguarding policies.

Souping has undergone an Enhanced DBS check and has completed the following courses:

1. The Role of the PA
2. Understanding the role of the health and social care worker
3. Understanding and maintaining personal development
4. Communicating effectively
5. Understanding equality and diversity
6. Recognising principles for implementing duty of care
7. Knowing and understanding the principles of safeguarding in health and social care.
8. Understanding person centred support
9. Maintaining health and safety in an adult social care setting
10. Emergency First Aid **valid from February 2018**

Contact Details

Tel: 07876 081831

Email: Soupingkng975@googlemail.com

Registration Number APP/SWC/PA/14.02.18



Support with
Confidence



Ingrid



Support with
Confidence

- I am a female PA
- I am available to work up to 16 hours a week, 3 days a week, 11am-4pm and am available during school holidays and do short notice cover.
- I am a person with a kind, warm and compassionate nature and a keen willingness to learn. I have worked in many different roles and have the physical ability to undertake the role, both as a team and individual worker.
- I consider that my skills are in my ability to build relationships as I enjoy getting to know the person or people I am working with. I believe that I am a very good listener and have strong communications skills. I like to be creative and enjoy working with people from different backgrounds. I am committed to building a career in health care and over the last year I have completed and passed a number of Health and Social Care Level 2 courses, achieving all my certificates.
- My personal qualities are honesty, integrity, caring, reliability, trustworthy, full of love and humour and am willing to go the extra mile.
- I do not smoke and will not be willing to work with clients who smoke.
- I love to crochet, do my garden mostly flowers and I love sewing.

Ingrid has undergone an Enhanced DBS check and has completed the following courses:

1. The Role of the PA
2. Understanding the role of the health and social care worker
3. Understanding and maintaining personal development
4. Communicating effectively
5. Understanding equality and diversity
6. Recognising principles for implementing duty of care
7. Knowing and understanding the principles of safeguarding in health and social care.
8. Understanding person centred support
9. Maintaining health and safety in an adult social care setting
10. Emergency First Aid **valid from February 2018**

Contact Details

Tel: 07935 829505

Email: griddy2112@hotmail.co.uk

Registration Number APP/SWC/PA/14.02.18



Support with
Confidence



David



Support with
Confidence

- I am a male PA
- I am available to work up to 25 hours a week, weekdays only, 9am–5pm.
- I have 16 years' experience working in Adult Social Care (Brighton & Hove City Council) supporting adults with learning and physical disabilities and adults with complex support and communication needs.
- I have good verbal and written communication skills, excellent interpersonal skills and well-developed organisational skills.
- I have experience supporting people to access the community, running activity sessions, writing and carrying out care plans, person centred plans and risk assessments.
- I have experience of supporting personal care needs, eating and drinking support, food preparation, medication administration, supporting health and medical needs and appointments.
- I have 6 years' experience as a literacy and numeracy tutor at City College Brighton and Hove and have a certificate in assessing and supporting adults with dyslexia.
- I have 11 years' experience as a primary school teacher and have PGCE.
- I am a keen musician and play guitar and banjo.

David has undergone an Enhanced DBS check and has completed the following courses:

1. The Role of the PA
2. Understanding the role of the health and social care worker
3. Understanding and maintaining personal development
4. Communicating effectively
5. Understanding equality and diversity
6. Recognising principles for implementing duty of care
7. Knowing and understanding the principles of safeguarding in health and social care.
8. Understanding person centred support
9. Maintaining health and safety in an adult social care setting
10. Safer People Handling **valid from January 2018**

Contact Details

Tel: 07786 645111

Email: dpsimner@ntlworld.com

Registration Number APP/SWC/PA/08.01.18



Support with
Confidence



Donna



Support with
Confidence

- I am a female PA
- I am available to work up to 25 hours a week, Noon–6pm.
- I have ten years (voluntary and paid) work experience within Mental Health settings (Primarily day centres). I have worked with severe and enduring mental health issues, plus a range of other mental health issues.
- I have some experience of Asperger's as my stepdaughter is severely asbergic.
- In my last job, for Blind Veterans UK I worked with blind and visually impaired veterans, many of whom were elderly.
- I have sighted guiding training and wheelchair handling training.
- I qualified as a first aider Jan 17. I have been a caseworker and welfare support officer (Social Work Assistant) and supported clients with many aspects of their lives.
- Post Graduate Diploma in Art Therapy – 2000 from University of Hertfordshire

Donna has undergone an Enhanced DBS check and has completed the following courses:

1. The Role of the PA
2. Understanding the role of the health and social care worker
3. Understanding and maintaining personal development
4. Communicating effectively
5. Understanding equality and diversity
6. Recognising principles for implementing duty of care
7. Knowing and understanding the principles of safeguarding in health and social care.
8. Understanding person centred support
9. Maintaining health and safety in an adult social care setting
10. Epilepsy training course

Contact Details

Tel: 07949 022863

Email: donnakantaris@outlook.com

Registration Number APP/SWC/PA/06.12.17



Support with
Confidence



Lindsey



Support with
Confidence

- I am a female PA
- I am available to work up to 25-30 hours a week, 9.30am–6pm
- I have an NVQ2 in Health and Social Care, I am a qualified Mentor, have an RSA Counselling Skills in the Development of Learning as well as having trained as a volunteer Drug and Alcohol Counsellor with CRI.
- I have extensive knowledge of benefits and am experienced in helping to fill out forms.
- I am an experienced support worker with a flexible attitude to work with clients and endeavour to work in a person-centred way.

Lindsey has undergone an Enhanced DBS check and has completed the following courses:

1. The Role of the PA
2. Understanding the role of the health and social care worker
3. Understanding and maintaining personal development
4. Communicating effectively
5. Understanding equality and diversity
6. Recognising principles for implementing duty of care
7. Knowing and understanding the principles of safeguarding in health and social care.
8. Understanding person centred support
9. Maintaining health and safety in an adult social care setting
10. Emergency First Aid **valid from September 2017**

Contact Details

Tel: 07790 678365

Email: L.best53@ntlworld.com

Registration Number APP/SWC/PA/12.09.17



Support with
Confidence



Helena



Support with
Confidence

- I am a female PA
- I am flexible in my hours and day and am available at weekends and during school holidays and do short notice cover
- Having qualified as a teacher with experience of working in a Special Educational Needs (SEN) setting I possess a good awareness of specific and individual needs of people with many forms of disabilities including Autism, Physical and Learning disabilities, Epilepsy. Whilst working in these settings I am aware of some of the Health and Safety and First Aid concerns.
- From my training and experience I also have an interest in the use of Assistive Technology and ICT.

George has undergone an Enhanced DBS check and has completed the following courses:

1. The Role of the PA
2. Understanding the role of the health and social care worker
3. Understanding and maintaining personal development
4. Communicating effectively
5. Understanding equality and diversity
6. Recognising principles for implementing duty of care
7. Knowing and understanding the principles of safeguarding in health and social care.
8. Understanding person centred support
9. Maintaining health and safety in an adult social care setting
10. Emergency First Aid **valid from April 2017**

Contact Details

Tel: 07759 373989

Email: helenatoddcareer@gmail.com

Registration Number APP/SWC/PA/23.05.17



Support with
Confidence



George



Support with
Confidence

- I am a male PA
- I am available to work up to 30 hours a week, 9am–12noon (Monday, Wednesday and Friday), 9am–5pm (Tuesday, Thursday), and am available at weekends, during school holidays and do short notice cover
- I have worked in various catering environments and recently worked in the Pavilion Ice Rink and have always enjoyed working with members of the public and am looking to create a varied working week for myself and hopefully be able to help someone to remain living as independently as possible

George has undergone an Enhanced DBS check and has completed the following courses:

1. The Role of the PA
2. Understanding the role of the health and social care worker
3. Understanding and maintaining personal development
4. Communicating effectively
5. Understanding equality and diversity
6. Recognising principles for implementing duty of care
7. Knowing and understanding the principles of safeguarding in health and social care.
8. Understanding person centred support
9. Maintaining health and safety in an adult social care setting
10. Emergency First Aid **valid from March 2017**

Contact Details

Tel: 07760 389672

Email: Georgebruce421@gmail.com

Registration Number APP/SWC/PA/17.04.17



Support with
Confidence



Andrea



Support with
Confidence

- I am a female PA
- I am available to work up to 20 hours a week, 10am–5pm and am available at weekends and during school holidays and do short notice cover.
- I have Diplomas in Anatomy and Physiology, Sports Massage and Sporting injuries, Advanced Aromatherapy (NVQ Level 3), Reflexology and Acupressure Chair Massage
- I have a daughter who has learning difficulties, physical disabilities and epilepsy.
- I have been described as a very caring person. I am a good listener and communicator
- I am reliable, organised and professional

Andrea has undergone an Enhanced DBS check and has completed the following courses:

1. The Role of the PA
2. Understanding the role of the health and social care worker
3. Understanding and maintaining personal development
4. Communicating effectively
5. Understanding equality and diversity
6. Recognising principles for implementing duty of care
7. Knowing and understanding the principles of safeguarding in health and social care.
8. Understanding person centred support
9. Maintaining health and safety in an adult social care setting
10. Epilepsy **valid from March 2017**

Contact Details

Tel: 07786 137559

Email: andrearusselltherapist@yahoo.co.uk

Registration Number APP/SWC/PA/15.11.16



Support with
Confidence

Catherine Turner



Support with
Confidence

- I am a female PA
- I am a driver with use of a car
- I am available to work anytime up to 15 hours a week, 2–4 days a week, and am available at weekends and during school holidays and do short notice cover.
- I am qualified social worker and am registered with HCPC
- I have a wide range of experience, knowledge and skills, having supported adults with learning disabilities, mental health issues, physical disabilities, ageing and health issues across a 30-year span.
- I am experienced in supporting people to maintain and develop their independence, to have a fulfilled life and to continue to learn new skills.

Catherine has undergone an Enhanced DBS check and has completed the following courses:

1. The Role of the PA
2. Understanding the role of the health and social care worker
3. Understanding and maintaining personal development
4. Communicating effectively
5. Understanding equality and diversity
6. Recognising principles for implementing duty of care
7. Knowing and understanding the principles of safeguarding in health and social care.
8. Understanding person centred support
9. Maintaining health and safety in an adult social care setting
10. Diversity and Equality **valid from September 2016**

Contact Details

Tel: 07847 465993

Email: Cat.gue@hotmail.com

Registration Number APP/SWC/PA/29.09.16



Support with
Confidence

Paul



Support with
Confidence

- I am a male PA
- I am available to work up to 30 hours a week, 8am–10pm and am available at weekends and during school holidays and do short notice cover.
- I enjoy cooking, walking, swimming and yoga
- I really enjoy working 1 to 1 supporting elderly and disable people
- I am kind, patient, empathic and like being in a role that helps people to remain living independently and to reach their potential

Paul has undergone an Enhanced DBS check and has completed the following courses:

1. The Role of the PA
2. Understanding the role of the health and social care worker
3. Understanding and maintaining personal development
4. Communicating effectively
5. Understanding equality and diversity
6. Recognising principles for implementing duty of care
7. Knowing and understanding the principles of safeguarding in health and social care.
8. Understanding person centred support
9. Maintaining health and safety in an adult social care setting
10. Emergency First Aid **valid from March 2016**

Contact Details

Tel: 07449 315049

Email: p.mcgahey@icloud.com

Registration Number APP/SWC/PA/25.04.16



Support with
Confidence



Izzie



Support with
Confidence

- I am a female PA
- I am a driver with use of a car
- I am available to work up to 30 hours a week, 8am–5pm and am available at weekends and during school holidays and do short notice cover
- I have over 16 years' experience in Adult Social Care, working with adults with learning disabilities and challenging behaviour
- I have an HND in Animal Science, and in 2004, I began 10 years working as an Animal Welfare Officer, visiting people and their animals, in a wide variety of wealth, health and life circumstances
- I am friendly, caring, reliable and professional, with a passion for helping people and their animals.

Izzie has undergone an Enhanced DBS check and has completed the following courses:

1. The Role of the PA
2. Understanding the role of the health and social care worker
3. Understanding and maintaining personal development
4. Communicating effectively
5. Understanding equality and diversity
6. Recognising principles for implementing duty of care
7. Knowing and understanding the principles of safeguarding in health and social care.
8. Understanding person centred support
9. Maintaining health and safety in an adult social care setting
10. Dementia – Basic Awareness **valid from March 2016**

Contact Details

Tel: 07795 181481

Email: izzie@izziepba.co.uk

Registration Number APP/SWC/PA/28.04.16



Support with
Confidence



Julie Bonny



Support with
Confidence

- I am a female PA, self-employed and insured for public liability
- I have my own car - insured for business use
- My capacity fluctuates so please contact me to discuss your requirements - Patcham and West Sussex
- I started my career as a PA after caring for my mother who had COPD and my father who had advanced Alzheimer's. I understand the varying needs of older people and those with dementia and cognitive impairment. I have worked as a PA for 3 years and provide consistent and dedicated support to a small number of clients. I adopt a gentle and holistic approach to care and like to maintain strong connections and contact with family members.
- I also have good knowledge of support services available for the elderly and disabled and can help with paperwork and benefit applications.
- Here are a few words of testimony from a few of my clients.
 - "After nearly 2 years I have found Julie to be very flexible, reliable and trustworthy....and I would strong recommend her help and wide experience"
 - "Since engaging Julie last year she has consistently shown compassion, care and a willingness to "go the extra mile"
 - "Julie has not only a wealth of experience and insight in working with older people, (particularly those suffering from dementia), but a genuine warmth and empathy. She is resilient when faced with challenges, and will persevere in a calming way, preserving the dignity of the client".

Julie has undergone an Enhanced DBS check and has completed the following courses:

1. The Role of the PA
2. Understanding the role of the health and social care worker
3. Understanding and maintaining personal development
4. Communicating effectively
5. Understanding equality and diversity
6. Recognising principles for implementing duty of care
7. Knowing and understanding the principles of safeguarding in health and social care.
8. Understanding person centred support
9. Maintaining health and safety in an adult social care setting
10. Dementia – Basic Awareness **valid from February 2016**

Contact Details

Tel: 07709 768313

Email: julieslovinghomecare@gmail.com

Registration Number APP/SWC/PA/17.02.16



Support with
Confidence



Agnes



Support with
Confidence

- I am a female PA
- I am flexible concerning my hours and days and am available at weekends and during school holidays and do short notice cover.
- I am trustworthy, compassionate, patient

Agnes has undergone an Enhanced DBS check and has completed the following courses:

1. The Role of the PA
2. Understanding the role of the health and social care worker
3. Understanding and maintaining personal development
4. Communicating effectively
5. Understanding equality and diversity
6. Recognising principles for implementing duty of care
7. Knowing and understanding the principles of safeguarding in health and social care.
8. Understanding person centred support
9. Maintaining health and safety in an adult social care setting
10. Emergency First Aid **valid from November 2015**

Contact Details

Tel: 07706 419581

Email: a.t.keplinger@hotmail.com

Registration Number APP/SWC/PA/14.01.16



Support with
Confidence



Sheila



Support with
Confidence

- I am a female PA
- I am a driver without use of a car
- I am available to work up to 15 hours a week, 2pm–5pm and am available during school holidays
- I am warm, caring and reliable with patience and energy
- I am respectful of privacy and dignity of vulnerable adults
- I am experienced in care of disabled and elderly people on non-professional basis (including live-in care)
- I have good cooking skills
- I am trustworthy, compassionate, patient

Sheila has undergone an Enhanced DBS check and has completed the following courses:

1. The Role of the PA
2. Understanding the role of the health and social care worker
3. Understanding and maintaining personal development
4. Communicating effectively
5. Understanding equality and diversity
6. Recognising principles for implementing duty of care
7. Knowing and understanding the principles of safeguarding in health and social care.
8. Understanding person centred support
9. Maintaining health and safety in an adult social care setting
10. Dementia Awareness **valid from November 2015**

Contact Details

Tel: 07871 474426

Email: Sheila_bell123@hotmail.com

Registration Number APP/SWC/PA/15.11.15



Support with
Confidence

Fiona



Support with
Confidence

- I am a female PA
- I am a driver with use of a car
- I am available to work up to 30 hours a week, 7am–2pm or 2pm–10pm, and am available at weekends and during school holidays.
- I have 22 years' experience of working with primarily elderly blind and partially sighted individuals.
- I am very positive, reliable, and completely trustworthy person.
- I am a good timekeeper and I have a good sense of humour.
- I am creative. I am gentle and patient.
- My hobbies include reading, foreign travel, gardening, painting, and driving. I enjoy the arts and current affairs, cooking, walking, swimming, and the cinema.
- I am registered as a self-employed carer for the agency named County Cousins. I can supply certificates for training undertaken. I hold a A Level and NVQ 2 in Social Care
- I have completed the following training: 04/04/2014 - Health & Safety including Risk Incident Reporting, 05/03/2014 - Fire Safety Awareness, 04/03/2014 - Basic Life Support, 27/02/2014 - Manual Handling, 20/08/2013 - Food Hygiene, 21/11/2012 - Medication in Care, June 2005 - NVQ 2 in Social Care

Fiona has undergone an Enhanced DBS check and has completed the following courses:

1. The Role of the PA
2. Understanding the role of the health and social care worker
3. Understanding and maintaining personal development
4. Communicating effectively
5. Understanding equality and diversity
6. Recognising principles for implementing duty of care
7. Knowing and understanding the principles of safeguarding in health and social care.
8. Understanding person centred support
9. Maintaining health and safety in an adult social care setting
10. Diabetes Awareness **valid from January 2015**

Contact Details

Tel: 07969 972329

Email: fionahiggs@googlemail.com

Registration Number APP/SWC/PA/08.01.15



Support with
Confidence



- I am a female PA
- I am available to work up to 15 hours a week, over 3 days, 9.30am-2.30pm
- I have a Health and Social Care NVQ2/NVQ3
- I have been trained in British Sign Language – Level 2

Aya has undergone an Enhanced DBS check and has completed the following courses:

1. The Role of the PA
2. Understanding the role of the health and social care worker
3. Understanding and maintaining personal development
4. Communicating effectively
5. Understanding equality and diversity
6. Recognising principles for implementing duty of care
7. Knowing and understanding the principles of safeguarding in health and social care.
8. Understanding person centred support
9. Maintaining health and safety in an adult social care setting
10. Intensive Interaction Course – BHCC

Contact Details

Tel: 07889 915641

Email: a_kakuri@hotmail.com

Registration Number APP/SWC/PA/27.10.14



Cheryl



Support with
Confidence

- I am a female PA
- I am available to work 9.30am–2.30pm, Monday to Friday, and up to 20 hours a week (term time only).
- I have completed a 3 day induction programme covering the National Minimum Training Standards for Healthcare Support Workers and Adult Social Care Workers in England.

Cheryl has undergone an Enhanced DBS check and has completed the following courses:

1. The Role of the PA
2. Understanding the role of the health and social care worker
3. Understanding and maintaining personal development
4. Communicating effectively
5. Understanding equality and diversity
6. Recognising principles for implementing duty of care
7. Knowing and understanding the principles of safeguarding in health and social care.
8. Understanding person centred support
9. Maintaining health and safety in an adult social care setting
10. Dementia Awareness

Contact Details

Tel: 07802 775580

Email: Cheryl.sequoia7@gmail.com

Registration Number APP/SWC/PA/01.09.14



Support with
Confidence



Amleto



Support with
Confidence

- I am a male PA
- I am available to work Monday-Friday, and also weekends, school holidays and short notice cover.
- I have a lot of experience in care work
- In addition to the training listed below I have experience using Makaton
- I have had experience providing person centred support

Amleto has undergone an Enhanced DBS check and has completed the following courses:

1. The Role of the PA
2. Understanding the role of the health and social care worker
3. Understanding and maintaining personal development
4. Communicating effectively
5. Understanding equality and diversity
6. Recognising principles for implementing duty of care
7. Knowing and understanding the principles of safeguarding in health and social care.
8. Understanding person centred support
9. Maintaining health and safety in an adult social care setting
10. Mental Capacity Act **valid from 15/07/14 (recommended update 3 years)**

Contact Details

Tel: 07748 831968

Email: amletot@yahoo.com

Registration Number APP/SWC/PA/24.07.14



Support with
Confidence



Lara



Support with
Confidence

- I am a female PA.
- I do not drive.
- I am available Monday - Friday 9.30-2.30 (Possible extra hours if required).
- I have experience of working as a PA supporting a family in their home.
- Hourly rate £8-10.
- I have experience of working with elderly as a home help.
- I have been a Registered Childminder since 2005.
- I am reliable, trustworthy, patient, understanding and organised.
- I can offer support with personal care, cooking, cleaning, shopping, social activities etc.
- I am interested in fashion and design, alternative therapies and going for walks.

Lara has undergone an Enhanced CRB check (valid from 26/06/13 for 3 years) and has completed the following courses:

1. The Role of the PA
2. Understanding the role of the health and social care worker
3. Understanding and maintaining personal development
4. Communicating effectively
5. Understanding equality and diversity
6. Recognising principles for implementing duty of care
7. Knowing and understanding the principles of safeguarding in health and social care.
8. Understanding person centred support
9. Maintaining health and safety in an adult social care setting
10. Safer People Handling (BHCC) **valid from 10/06/13 (recommended annual update)**

Contact Details

Tel	07743 344190
email	LaraLewis1971@googlemail.com

Registration Number APP/SWC/PA/04.07.13



Support with
Confidence





- I am a male PA and became an approved PA in June 2011
- I am a driver with use of my own car
- I am flexible and prepared to stay overnight
- I am available during school holidays and am available for short notice cover
- I have had pervious PA experience including personal care, shopping, cleaning and odd jobs. I am gay friendly, with computer, gardening, animal care and cleaning knowledge
- My interests are drawing and reading
- Hourly Rate: £8-£10

Simon has undergone an Enhanced CRB check (valid from 04/05/11 for 3 years) and has completed the following courses:

1. The Role of the PA
2. Understanding the role of the health and social care worker
3. Understanding and maintaining personal development
4. Communicating effectively
5. Understanding equality and diversity
6. Recognising principles for implementing duty of care
7. Knowing and understanding the principles of safeguarding in health and social care.
8. Understanding person centred support
9. Maintaining health and safety in an adult social care setting
10. Manual Handling **valid from May 2011 (recommended update 1-3 years)**

Contact Details

email | simongalleryone@gmail.com

Registration Number APP/SWC/PA/17.06.11





- I am a female PA and became an approved PA in July 2011
- I do not drive
- I am flexible, available during school holidays as well as short notice cover
- Hourly Rate: £10 - £12
- Other training: 2009 Food & Nutrition - Brighton & Hove Food Partnership, 2009 Level 2 Award in food safety in catering - Highfield Award Body of Compliance, 2000 BTEC National Certificate Business and Finance - Brighton College of Technology

Maxine has undergone an Enhanced CRB check (valid from 31/05/11 for 3 years) and has completed the following courses:

1. The Role of the PA
2. Understanding the role of the health and social care worker
3. Understanding and maintaining personal development
4. Communicating effectively
5. Understanding equality and diversity
6. Recognising principles for implementing duty of care
7. Knowing and understanding the principles of safeguarding in health and social care.
8. Understanding person centred support
9. Maintaining health and safety in an adult social care setting
10. Mental Capacity Act **valid from 17/11/16 (recommended update 3 years)**

Contact Details

Tel 07786 715013

email Maxine.bradshaw@yahoo.co.uk

Registration Number APP/SWC/PA/18.07.11





- I am a female PA and became an approved PA in June 2011
- I am a driver with use of a car
- I am available 16 hrs per week between 10am-6pm, during school holidays and am available for short notice cover
- My interests are reading, cooking and socialising with people. I have excellent communication skills, I speak English, Polish and Slovakian, I also have outstanding cooking skills
- I have experience in delivering low intensity psychological intervention. Motivational interviewing, and solution focused therapy
- I have BA Hons in Working with Children and Young people from University of Sussex and currently studying PG Cert in Mental Health Practice
- I am currently working for Recovery College delivering courses around Mental Health and raising awareness and reducing the stigma associated with Mental Health challenges.
- I am a friendly, enthusiastic, sociable person with ample experience in working with children and young people and adults. I am a self-motivated team player who enjoys using my own initiative as and when required. I am adaptable, well-disciplined and eager to take on new challenges and to learn new skills, I am reliable and trustworthy, and aim to perform my tasks to a high level of professionalism

Roza has undergone an Enhanced CRB check (valid from 31/05/11 for 3 years) and has completed the following courses:

1. The Role of the PA
2. Understanding the role of the health and social care worker
3. Understanding and maintaining personal development
4. Communicating effectively
5. Understanding equality and diversity
6. Recognising principles for implementing duty of care
7. Knowing and understanding the principles of safeguarding in health and social care.
8. Understanding person centred support
9. Maintaining health and safety in an adult social care setting
10. BHCC Mental Health Awareness

Contact Details

Tel 07510 072828

email Lidka.laura@gmail.com

Registration Number APP/SWC/PA/17.06.11

