

SUMMER Fun 2020



A guide
to childcare, sport,
play events and
activities for children
and young people
throughout the
summer holiday



Brighton & Hove
City Council

Make a difference foster for Brighton & Hove

Would you like to

- Do something amazing?
- Help a child in need?
- Become part of a not-for-profit fostering community that values diversity?



If you have patience, understanding and flexible working hours, we'd love to talk to you

www.fosteringinbrightonandhove.org.uk

 01273 295444

 BrightonHoveFostering

 bhcc_foster



SUMMER 2020



Welcome to Summer Fun!	2
Keep Safe - Wash your Hands	3
Summer holiday at home	4
Face Mask - make your own	5
Have fun and be safe	6
Summer holiday childcare - Holiday playschemes & activity camps	7
Additional needs	11
Playgrounds are open	14
6 ways to smile and Walk to School Week	15
Getting about safely and cycling	16
Get Active this summer!	17
Freedom Leisure statement	19
Enjoy the beach this summer	20
What's on in Brighton & Hove's Libraries	21
A calender of Global events this summer	24
Applying for a school place for Sept 2021?	25
Saving money on your childcare bills	26
Children's Centres	27
Council-run nurseries	28
Providing Access to Childcare and Employment (PACE)	29
Working for our diverse city	30
Financial help and advice	31
Useful contacts	32



Summer Fun is brought to you by Brighton & Hove City Council.
Sign up to receive fortnightly information and updates from Brighton & Hove City Council sent directly to your inbox.
Go to www.brighton-hove.gov.uk/councilnews



SUMMER 2020

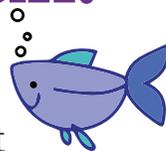


Welcome to Summer Fun!

If you're a regular reader, you'll know that we would normally be bringing you pages of information about exciting events, sports, clubs and activities to keep children and young people entertained throughout the school holidays.

But during these extraordinary times, with social distancing still vital to keep us all safe, many of our usual activities have sadly been put on hold.

Behind the scenes, people across the city are working hard to ensure there's still plenty of ways to have fun and stay happy and healthy in the city this summer.



From library reading schemes to woodland walks, picnics in the park to a paddle in the sea, families can still enjoy some great activities and days out.

Our famous attractions including the Palace Pier, Sea Life Centre and i360 are now covid safe and welcoming visitors, and our own Royal Pavilion, Preston Manor and Museums are due to open shortly.

Our beautiful parks, playing fields and open spaces offer some of the best places for families to enjoy summer days in the city. Why not take a picnic or treat the family at one of the park cafes, many which have now re-opened.

Most of our children's playgrounds have now been checked for safety and have re-opened and we're working hard to open those needing repairs or safety improvements. Keep an eye on the council website for updates and please follow any guidance on hygiene and social distancing to stay safe. Why not make your own face mask? Details can be found on page 5.

Check out The Living Coast website for walks and trails to follow on your smart phone too!



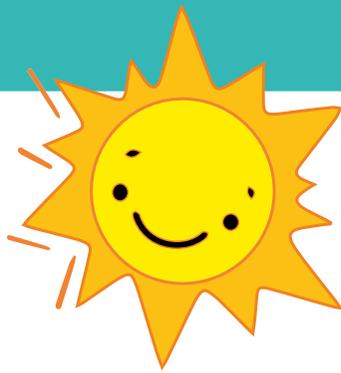
Library buildings are still closed (but its worth checking during the holidays as this may change) but staff are still sharing stories and rhymes online for everyone to watch at home. Our popular Baby Boogie sessions are also taking place online. Visit the libraries Facebook page and social media channels for more information.

We are also bringing you a guide to global festivals and events so you can discover how families all over the world are celebrating this summer.

Stay safe and have fun!



Keep safe - wash your hands



Hand washing is the number one way to decrease your chances of bringing germs into your body and therefore getting sick.

Many children are not aware of proper hand washing. It is typical that children will use soap, but then it is common for it to be rinsed off before the rubbing step begins. It is important to follow the steps for hand washing to be effective. It may be beneficial to post a picture diagram of the steps in the proper order (like the one shown here) by your sink area. Children learn the most from examples of others. Incorporating a song or a funny story might make it more enjoyable.

Running water and the friction of rubbing the hands together for a minimum of ten seconds will wash away most bacteria.

When should you wash your hands?

You should wash your hands:

- after using the toilet or changing a nappy
- before and after handling raw foods like meat and vegetables
- before eating or handling food
- after blowing your nose, sneezing or coughing
- before and after treating a cut or wound
- after touching animals, including pets, their food and after cleaning their cages



Clean your hands to keep germs away



1. Rinse hands and apply soap



2. Rub hands together palm to palm



3. Put soap on the back of your hands



4. Scrub between your fingers



5. Rub the backs of the fingers



6. Clean your thumbs



7. Wash fingernails and fingertips



8. Rinse hands



9. Dry with a single use towel / warm air



Summer holiday at home

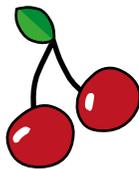
If you are at home this summer try to make sure you have something to look forward to daily. Here are some ideas:

Paint a stone

Pick a pebble and paint your design onto it. If you want to put it outside then it might be a good idea to varnish it so the rain doesn't wash your artwork off.

Go on a treasure hunt

This can be planned for around the home or outdoors, ie garden or on a walk. Pick several items to find and make a checklist. Tick off each treasure once you have sourced it. You could make boxes, baskets, or have buckets, to collect everything in.



Do something active each day

A 'living room disco' burns off loads of energy. Put on your favourite tunes and dance. Defected Records are hosting regular live events, go to <https://www.facebook.com/DefectedRecords>

Or you could join a virtual online dance and exercise class with JP Omari (Streetfunk) visit: <https://vimeo.com/400889873>

Or create your own exercise circuit in the house... Enjoy!

Plan a games marathon

Select your favourite board game, choose snacks and drinks. Settle down and play until you can play no more!

Write a letter or email to a friend, neighbour or relative

Think of someone you would like to write to. You can decorate the letter/email with drawings or pictures, or make up a poem to include. It will be bound to cheer up the lucky person you send it to.

Get creative in the kitchen

Find a recipe for cupcakes and bake a tray of them. When cool decorate the cupcakes with a theme ie 'monsters' or 'the garden' (bugs / flowers) using coloured icing and sprinkles.

Make a face mask

If you fancy something savoury you could assemble a tasty salad with lettuce, tomatoes, cucumber and cheese, such as feta. When putting your salad together try using a small biscuit cutter to make shaped cucumber slices.

Wearing a facemask when you do venture out could be a good idea to help stop the spread of the Covid virus. Instructions are on the next page to make a simple mask with no sewing.. or for more involved masks look online at websites such as:

You could sit each whole lettuce leaf on a plate like a boat and crumble feta cheese and sliced grapes into it. Arrange it into a scene.

<https://www.gov.uk/government/publications/how-to-wear-and-make-a-cloth-face-covering/>

Face Mask - make your own



People across the country are being advised to wear face coverings in certain circumstances when out of the house, to help limit the spread of coronavirus.

From 15 June, you must wear one on public transport in England.

Here are step-by-step instructions on how to make your own simple face covering without any sewing.

One study has shown that the best materials to use are tightly woven cottons or twill, natural silk or quilted cotton material. But you can also make do with what you have around your home.

However, the more layers of material the better, and the mask needs to fit snugly around the face, and you should be able to breathe comfortably.

When should you wear your mask?

There are places where children should wear cloth face coverings.

- places where they may not be able to avoid staying 6 feet away from others
- the doctor, pharmacy
- in shops and Supermarkets as of 24 July 2020

Caution: you may need to reconsider the use of cloth face coverings if:

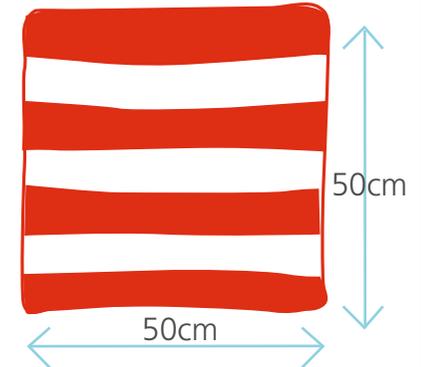
- The face coverings are a possible choking or strangulation hazard to your child.
- Wearing the cloth face covering causes your child to touch their face more frequently than not wearing it.

Children under the age of 2 years should **not** wear cloth face coverings.

To make your own simple face mask

You will need:

A square of cloth



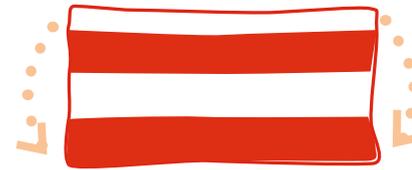
2 x Elastic bands (or hair ties)



Method:

1. Lay the cloth out flat

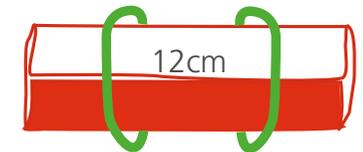
2. Fold in half



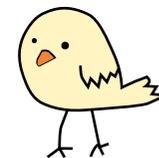
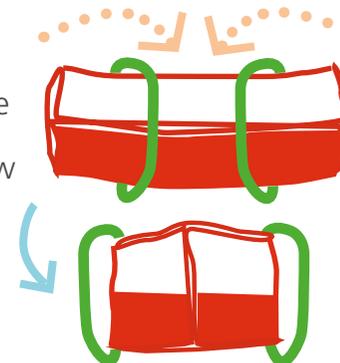
3. Fold in top third down and fold bottom up to meet it



4. Thread through the two elastic bands, 12cm apart



5. Fold in each side in to the middle and tuck into the folds...
Your mask is now ready to wear.





Have fun and be safe

When you are leaving your child at a holiday playscheme or activity group, you want to be confident that they will be safe and well cared for.

The holiday playschemes listed on pages 8-16 are registered with Ofsted (unless otherwise indicated), and checks are made as part of the registration process. To find out more about Ofsted, visit www.ofsted.gov.uk

It is important to note that many activity providers are not Ofsted registered. You might want to ask some of the following questions before deciding to leave your child with an activity provider:

- Are you registered with Ofsted?

- Will a qualified First Aider be present at all times?
- Are your staff checked with the Disclosure and Barring Service (DBS)?
- What appropriate experience, training & qualifications do the staff have?
- What policies do you have in place? (for example are there Child Protection and Health & Safety policies)
- How will staff make sure that all children are included?



Trust your instinct! If you don't feel comfortable about an activity provider, don't use them.

The NSPCC produce some useful guides that you can download about keeping children safe. Their "Out Alone" guide provides advice and tips on preparing children for being out on their own and taking part in sports or holiday activities. You can also download their online safety checklist which contains tips and advice to help you have conversations with your child about staying safe online. www.nspcc.org.uk/parenting

If you have concerns about a child or children being at risk of harm, contact Brighton & Hove City Council's Front Door for Families on 01273 290400.



On the following pages, you will find details of summer holiday playschemes.

The online Family Services Directory lists all the different types of childcare that are available. Visit www.familyinfobrighton.org.uk

Need extra help?

If you are unable to find childcare, the Family Information Service may be able to help. You can email them at familyinfo@brighton-hove.gov.uk

Beach Safety

Don't use inflatables at the beach

Keep an eye on your family

Look out for flags and signs at the beach – they are there for your safety

Don't enter the water if you have been drinking alcohol

Understand the tides

www.rnli.org/safety/beach-safety



Summer holiday childcare

This year there are fewer holiday playschemes running than normal and a lower number of places because of the need to follow government Covid-19 guidance. Holiday playschemes are putting protective measures in place so that they can open safely.

Government guidance is that, where playschemes are running, children should be kept in small, consistent groups, and of no more than fifteen children and at least one staff member. If possible playschemes should also practice social distancing.

Parents and carers are encouraged to limit the number of settings their child attends, ideally ensuring their child only attends the same setting consistently.

On the following pages, you will find details of summer holiday playschemes that were planning to run at the time of publishing this edition of Summer Fun. You can find the most up to date information about playschemes here <http://www.familyinfobrighton.org.uk/kb5/brighton/fsd/article.page?id=8a7ENbhQNWE>



Childminders

A limited number of childminders may be able to offer childcare over the summer holidays. This can be a good option if you need more flexible childcare, work long hours, or have more than one child that needs caring for. You can search for childminders here

http://www.familyinfobrighton.org.uk/kb5/brighton/fsd/results.page?sorttype=field&sortfield=title&familychannel=1_2



Holiday playschemes & activity camps

All schemes run Monday to Friday (excluding bank holidays) and are Ofsted registered, unless otherwise indicated.

Acorns Summer Holiday Fun Club
Westmeston Parish Hall,
Lewes Road, Westmeston,
(nr Ditchling), BN6 8RL



www.theacornsnurseryandforestschoo.com

Fun-filled adventure days and forest school activities in Sussex countryside.

Dates 27 July – 21 August
Times 9am – 5pm, half days available
Ages 2 – 11
Cost Please see registration form on the website
Tel 01444 455081
Email janetirwin@janetirwin.com

Amigos 2020 Summer Club
Cornerstone Community Centre,
Church Road, Hove

www.amigospreschool.co.uk
Amigos Multicultural Preschool's Summer Club 2020 – Activities and play: art, craft, indoors, outdoors, garden, games, music, movement, singing, stories and more. Everyone welcome.

Dates 27 July – 28 August
Times 9.15am – 12.15pm (Mon-Fri)
Ages 2 – 5
Cost £19 per child, £15 each additional child and low income families
Tel 01273 011014 / 07548700897 / 07835 635955
Email hello@amigospreschool.co.uk

art room BRIGHTON

established 2008

Artroom Brighton is the leading provider of art classes for children and young people in the South East. Our Zoom sessions maintain the spirit of our studio based classes, in an interactive, online setting.



All artwork created in Zoom classes

ONLINE SUMMER HOLIDAY WORKSHOPS 2020

Monday 27th July to Friday 14th August

Daily Zoom cartoon class: 11.30am - 12.30pm, £3 per household, per day. Ages 6 - adult

3 day Zoom art course: 9.30am - 11am, Mon, Tues, Weds, £15 per week. Ages 6 - 14

Skills Based YouTube Tutorials for ages 10 to adult

"My daughter told me the happiest moment of her day was Seb's daily Zoom class." Parent of online class pupil

www.artroombrighton.co.uk/online-classes

www.youtube.com/artroomstudios

AS FEATURED IN

THE TIMES theguardian The Daily Telegraph



Not Ofsted registered

Artroom Brighton online Zoom art courses and classes

41 - 43 Portland Road, Hove
www.artroombrighton.co.uk/online-classes

Artroom has gone temporarily online and is delivering a range of cartoon and art workshops over the holidays, via Zoom.

Dates 27 July – 14 August

Times 9.30 – 11am and
11.30am – 12.30pm

Ages 6 – adult

Cost £3 for daily drop in and
£18 for 3 day course

Tel 07727 882824

Email courses@artroombrighton.co.uk

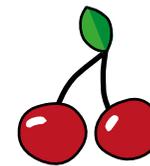


ART-K Hove

www.hove@art-k.co.uk

Classes for 6-16yrs+

Tel 01273 220323



Barracudas

Summer camps cancelled

Boomerang Kids

Saltdean Barn,
Saltdean Oval Park, Arundel Drive
West, Saltdean

Summer camps cancelled

Footsteps Day Nurseries Hove, Portslade & Hollingbury

www.footstepsdaynursery.com

Footsteps is running a holiday club and ad-hoc childcare at all 3 sites during the summer holidays. We can offer morning, afternoon and all day spaces with a special offer for a school day.

We are also taking bookings for September and can offer fully flexible child care.

Dates Monday to Friday all summer
Times 8am – 6pm full day,
morning or afternoon sessions available

Ages 0 – 8

Cost Apply for details

Special offer of 9am-3pm £30

Email footstepsdaynursery@gmail.com

• Hove 01273 779034

44 Cromwell Road, BN3 3ER

• Portslade 01273 416164

221 Old Shoreham Road, BN41 1XR

• Hollingbury 01273 508533

95 Lyminster Avenue, BN1 8JL



**Elm Grove
Out of School Club aka
The Terriers**

**Elm Grove Primary School,
Elm Grove, Brighton**

For exciting Summer fun. We will be having up to 3 Bubbles/Pods with a maximum of 15 children per pod. We have limited numbers and places will be first come first served basis.

We will not be having any day trips this Summer but will recreate these in our outside play spaces. We will be having lots of Physical activities, Water fun and Nature Play.

We shall also be having lots of recreational activities, Art/Craft, sewing, crochet and knitting. Lego, Wooden blocks-trains, knex and popoids. Activity timetable will be available from Monday 13 July.



Dates 23 July – 2 September
Times 8am – 6pm (short day 9am-3pm)
Parents/Carers to supply packed lunch and water bottle. The club will provide a morning fruit snack (10am approx) and an Afternoon snack (2.30pm approx).

Ages 4 – 11
Cost Due to covid-19 we are just offering just a full day @£42. We are increasing our fees for this Summer to cover extra Staff and renting more space within the school.

We will not be offering any sibling or any other reductions this Summer.

Tel 07748 821786
Email egoosc@elmgrove.brighton-hove.sch.uk

For registration forms and information please email Donna at egoosc@elmgrove.brighton-hove.sch.uk



**Extratime Play Scheme
Portslade & Woodingdean**

www.extratimebrighton.org.uk

Due to coronavirus our clubs and schemes are not currently running so in the meantime please visit our Extratime@Home See page 12.



**Goldstone Summer
Playscheme**

Laburnum Avenue, Hove

www.goldstoneprimary.co.uk

Due to the Covid situation this is only open to the children of Goldstone Primary School this year.



**Holiday Club @ Honeycroft
St Barnabas Hall,
Sackville Road, Hove**

www.honeycroft.co.uk/holiday-club/

Summer fun to keep the kids active and busy. With free play, planned activities and local trips* to the park and beach – we've got something for everyone. Places are limited, due to social distancing measures and children will need to bring a packed lunch following our packed lunch guidance.

* Local trips are subject to national government guidance and current guidance on grouping of up to six households meeting outside together.

Dates 20 July – 28 August
Times 9am – 3pm standard day,
8am – 4pm available
Ages 4 – 11
Cost £25 standard day (9am – 3pm),
inc morning and afternoon snacks
£3.95 per additional hour
Email centremanager@honeycroft.co.uk
Tel 01273 220323



Pied Piper Activities

www.piedpiperactivities.co.uk

Due to Covid-19 we are running a reduced programme for Summer 2020. Regrettably, we are unable to run some venues and some weeks as they have had to be closed for work to be undertaken to get them ready for the new academic year with the Covid-19 restrictions.

@ Brighton College Pre-Prep & Nursery, Eastern Road, Kemp Town
Summer camp cancelled

@ Westdene School, Bankside, Brighton
Fully booked

@ Lancing Prep Hove The Droveaway, Hove
Summer camp cancelled

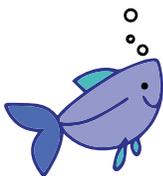
@ Windlesham School Brighton, Dyke Road
Fully booked

Pied Piper Sports Camp
@ Lancing College, Lancing
Summer camp cancelled

For all Pied Piper Activities:

Tel 01273 504485

Email don@piedpiperactivities.co.uk



Starfish Kids Club

Venues in Hove, see website:

www.starfishkidsclub.co.uk

Starfish Kids Club will not be running a summer holiday programme this year but will be back in September with After School clubs.

Tel 07941 525291

Email info@starfishkidsclub.co.uk

Stagecoach Performing Arts Hove Summer Workshops

Aldrington C of E Primary School
Eridge Road, Hove, BN3 7QD

www.stagecoach.co.uk/hove#workshops

Tel 01273 258318

Email hove@stagecoach.co.uk

We have planned an adapted workshop format for our youngest students in line with the latest Government guidance. Please note, as no parents or carers will be permitted into the building, you must be happy to leave your child at the door.

Week one JUNGLE & SUPERHEROES!

Dates 17-20 August

Week two CIRCUS & FAIRYTALES!

Dates 24-27 August

Times 9.30am – 12.30pm daily

Ages 4 – 6

Costs Standard £95, Sibling £70

For our oldest children there will also be plenty of drama, dance, music & fun!

Week one JUNGLE & SUPERHEROES!

Dates 17-21 August

Week two CIRCUS & FAIRYTALES!

Dates 24-28 August

Times 10am – 4pm daily

Ages 7 – 15

Costs Standard £125, Sibling £100



Unfortunately, this year it will not be possible to hold a performance to parents on the last day, but we have many tricks up our sleeves to make these fun and engaging workshop experiences nonetheless. All our team members hold enhanced DBS certificates and will follow our Covid-19 Safeguarding Policy.

Places are offered on a first come, first served basis and are strictly limited this year so don't miss out!

Yellowwave Beach Vollyball

Yellowwave Beach Sports Venue
299 Madeira Drive, BN2 1EN

www.yellowwave.co.uk

Come and have a go at beach volleyball this year. Each one off session is a mixture of fun games, drills and skills, all played in the soft sand. A great way to see if you like the sport or simply something fun to do, to fill the holidays and burn off some energy. An hour of beach volleyball fun training and games on the sand with a qualified coach.

Dates 22 July, 6 & 19 August, 2 September, 29 October

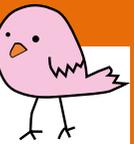
Times 10am & 11am book online

Ages 5 – 7 (10am) & 8+ (11am)

Cost £8.50 per session

Tel 01273 672222

Email info@yellowwave.co.uk



Additional needs



Fun things to do and advice and support when you need it.

Free and discounted activities

Amaze provides the Compass Card in Brighton & Hove and West Sussex, a leisure discount card for children and young people aged 0 to 25 with disabilities or special educational needs (until 25th birthday). Covid-19 means some Compass Card venues are closed, or are operating in different ways.



But as lockdown eases, many venues – particularly those that are outdoors – are reopening.



We're keeping families up to date with the changing situation on the Compass Card website

www.compasscard.org.uk/news-and-events/slowly-slowly-news-on-our-compass-card-partners/

via Facebook www.facebook.com/AmazeCompassCard/ and Twitter twitter.com/AmazeCompass

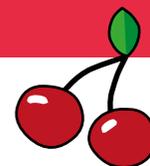
For more information about the Compass Card, visit www.compasscard.org.uk
Email compass@amazesussex.org.uk
or call 01273 772289



Current Compass Card offers include:

- free online ukulele lessons with Go Kid Music;
- free travel on Big Lemon buses;
- student fares on the Key Card from Brighton & Hove Buses for over 18s who are not studying;
- free carers' ticket at Brighton Odeon; volleyball and café discounts at Yellowwave;
- free carer ticket on the British Airways i360; and
- taxi discounts via Brighton & Hove Radio Cabs, Brighton Taxis 4U and City Cabs.

Cherish



Wellington House
Wellington Street, Brighton,
BN2 3AX

Cherish provides social and leisure opportunities for young people with moderate to severe learning disabilities, aged 16 – 25.

Cherish is all about taking time to enjoy fun for the sake of fun, tackling social isolation and encouraging interaction, while building life skills.

Cherish holiday schemes and youth clubs are staffed on a one-to-one basis. They are not drop in services and places are based on staff availability. However at the moment Cherish have a greatly reduced staff team, and all provision until at least the end of August is with their regular households. Unfortunately they are not providing any service this summer to the wider public.

Tel 01273 295171

Email chris.kerridge@brighton-hove.gov.uk



All Terrain Beach Wheelchairs

These wheelchairs are free and available to use and enjoy on the beaches of Brighton & Hove. On collection, you will be required to complete a booking form and pay a refundable deposit.

Your own wheelchair can be stored safely while you use the

beach wheelchair. However they don't have a hoist available to transfer from chair to chair.

Slots are a maximum of two hours, so everyone can use them. The wheelchairs need to be pre booked through the seafront office on 01273 292716. Only during 11am – 5pm.

www.brighton-hove.gov.uk/seafront



Whoopsadaisy

Whoopsadaisy Pavilion, Preston Park, Preston Road, Brighton BN1 6HN

Whoopsadaisy aims to develop physical skills, independence, confidence and self-esteem of children with physical disabilities such as cerebral palsy and other motor disorders with the method of Conductive Education.

Although the Whoopsadaisy Pavilion is currently closed the staff are still working hard to provide online support for their amazing children and families through this incredibly difficult time.

<http://whoopsadaisy.org>

Tel 01273 554178



During this difficult time we have been working hard to create an online offer to help support families.

Our new **Extratime @ Home** webpage is a great resource pack for you as a parent carer looking for a range of different things that your child or young person may want to do at home.

We have created sections such as:

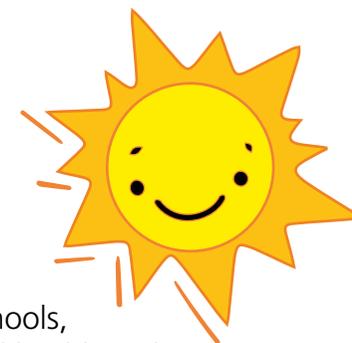
- Get Creative,
- Online Games and
- Culture Vulture with links to things your child or young person may be interested in.

We are also offering free Extratime & Friends online sessions via Zoom which run Monday to Friday at 4pm each day. They include magic, music and science sessions!



<https://www.extratimebrighton.org.uk/extratime-at-home/>

Advice and support



The Local Offer

All local authorities must provide clear and accessible information about the local provision for children who have special educational needs and/or a disability, up to the age of 25. This is known as the **Local Offer**.

The Local Offer helps you find up-to-date information and local services for children and young people including early-years

settings, schools, colleges and health and social care services. It also explains what you're entitled to, eligibility criteria and how to access or be referred to a service.

All of this information is available online and in one place. Visit www.brighton-hove.gov.uk/localoffer

Amaze

Amaze is a charity that works with children and young people with special educational needs and disabilities (SEND) and their parent carers across Sussex. In Brighton & Hove, Amaze offers information, advice and support on anything to do with SEND for parents and young people (up to 25) through a website, factsheets and a helpline.

The helpline is open Monday to Friday 9.30am to 2.30pm but you can leave a message anytime. Amaze can give one to one advice and support especially on education, health and social care issues and disability benefits. They have a befriending service for parents and peer support activities for young people. They run workshops and groups. They also provide the Compass Card see page 11. Amaze hosts PaCC, the local parent carers council, where parent carers come together to have a voice on the issues that matter to them and their children.

01273 772289
info@amazesussex.org.uk
www.amazesussex.org.uk

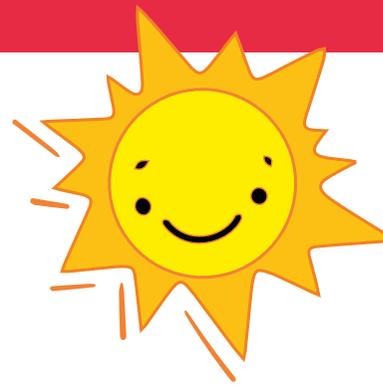


Childcare funding to support children with SEND

Additional Support Funding (ASF) for children aged two, three and four, may be available to childcare providers to help your child take up their free childcare at a mainstream Ofsted-registered provider (a playgroup, pre-school, day nursery, childminder, nursery school or primary school nursery class).

Disability Access Fund

This annual payment of £615 is made to childcare providers for three and four year olds with SEND who are in receipt of free childcare. It is designed to help children access their childcare place, for example to make adjustments to the childcare setting, or to pay for staff training to meet your child's specific needs.



Childcare Inclusion Funding

(CIF) is available for school-age children with SEND attending Ofsted-registered after-school clubs and holiday playschemes, to fund changes to provision so that your child can attend. This might include specialist equipment, staff training, or an additional member of staff. You must pay the fee for attending the childcare.

Your child may be eligible if they have an EHC plan or a statement of SEND, and/or receive Disability Living Allowance (DLA). There are maximum amounts of funding available, depending on whether or not you are working.

For more information about childcare funding and to get help and advice with finding childcare, contact our Family Information Service on 01273 293545. You can also find information about services for children with SEND and search for childcare online at www.familyinfobrighton.org.uk

The Integrated Child Development and Disability Team

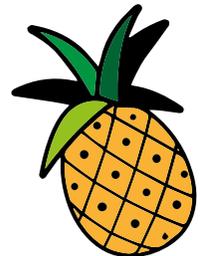
Based at Seaside View Child Development Centre.

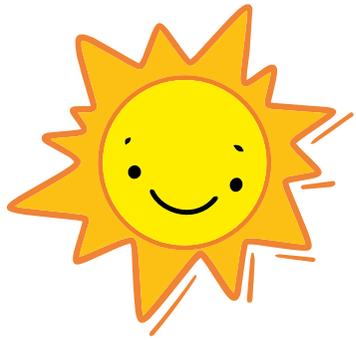
Within the team at Seaside View there are specialist social work family support services for children with severe learning/physical disabilities and with moderate learning difficulties where there are significant mental health needs or challenging behaviour.

They aim to provide support, advice and practical help to disabled children, young people and their families. This includes outreach and direct payments services, residential respite care, family based respite.

All services are subject to a needs assessment. The Integrated child development and disability team only take referrals from GP's, Schools and other health professionals.

01273 265780





Playgrounds are opening



Welcome back to your playgrounds.

We want you to have a fun and safe summer. Whilst enjoying our fantastic playgrounds please remember your part in supporting a healthier, stronger, safer city.



Help control the virus by following these simple steps



Keep your distance



Wash your hands regularly. Before and after your visit



Avoid crowded spaces



Use sanitiser before and after using the play equipment

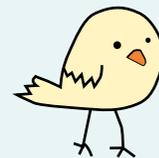
Welcome back to your playgrounds



Important Playground Rules



- Please maintain a 2m distance between yourself and others.
- Sanitise your hands before and after touching the gates and play equipment. Please bring your own hygiene products and wipe down equipment after use. (Consider bringing a bottle of water in case your children's hands get covered in mud.)
- Remember not to put your mouth on the play equipment, or not to put your hands in your mouth.
- Please take your litter home with you.
- Do not enter the playground if you have any Covid symptoms or are self-isolating.
- If the equipment is busy, please wait. If the playground is full, come back another time. Talk to your children about this possibility before visiting.
- Keep to family groups.



6 ways to Smile



The '6 ways to smile' are six tried and tested ways to increase well-being for you and your child.

See our **6 ways to smile** booklet for lots of ideas of activities you can do together: www.brighton-hove.gov.uk/smile-project

There is also an illustrated story called 'The Smile Book'. You can download a copy on the link above to read with your child. Join Ravi the Rabbit as he meets a different friend each day on the journeys he makes, and find out how his friends help him smile!

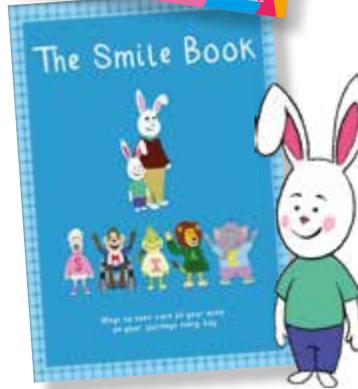
Speak and Sign

Move

Imagine and play

Learn

Enjoy



Walk to School for Clean Air

In October, many schools across the City will be taking part in our new Walk to School for Clean Air Week!

This is your chance to leave the car at home and enjoy the many benefits of walking, cycling or scooting to school!

How we get to school every day contributes to the quality of the air we all breathe so let's join together and make a difference!



Getting about safely

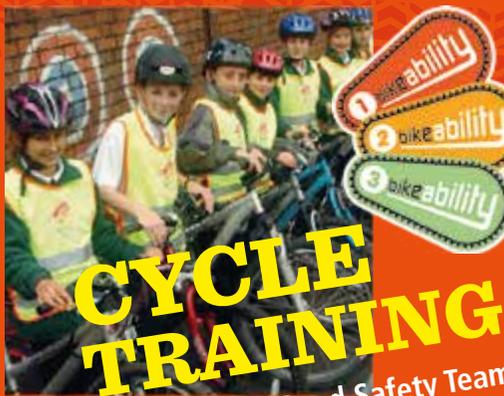
Accessing places and activities in our city, safely and easily, increases children's confidence and independence.

The council's Transport Projects team provides a range of free services to support and encourage safe and sustainable travel, especially to schools. Most schools can provide children with a How do you travel to school? booklet containing information on lots of walking, scooting or cycling activities that families can enjoy.

You can download **How do you travel to school?** from www.brighton-hove.gov.uk/schooltravel or request your own copy on 01273 290561.



Maddie, age 6. My favourite way of travelling to school



CYCLE TRAINING

This summer BHCC's Road Safety Team is providing, nationally recognised **Bikeability** cycle training courses at city park locations from **23 July - 28 August**

Charges are between £10 and £30

To book please visit: www.brighton-hove.gov.uk/events

Level 1

1 session – 10am-12noon for children aged 9-14 years.

Levels 1 and 2

4 consecutive days 10am-12.30pm For children aged 9-14 years.

Level 3

3 consecutive days 1.15pm-3.15pm For children aged 11-14 years. (Children must have achieved level 2 before they can attend level 3)

Get cycling

With Summer here, now is a good time to be getting the bicycles out of the garage and going on family cycle rides again.

You may find that since your family last cycled your bicycles may need a bit of TLC. The idea of fixing a puncture, replacing rusty chains, or changing the brake pads may feel a little daunting. If you've tried but still find cycle maintenance difficult, Brighton & Hove City Council runs regular useful cycle maintenance courses. The basic maintenance course shows you how to fix punctures and look after your bike. The intermediate maintenance course shows you how to use specific bicycle tools and learn to do much more.

Also if some of your family members lack confidence when riding their bikes, our friendly and experienced cycle instructors can help. The council runs Learn to Ride and Level 1 courses (in a park), Level 2 (on quiet roads), and Level 3 (on busier roads).

The courses can give you and your family a confidence boost and help you to feel safer on your bikes when cycling in Brighton & Hove.

You can book on to one of our City Cycling Skills courses and look forward to cycling this Summer.

Visit www.brighton-hove.gov.uk/cycletraining to find out more.



Your healthy lifestyle



Get active this summer!

Your Healthy lifestyles team will be supporting families to keep active at home over the summer holidays.

Join our virtual summer club with lots of fun challenges and games to take part in!

All you need to do is sign up at <https://new.brighton-hove.gov.uk/stayactiveathome> for FREE!

You will then be sent your summer pack to keep you moving during the summer holidays. The team will also have weekly prize draws to take part in so don't miss out!

You can also find useful information on our stay active at home webpage: <https://new.brighton-hove.gov.uk/stayactiveathome>



Contact the Healthy Lifestyles team for support on getting active, eating healthy, support to stop smoking, reduce alcohol consumption, or to lose weight. The service is free for anyone that lives or works in Brighton and Hove: **01273 294589**
HealthyLifestylesTeam@brighton-hove.gov.uk
 Follow us on Twitter or Facebook: **@BHhealthylife**



#QUITFORCOVID

TODAY IS THE DAY

There has never been a more important time to quit smoking than right now.

People who smoke may be more likely to suffer from a serious respiratory infection than non-smokers if they get COVID-19. Smoking tobacco damages the lungs, weakens the immune system and causes a range of severe respiratory problems.

As well as reducing the risks from COVID-19, quitting smoking quickly improves your circulation and breathing, reduces the risks of other health problems such as heart attacks and strokes. There are financial benefits too.

The full news story, including quotes from professionals and people who have used the Brighton & Hove Healthy Lifestyles team's service is available at: <https://new.brighton-hove.gov.uk/news/2020/quit-covid-0>

Get support to quit

Many smokers try several times before they succeed, but getting the right support and using stop smoking aids gives you a much better chance of success.

Download the NHS Smokefree app to find local support or create a personalised quit plan.

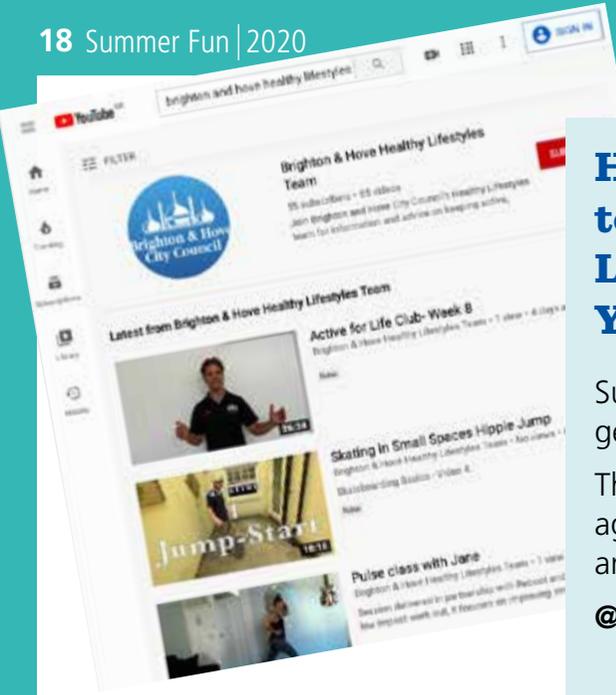
Get advice from experts and hear other people's quitting stories from Today is the Day.

The council's Healthy Lifestyles Team continue to offer telephone sessions. Call **01273 294589** or email **healthylifestyles@brighton-hove.gov.uk**

Join us, improve your health and protect the NHS

todayistheday.co.uk





Have you subscribed to the Healthy Lifestyles teams YouTube channel?

Subscribe to the channel and get notified of new videos!

The team have exercises for all ages and abilities, recipe videos, and healthy living advice!

@Brighton and Hove Healthy Lifestyle's team

Keep Active

Children and people under the age of 18 should be looking to keep active for 60 minutes a day. This doesn't have to be all in one go, it can be in bite size chunks throughout the day. Here are some ideas to try offline.

Go for a walk, jog, run as a family, making sure you abide by the social distancing measures – you could also join the Healthwalks Spring Lockdown Walking Challenge.

For younger children playing in the house and outside garden space if you have some. Play activities like den building, dressing up role play or obstacle courses.

Make sure children and young people have active breaks, away from screens. This can also be for the whole family who

maybe working online, make sure they take active breaks to break up times of sedentary behaviour ie sitting down too much.

You may also wish to add more 'physical education' type activities into your daily routine.

Things like:

- practicing throwing and catching
- adapting a hard back book into a tennis racket to practice striking and fielding activities with a rolled up sock.

LOG ON TO HEALTHY HABITS



BeeZee Live is a FREE, interactive, online learning programme for adults and families to learn about living a healthier lifestyle.

Stream BeeZee Bodies' tried and tested (*oh, and did we mention award-winning?!*) nutrition advice and behaviour change support directly to your home.



"We got a lot out of the online sessions, it really helped us to make some positive changes to our eating habits. I liked the idea of having the quizzes and polls as you still felt really involved, and both Jamie and I had lost weight after just 6 weeks."

Mum, Clare and son, Jamie (7)

"BeeZee Live has been invaluable in shaping my nutritional goals and knowledge on the subject. I feel that I have grown as a person from what I have learnt on the programme and I am very grateful that I decided to do the courses".

Tom



Sign up for your free place now at beezeebodies.com



YOUR FITNESS MATTERS



Your FITNESS has never been so important



Freedom Leisure who operate the City's Leisure Centres on behalf of Brighton & Hove City Council is welcoming back the Brighton and Hove community.

Things will look a bit different to how they were before the doors closed on the 20 March, but what, and won't be different is the warm welcome and great service from the centre teams.

They have been working hard to make sure your experience of returning to exercise and activity is a good one and you feel confident to come back.

You can take a look at what to expect by clicking here:
www.freedom-leisure.co.uk/whattoexpect



YOUR WELLBEING MATTERS

Eating well and taking regular exercise can really improve mental wellbeing, and although there is no direct evidence that being fit lessens the severity of Covid-19, studies show that exercise has a positive impact on the function of the immune system.

Our customers achieved some great results before lockdown and we look forward to seeing you back working out regularly to help maintain a healthy lifestyle.

Updates and information on local Brighton & Hove centres can be found by going to www.freedom-leisure.co.uk

Don't forget to 'like' your local centres Facebook page which will also be regularly updated.



www.freedom-leisure.co.uk



Enjoy the beach this summer



Please don't litter

If you're down enjoying the beach this summer, please leave only footsteps and take your litter home.

Enforcement officers patrol the beach and issue **£150** on the spot fines for dropping or leaving litter.

Some people – residents and tourists – think nothing of bringing a picnic, BBQ or drinks onto our beach, and when they finish, leaving their rubbish behind – bottles, cans, plastics, everything.

It's a problem for our environment, other beach lovers, dogs, seagulls and wildlife.

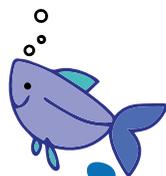
And because much of this waste is blown into the sea before we can remove it, it's a huge problem for our marine life.

Figures show that every day approximately 8 million pieces of plastic pollution find their way into our oceans.

Please don't add to that number. Please don't be that person.

How can I stay safe on the beach?

- Protect and keep an eye on your family
- Stay together and don't use inflatables
- Understand cold water shock
- In an emergency dial 999 for the Coastguard



Thanks for helping to keep Brighton & Hove tidy



Don't be THAT person who...

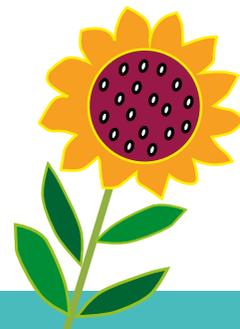
- Leaves rubbish and litter on our beaches and in our parks
- Leaves their rubbish next to bins
- Leaves our beautiful open spaces dirty and full of litter

Be THE person who...

- Takes their rubbish home if bins are full
- Leaves our beaches, parks and open spaces tidy and safe for others to use
- Plays their part in keeping our wonderful city clean and litter free



Our Environmental Enforcement officers issue **£150** on the spot fines for dropping or leaving litter.



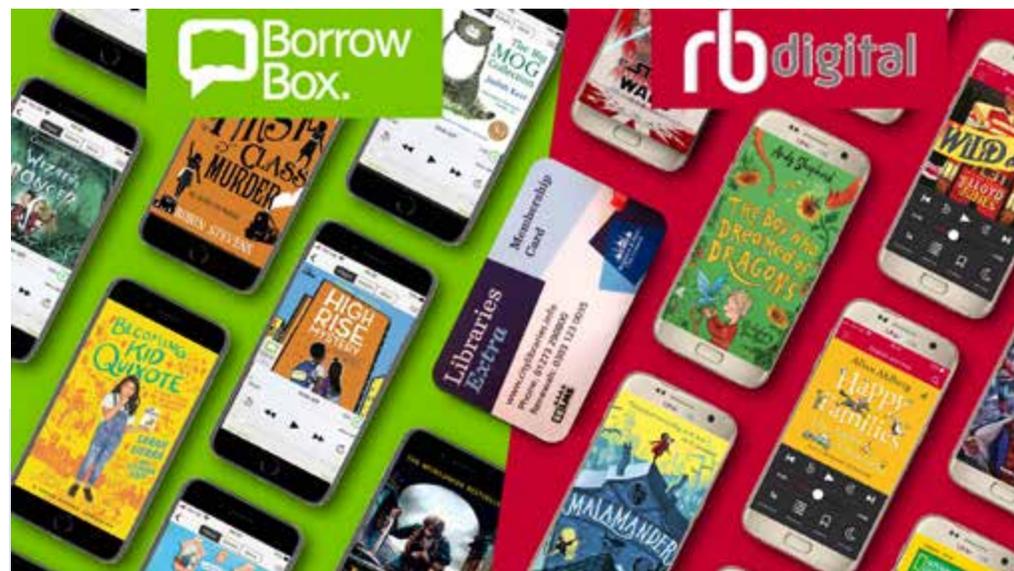
Brighton & Hove Libraries

We know many of you are missing going to your local library and we want you to know that we are missing you too!

We are busy behind the scenes making plans for the safe reopening of libraries but it will take time to make the necessary changes to ensure a safe return. As a result, we will not be opening in early July but we have extended all loans until 6 September so that no fines accrue.

We will let you know the date of reopening buildings as soon as we can. Things will look a little different when we reopen and will continue to change over the coming months.

Please be assured that we will do all that we can, and be as creative as we can be, to support the people in our city that need us the most.



Enjoy library books anywhere

We have a fantastic selection of eBooks and eAudiobooks for you to read or listen to with our free online library services.

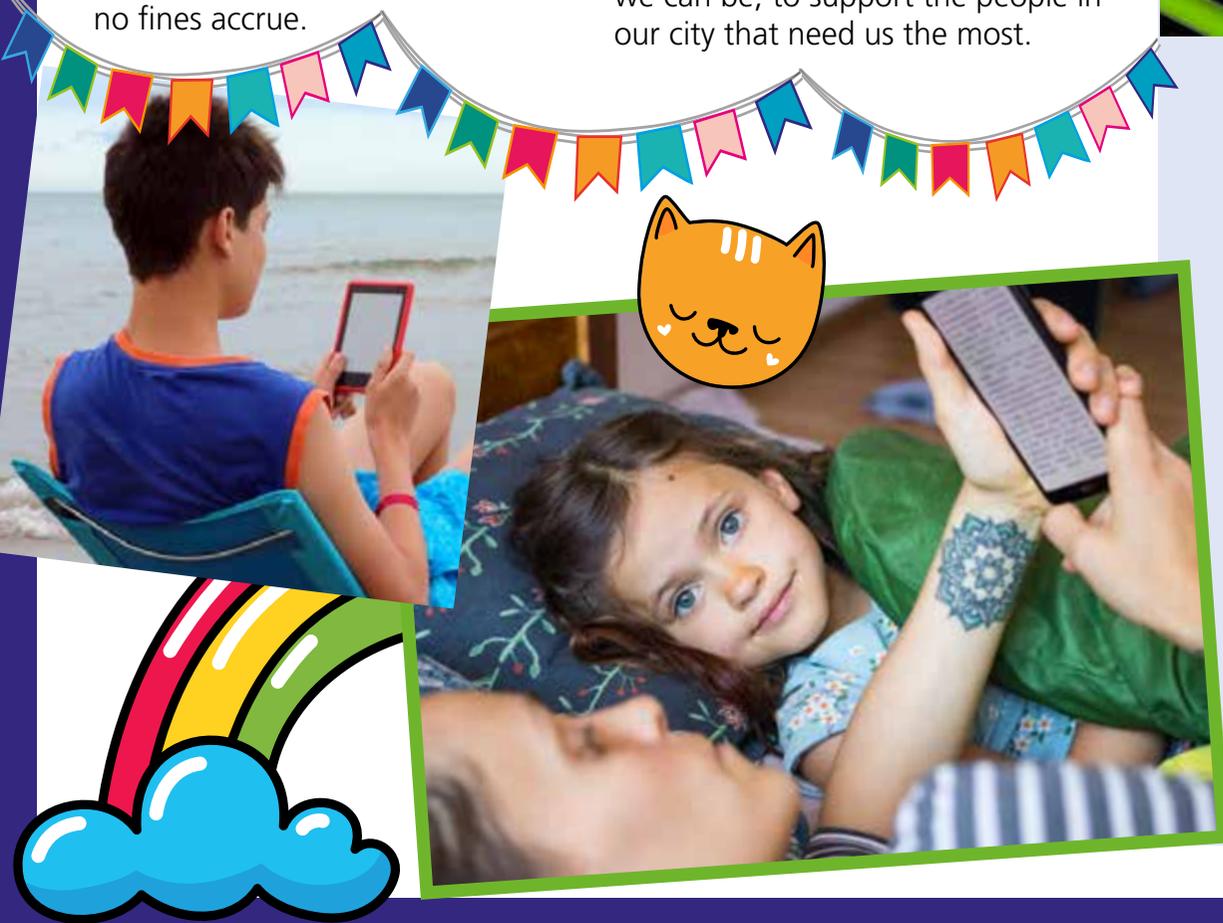
Borrowbox has thousands of bestselling eBooks & audiobooks.

RBDigital has many great eBooks, audiobooks, top UK magazines and over 1500 Marvel, Dark Horse & Disney comics.

To use Borrowbox & RBDigital:

- 1 Install the free Borrowbox / RBDigital app
- 2 Select Brighton & Hove City Libraries
- 3 Enter your Library card details & PIN
- 4 Read and Enjoy!

Find out more: <https://bit.ly/BHlibsEbooksAudiobooks>



Free access to educational entertainment app Hopster

Brighton & Hove Libraries have got hundreds of free 12 month subscriptions to Hopster on offer for families with library membership.

Aimed at 2 to 6 year olds, Hopster is designed to develop your child's learning through quality preschool shows, games, books and songs. All the content is safe, ad-free and in line with the Early Years Curriculum.

Hopster can be used on smart phones, tablets or smart TVs.



Take a look at www.hopster.tv to find out more.

How can you claim a free 12 month Hopster subscription?

You or your child will need to be a member of Brighton & Hove Libraries to take advantage of the offer. If you're not already a library member, it's free and easy to join online here <https://new.brighton-hove.gov.uk/register-library-card-online>.

Email libraries@brighton-hove.gov.uk with your name, library card number and 'Hopster' as the subject heading. We'll reply as soon as we can with your unique code and some guidance notes to get you started. You'll have access for 12 months from the day you start using the app.



Brighton & Hove Libraries online activity for pre-school children and their families.

Throughout the summer libraries will be offering early years sessions online for everyone to enjoy at home.

Library staff and guests will be sharing stories.

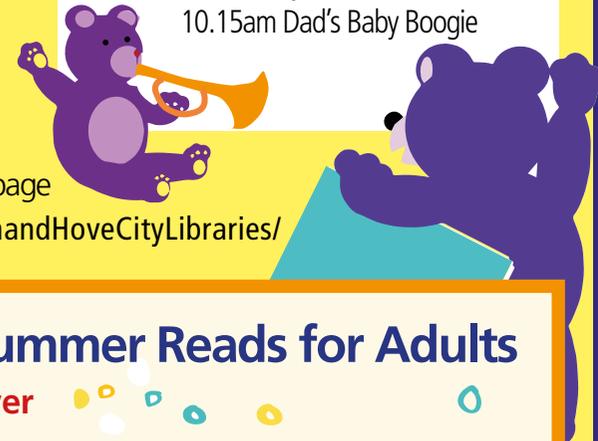
Baby Boogie, music and rhyme sessions, will continue on the first and third Wednesday of each month. Dad's Baby Boogie will be on the second Saturday of the month.

Twice weekly Top Picks posts will highlight things the library loves for little ones.

It is all taking place on our Facebook page

<https://www.facebook.com/BrightonandHoveCityLibraries/>

- Mon 10.15am Storytime
- Tues 10.15am Tuesday's Top Picks
- Wed 10.15am Storytime or Baby Boogie on first and third of the month
- Thur 10.15am Thursday's Top Picks
- Friday 10.15am Storytime
- Second Saturday of the month 10.15am Dad's Baby Boogie



Brighton & Hove Summer Reads for Adults

Open to anyone 16 and over

Whether the sun is shining or it's raining buckets, Brighton & Hove Libraries challenge you to **Get Reading** this summer and tell us your best reads.

It's simple!

Read 3 books to recommend and review before the submission deadline of the 27 September 2020

for the chance to win a book voucher to spend in one of the brilliant local independent book shops.

You can read more than 3 books, but you need to choose your best 3 to rate and recommend. It can be your own book, a book borrowed from the library or a friend.

We don't mind just **Get Reading!**



SUMMER READING CHALLENGE 2020 -

It's time for the Summer Reading Challenge 2020 at Brighton & Hove Libraries and this year it is being run digitally.

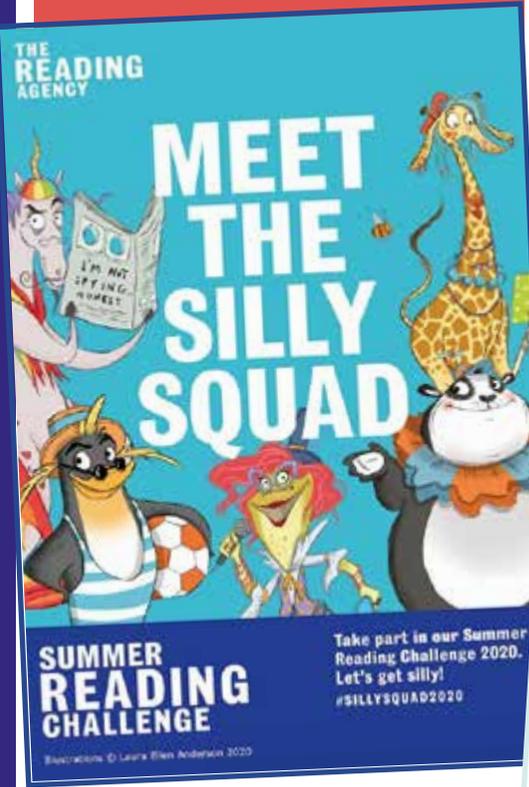
Children will read books and meet the Silly Squad, a lovable group of animals who run a fun house.

Join the Silly Squad!

There are games, video content, quizzes and activities to encourage children and families to take part in the challenge at home. Sign up here: www.sillysquad.org.uk

Stories, fact books, audio books, graphic novels, poetry – they all count towards the challenge. Children can also borrow eBooks and eAudiobooks from Brighton & Hove Libraries.

Find out more information here: <https://new.brighton-hove.gov.uk/libraries-leisure-and-arts/libraries/borrow-electronic-books-and-audiobooks>



Silly Squad Story Club

This Summer we're bringing you STORY CLUB! Online fun for ages 5-12. Catch it on Brighton & Hove libraries Facebook page Wednesday at 3pm to accompany your Silly Squad Summer Reading Challenge journey!

<https://www.facebook.com/BrightonandHoveCityLibraries/>

Pelican Parcels

We take donations of pre-loved and new items for babies and children ages 0-10, and rehome them to local families who really need support.



By distributing cots and clothes, toys and books, prams and playmats, our vision is a future where no child lives without the essentials.

How you can help:

Donate items Head to pelicanparcels.org.uk to see a full list of what we need.

Volunteer We need volunteers to sort through donations, package up parcels and help with admin. If you can offer a minimum of 3 hours a week, we'd love to hear from you. If you're interested in working with us please email pelicanparcels@outlook.com

If you're interested in referring to us or working with us please check our website or social media channels for details. <https://www.facebook.com/PelicanParcels.charity>



Pelican Parcels
pelicanparcels.org.uk

Around the world summer 2020



Here's a round-up of just a few of the events happening across the world which you and your family can find out about.

JULY 2020

Nelson Mandela International Day

July 18

Nelson Mandela International Day is celebrated every year on his birthday – 18 July.

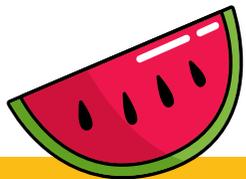
"What counts in life is not the mere fact that we have lived. It is what difference we have made to the lives of others that will determine the significance of the life we lead."

Nelson Mandela

Pflasterspektakel

July 23

The Pflasterspektakel, held in Linz, Austria is an annual street art festival. Musical acts, juggling, acrobatics, pantomime, theatrics, and fire dancing are just some of the performances that make up this exciting festival.



AUGUST 2020

Kanto Matsuri

August 3

The Kanto Festival is an annual event held every year in Akita City, Japan. The highlight of the festival is a display of skill in which performers balance long bamboo poles decorated with hanging lanterns on their foreheads or lower backs. The lanterns are decorated to resemble bags of rice. This is a time for people to pray for a good harvest.

Raksha Bandhan

August 3

Raksha Bandhan is mostly celebrated in the northern and western parts of India. This festival signifies the special bond between brothers and sisters which is symbolized in the ritual of tying a rakhi (bracelet) on the others' wrist. It is celebrated on the full moon of the Hindu month 'Shravana'.

Baba Jie

August 8

Baba Jie is Father's Day in Taiwan. It is not an official holiday in Taiwan, but is now observed on 8 August. People honor their fathers by going out for dinner, giving gifts, or by calling them to give them a greeting.

International Day of the World's Indigenous People

August 9

The United Nations' (UN) International Day of the World's Indigenous People is observed on August 9 each year to promote and protect the rights of the world's indigenous peoples. It is also a day to acknowledge and recognize the many achievements made by indigenous people around the world.

National Women's Day, South Africa

August 9

National Women's Day draws attention to significant issues African women still face, such as parenting, domestic violence, unequal pay, and schooling for all girls.

Spicemas Festival

August 11

Grenada (known as the "Spice Island" for its tremendous production of nutmeg) hosts its annual carnival called the Spicemas Festival.

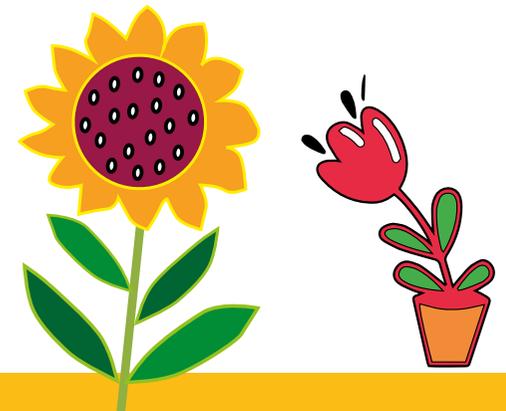
August 28

On this day in 1963 American civil rights activist Martin Luther King said:

"I have a dream that my four little children will one day live in a nation where they will not be judged by the colour of their skin, but by the content of their character."

Peace day

21 September





School places for September 2021

Are you a parent or carer of a child in Brighton & Hove who is four years old before September 2021?

Do you have a child who will be transferring to junior school or to secondary school in September 2021? Now is the time to start thinking about applying for a school place.

If your child will be 4, you can apply online from 1 September onwards at www.brighton-hove.gov.uk/schooladmissions

The site contains all the information you need about the schools and the admissions policy.

You can access the website:

- at home
- at an internet café
- at a library (if you are a library member you can get free internet access at any Brighton & Hove library).

If you experience any problems using the Brighton & Hove online admissions site, please email at schooladmissions@brighton-hove.gov.uk

If you have any query about applying for a school place, call 01273 293653 between 8:30am and 1pm or email schooladmissions@brighton-hove.gov.uk

If you are unable to apply online and would prefer to complete a paper form, please contact the School Admissions Team to ask for a booklet and form.

The booklet will be available this autumn. It will give you information about schools, the admissions process and how to apply for a place.

The closing dates for applications will be 15 January 2021 for infant, junior and primary schools and 31 October 2020 for secondary schools.

If you miss these deadlines, you are less likely to get a place at the school you want.

School Meals in Brighton & Hove

...tasty, healthy, social and fun

- Locally supplied fruit & vegetables
- **Fresh seasonal ingredients**
- Meals cooked on site
- **Meat from the UK**
- Silver Food for Life Accredited Menu



For information about Free School Meals call 01273 293497

Apply online: www.brighton-hove.gov.uk/onlinefreeschoolmeals

Primary School Menus can be viewed at www.brighton-hove.gov.uk/schoolmeals





Can you save money on your childcare bills?

There are now more ways than ever to reduce your childcare costs. You can benefit from a wide range of funding options depending on your circumstances and the age of your children.

This is a brief guide to how you could cut your childcare costs. To find out more visit www.childcarechoices.gov.uk

To search for childcare in Brighton & Hove, visit www.familyinfobrighton.org.uk



Tax Free childcare

This is an online account for working parents to help pay for childcare, which is topped up by the government.

For every £8 that you put in, the government will make a payment of £2 to a maximum of £2,000 per child, per year, or £4,000 if your child is disabled.

You can have an account for each of your children up to age 12 to pay your childcare provider. You cannot claim Tax Free Childcare and Tax Credits. Register at www.childcarechoices.gov.uk

Universal Credit

As part of universal credit, parents may be able to claim up to 85% of childcare costs. Find out more www.gov.uk/universal-credit

Childcare Element of Working Tax Credit

Parents who are claiming Working Tax Credit, may be entitled to up to 70% of their childcare costs. You cannot claim Tax Credits and Tax Free Childcare. **Please note, Working Tax Credit has been replaced by Universal Credit for most new claims** Find out more www.gov.uk/working-tax-credit

Help for students

Care to Learn is paid to parents aged under 20 at the start of their course in school or 6th form college.

www.gov.uk/care-to-learn

The Childcare Grant is available for students in higher education who are eligible for student finance.

www.gov.uk/childcare-grant



Children's Centres

Due to Covid -19 Children's Centre are currently closed to the public except for essential midwifery or clinic appointments. All groups have been stopped until further notice.

The Children's Centre teams are busy planning some outdoor activities for small groups, which we hope will take place over the summer months. If Government guidance allows and restrictions on large groups relaxed these events will be advertised on our Facebook and web pages.

www.brighton-hove.gov.uk/content/children-and-education/childrens-services/childrens-centres

Families with children aged under five who need support regarding any aspect of child and family health and wellbeing can contact the Health Visiting Parentline by text on 07507 331 296. This service is staffed 9.30am - 3.30pm each weekday. You can also contact your local Children's Centre by telephone. Messages are checked daily and responded to within 2 days.

Children's Centres are currently offering help to families by telephone or WhatsApp. This includes parenting advice, child health and wellbeing, and employment and training support.

For more information contact your local Children's Centre, speak to your health visitor or check online at www.brighton-hove.gov.uk/childrenscentres

Find your nearest Children's Centre

Conway Court Children's Centre

Clarendon Rd, Hove, BN3 3WR
01273 296356

Hangleton Park Children's Centre

Harmsworth Crescent,
Hangleton, BN3 8BW
01273 295272

Hollingdean Children's Centre & Cherry Tree Nursery

Brentwood Rd, Brighton, BN1 7DY
01273 295623

Moulsecoomb Children's Centre & Jump Start Nursery

Hodshrove Lane, Brighton, BN2 4SE
01273 294040

North Portslade Children's Centre & Acorn Nursery

The Rise, Portslade, BN41 2PY
01273 294062

Roundabout Children's Centre and Nursery

Whitehawk Road, Brighton, BN2 5FL
01273 290300

Tarner Children's Centre in partnership with Brightstart and Tarnerland Nurseries

Ivory Place, Brighton, BN2 9QE
01273 296700





Brighton & Hove City Council nurseries

The council operates six nurseries in various locations across the city. Some are based in, and others work in partnership with, our Children's Centres.

The nurseries are open to everyone. They offer free childcare and learning for 15 hours for all children aged 3 and 4 years. For eligible working parents this is extended to 30 hours.

All nurseries offer free childcare for eligible two year olds.

Each nursery is different and offers something unique. Some nurseries

are open year round and others during school term times only.

Most of the nurseries cater for children aged 0-5 years. Some have large gardens where outdoor provision is their strength. Others run sessions where parents can stay and play. Some have free parking outside to make your journey to and from work or home easier.

The nurseries can also direct you to other professionals who can help if you are looking to get back into work or training, or need help with different aspects of parenting.

All the nurseries use a secure web based system to record children's progress, interests and achievements. Parents and carers can view this from home or on their mobile phones, and upload photographs and comments to add to this journal.

The staff teams across the nurseries are highly qualified and experienced. Many staff have been educated to degree level, and many others have more than 30 years' experience of working in childcare and education settings.

The staff teams are our greatest asset. They receive ongoing training and development opportunities to keep up to date with current practice. This ensures the best start in life for your child.

Every family and child is different and has different needs and requirements when choosing a nursery. Whether you are a working parent looking for full day care, or would just like a few hours each day for your child to socialise, the nurseries offer flexible solutions for you and your family.

What to do next

Contact your local nursery to check for availability

Acorn Nursery

The Rise, Portslade
01273 293980



Bright Start Nursery

Barrack Yard,
North Road, Brighton
01273 291570

Cherry Tree Nursery

Brentwood Road, Hollingdean
01273 296052

Jump Start Nursery

Hodshrove Lane,
Moulsecoomb
01273 290458

Roundabout Nursery

Whitehawk Road
01273 294780

Pavilion Pre-school

College Close/Chalky Road,
Portslade
01273 423854

For more information about these nurseries and other childcare providers in Brighton & Hove, visit

www.familyinfobrighton.org.uk



Interreg 
2 Seas Mers Zeeën
PACE
European Regional Development Fund



Take the first step into work, training or volunteering with PACE

PACE (Providing Access to Childcare and Employment) is a European funded project designed to support parents in Brighton & Hove.

PACE is for parents of two year olds who are getting funded childcare. Whilst your child is making new friends and having fun at their childcare setting, you have a great opportunity to use the time to start thinking about your future.

PACE offers

- A keyworker who will support you every step of the way
- “back to work calculations” so you will know how much better off you will be in work
- Help with cv writing, interviews and application forms
- Support with finding childcare and funding
- Careers advice and free training

If you are working when your child is three, you could get 30 hours FREE childcare.

To find out more, visit www.brighton-hove.gov.uk/pace or call the Family Information Service on 01273 293545



 Follow us @BHFamilies

shoozoo

Professionally fitted quality footwear for children

Expert fitting
Easy parking
Loyalty scheme

- Angulus
- Bobux
- Camper
- Froddo
- Geox
- Hummel
- Hush Puppies
- Pediped
- Petasil
- Primigi
- Ricosta
- Skechers
- Start-Rite
- Superfit

Monday - Saturday 9.30am - 5.30pm
Tel: 01273 735896
35 Montefiore Road
Hove, BN3 1RD

www.shoozoo.co.uk

It's time to think ahead!

Do you want more people to know about your business?

Are you interested in getting your message to every primary school, children's centre and library in Brighton & Hove?

With a print-run of 24,000, there's no better way to get your message across.

Advertise in Summer Fun 2021
call us on 01273 294233.



Work for our diverse city

We're looking for talented people to help us put our COVID-19 recovery plans into action and get Brighton & Hove back on track.

In doing this, we want to make sure we fulfil Our People Promise to our staff to be a fair and inclusive workplace. That means having a workforce that truly reflects the local population so we can ensure we represent everyone in Brighton & Hove, especially at such a crucial time for making positive changes to our great city's future.

With growing evidence of the disproportionate impacts of corona virus on Black and Minority Ethnic groups, we need more voices from those communities among our staff to ensure we develop innovative ways of working, evolving and improving our services across the city.



Representation at work

As well as trade union membership, we encourage our employees to join our staff forums. These are staff-run groups designed to help employees share experiences and advice. They also allow staff to have input into council working practices and procedures.

Our staff forums include:

- Black and Minority Ethnic Workers' Forum
- Disabled Workers' and Carers' Network
- LGBTQ Workers' Forum
- Women's Network

We listen to and work closely with all of our staff forums to make sure we can support the needs of all our staff. Their contribution will continue to be invaluable in planning the city's recovery from COVID-19.

Staff benefits

We're a family friendly employer and can help you live your life alongside work with:

- generous holiday entitlements
- flexible working and compressed hours
- part-time hours, job sharing and term time only work
- working at different locations across the city to reduce time travelling
- home working.

You'll also have access to the local government pension scheme, travel discounts and loans, support for your health and wellbeing and money off at local and national businesses.

Find a job that works for you

Find out more about working for us, including our commitments to tackling inequality in employment and how we measure our progress, at <https://new.brighton-hove.gov.uk/jobs>



We promise that we will be a fair and inclusive place to work



Financial help and advice

USEFUL WEBSITES

Managing your money

www.moneyadviceplus.org.uk
0800 1387777

The Money Advice Service offers a wide range of independent and unbiased information and advice to help you take control of your money, make ends meet and make better financial decisions. You can even chat online to an adviser with any questions that you have.

Checking benefits entitlement

www.turn2us.org.uk

The turn to us website has a benefits calculator where you can enter your individual circumstances and it will work out the amount of benefits that you are entitled to. There is also information on applying for charitable grants.

LOCAL HELP AND ADVICE

Money Advice Plus

www.moneyadviceplus.org.uk
info@moneyadviceplus.org.uk
01273 664000

Money Advice Plus offers specialist debt and benefits advice via its telephone helpline and face to face appointments.

Moneyworks

www.advicebrighton-hove.org.uk
0800 9887037

Moneyworks helps residents in Brighton & Hove to save money, make money and manage their money. They can offer telephone advice and drop-ins and appointments at venues across the city.

Free school meals

www.brighton-hove.gov.uk/freeschoolmeals
01273 293497

Currently, school aged children of families claiming income related benefits (not Working Tax Credit) may be entitled to free school meals. All children in reception, year one and year two will be offered a healthy school lunch for no charge.

Brighton & Hove Citizens Advice Bureau (CAB)

www.citizensadvice.org.uk/local/brighton-hove
0300 3309033

The CAB offers independent advice on managing your finances including opening bank accounts and problems with banking, benefit overpayments, council rent arrears, budgeting and general debt problems.

St Luke's Advice Service

www.stlukesadvice.org.uk
info@stlukesadvice.org.uk
01273 549203

St Luke's can provide free debt and welfare benefit advice including help with form filling and benefit tribunals.

Brighton Unemployed Centre Families Project

www.bucfp.org
01273 671213

The centre offers a wide range of services for families including advice on benefit issues, form filling, tribunals, problems with debts and what rights people are entitled to.

East Sussex Credit Union

www.eastsussexcu.org.uk
info@eastsussexcu.org.uk
0300 3033188

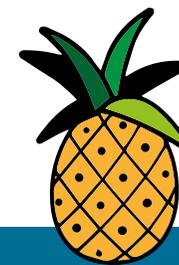
The Credit Union is a not-for-profit savings and loans co-operative focusing on the needs of those on low incomes. It offers savings accounts and affordable, flexible loans. Call or email them to make an appointment.

BENEFITS ENTITLEMENTS FOR FAMILIES

The Family Information Service has produced a Family Finance Factsheet, that brings together information about all the benefits and financial help that families are entitled to.

You can download a copy of the factsheet at familyinfobrighton.org.uk

For the latest government information about benefits, visit www.gov.uk



Useful contacts

As well as the contacts listed here, the Family Services Directory contains information about local services that support families. Visit www.familyinfobrighton.org.uk

CHILDCARE & SCHOOL

Family Information Service

01273 293545
familyinfo@brighton-hove.gov.uk
www.brighton-hove.gov.uk/fis
 Information, advice and support for families.

Ofsted

0300 1231231
enquiries@ofsted.gov.uk
www.ofsted.gov.uk



The body that inspects childcare providers and schools, inspection reports can be viewed on their website. If you have a concern about a childcare provider, you can raise it with Ofsted.

School Admissions

01273 293653
schooladmissions@brighton-hove.gov.uk
www.brighton-hove.gov.uk/schooladmissions

Administers the allocation of local authority school places. See page 25.

SAFEGUARDING CHILDREN

Brighton & Hove City Council Front Door For Families

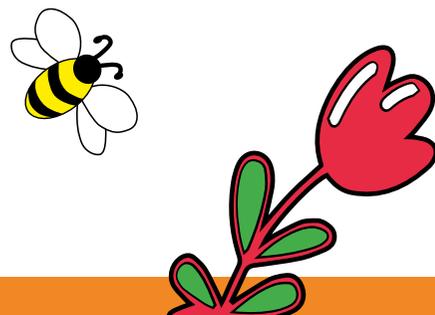
01273 290400
 Out-of-hours: 01273 335905
www.brighton-hove.gov.uk/frontdoorforfamilies

If you are worried about a child being at risk of harm, contact the Front Door for Families. If a child is in immediate danger, call 999.

Childline

0800 1111
www.childline.org.uk

Free and confidential helpline for children and young people in the UK to talk about any problems they have, whether big or small.



HEALTH

NHS Choices

www.nhs.uk
 If you need help now, but it's not an emergency call 111
 The website provides health information and where to access services locally.

HOUSING

Housing Options

01273 294400
housing.advice@brighton-hove.gov.uk
www.brighton-hove.gov.uk/housingoptions

The service can help you keep your existing home, explore your housing options and give advice on the council's statutory duties.

Brighton Housing Trust (BHT)

01273 645400
advice@bht.org.uk
www.bht.org.uk

Provides practical and preventative services, advice, information and guidance on housing issues.



PARENTING & FAMILIES

Mosaic

01273 234017
info@mosaicbrighton.org.uk
<https://www.facebook.com/mosaicbrighton/>

A community organisation of black, minority ethnic and mixed parentage families and individuals.

Amaze

01273 772289
helpline@amazebrighton.org.uk
www.amazebrighton.org.uk

Information, advice & support to parents/carers of children and young people with special needs or disabilities. See page 13.

Family Lives

0808 800 2222
familysupport@familylives.org.uk
www.familylives.org.uk

A national charity, that provides free and confidential information and support for families.

Rainbow Families

brightonrainbowfamilies@gmail.com
www.rainbowfamilies.org.uk

An informal social group supporting Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) parents and their children in Brighton & Hove.

Brighton Unemployed Centre Families Project

01273 671213 / 01273 601211

info@bucfp.org

www.bucfp.org

Provides practical support, education and services for the unemployed, pensioners, unwaged and those in poor housing or on low income.

FOR LONE PARENTS

Gingerbread

0808 8020925

www.gingerbread.org.uk

National support and advice service for lone parents.

FOR MEN

Families Need Fathers

0300 0300 363

fnf@fnf.org.uk

www.fnf.org.uk

Support with maintaining a child's relationship with both parents during and after family breakdown.

FOR WOMEN

Brighton Women's Centre

01273 698036

info@womenscentre.org.uk

www.womenscentre.org.uk

Offers a wide range of services to local women and families in Brighton & Hove, including counselling, a drop-in service, and personal development courses.



Brighton Oasis Project

01273 696970

info@brightonoasisproject.co.uk

www.oasisproject.org.uk

Supporting women who have a drink or drug problem, offering a non-judgemental approach and empowering them to make positive changes.

Rise

01273 622828

info@riseuk.org.uk

www.riseuk.org.uk

Helping people affected by domestic abuse. Practical solutions, shelter and support in Brighton, Hove and Sussex. If you need immediate help, call the National Domestic Violence Helpline on 0808 2000247. If you are in danger, call 999.

Threshold Women's Counselling

01273 929471

threshold@bht.org.uk

www.bht.org.uk/services/mental-health-wellbeing/threshold/

Local drop-ins and individual counselling services for women experiencing mental ill health and emotional distress.

**Eating out?
Quick snack?
Takeaway?**



Look out for the Healthy Choice logo!



family grapevine



Checkout out the **Summer / Autumn 2020 Issue** online!

For families of all ages...
local information & lots of fun ideas to plan your summer holidays!



- Competitions
- Places to Visit
- Events
- Holiday Activities
- Camping in Sussex

www.thefamilygrapevine.co.uk/brighton-hove



RE-OPEN FROM 25TH JULY
TICKETS NOW AVAILABLE
WWW.BRIGHTONOPENAIRTHEATRE.CO.UK

Thank you for recycling!



All plastic bottles

Cans, tins, aerosols
& metal jar lids

Paper & cardboard

No plastic pots, tubs and trays, plastic bags or any other materials please



All glass bottles and jars

Please separate glass
from your other recycling

Visit our
A-Z of
recycling at

[brighton-hove.gov.uk/
recycling](http://brighton-hove.gov.uk/recycling)

Love our city