

CareLink Plus

Support for managing epilepsy

Do you experience epileptic seizures and have concerns about accessing help in an emergency? CareLink Plus can provide telecare equipment so help is there when you need it.

Telecare is the name given to assistive technology which can help you to live safely and independently in the community. Telecare devices are installed in addition to the CareLink Plus alarm unit and pendant alarm button. All telecare equipment is supported by the CareLink Plus control centre, 24 hours a day, 7 days a week.



The **bed epilepsy sensor** senses your movement, breathing and heart beat and can detect the changes that take place when a seizure is occurring. The sensor monitors you whilst you are sleeping and will raise an alarm when the sensor detects you are having a seizure. It is able to distinguish between normal movements and epileptic seizure.

The bed epilepsy sensor is a slim pad, which is placed underneath your mattress which should not disturb your comfort or sleep. The device can be switched off when required.

The **wrist worn epilepsy sensor** is worn on your wrist like a watch and is activated by the effects on your body when you experience tonic-clonic or grand mal seizures. It is ideal for daytime use and can be combined with the bed epilepsy sensor. This device will monitor you and raise an alarm if you have a seizure within your home, day and night. This provides an important sense of reassurance and confidence that help will be there for you when you need it.



The intelligent **falls pendant** is a lightweight pendant worn on a cord around your neck that allows you to press a button to generate an alarm call if you need to, from anywhere within your home. It provides an added layer of protection by automatically generating an alarm call if a fall is detected.

If you have an unconscious fall during a seizure the pendant will raise an automatic alert in response to movement and changes in air pressure.

Telecare devices are provided to meet your individual needs to help you manage your epilepsy.

CareLink Plus officers will visit you at home to carry out a thorough assessment of your needs, and your property, to establish the best package of support for you. Equipment provided will be tested to ensure it will function correctly.

How does the system work? When triggered, an epilepsy sensor, falls detector or pendant alarm button will activate the CareLink Plus unit. This will use your telephone line to open up a call where you can speak to our highly trained staff who will talk to you through the unit and arrange the help you need.

If you have a carer supporting you at home, telecare sensors can activate a pager system carried by your carer to alert them first to any problems. A device called a pillow shaker can also be used to wake your carer at night in response to any alarm calls generated.

Benefits to users You will have the reassurance of knowing that should you have a seizure or unconscious fall, an automatic alarm call will be sent to the CareLink Plus 24hr monitoring centre, or to your onsite carer, ensuring you receive the

help you need. These sensors can alleviate the need for carers to check on you during the night and positively contribute to your independence and quality of life.



Benefits to carers Your carers can have the peace of mind of knowing that you have a support system in place, day and night. During the night your carer need only be woken should assistance be required, allowing them reassurance and a peaceful nights sleep.

Contact CareLink Plus for further information or to arrange for a home assessment
Tel 0300 123 3301
email Carelinkplus@brighton-hove.gov.uk
or via our website
www.brighton-hove.gov.uk/carelinkplus

Deaf or hearing impaired callers can text on 07908 823134.



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Translation? Tick this box and take to any council office

- ترجمة؟ ضع علامة في المربع وخذها إلى مكتب البلدية. Arabic
- অনুবাদ? বক্সে টিক চিহ্ন দিয়ে কাউন্সিল অফিসে নিয়ে যান। Bengali
- 需要翻译? 请在这方格内划勾, 并送回任何市议会的办事处。Cantonese
- ترجمه؟ لطفاً این مربع را علامتگذاری نموده و آن را به هر یک از دفاتر شهرداری ارائه نمایید. Farsi
- Traduction? Veuillez cocher la case et apporter au council. French
- 需要翻译? 请在这方格内划勾, 并送回任何市议会的办事处。Mandarin
- Tłumaczenie? Zaznacz to okienko i zwróć do któregoś z biura samorządu lokalnego (council office). Polish
- Tradução? Coloque um visto na quadrícula e leve a uma qualquer repartição de poder local (council office). Portuguese
- Tercümesi için kareyi işaretleyiniz ve bir semt belediye bürosuna veriniz Turkish
- other (please state)

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