SUMMER Fun 2018

A guide to childcare, sport, play events and activities for children and young people throughout the summer holiday

Brighton & Hove City Council

Brighton Marina Summer Events

All events can be found in Marina Square, unless stated otherwise.

FREE!

June-December

THE BRIGHTON MARKET

The first Sunday of every month. Find unique local products and produce, plus music and family activities.

FREE!

July-August

MR DILLY'S WORLD OF WONDER

Join us for some fantastic interactive live theatre storytelling! Every Wednesday during the school holidays, (excluding 29th August) 11am, 1pm & 3pm.

FREE!

2nd-15th July

WIMBLEDON BIG SCREEN

Presenting 2 weeks of Wimbledon, watch the actionin Marina Square!

FREE!

12th July

OPERA - DON GIOVANNI

A special live screening of the gripping story of Don Giovanni. 7pm-10.30pm.

FREE!

August

SUMMER BASKETBALL

Every Friday in August, come on down to the Marina to hoop and take part in multi skill sessions for all ages!

Coming Soon

THE LAWN RETURNS

Watch out for the return of the artificial lawn area in Marina Square.

For more info check out brightonmarina.co.uk

BRIGHTON MARINA

SUMMER

Welcome	02
Have fun and be safe	04
Summer holiday childcare	06
Holiday playschemes	08
Additional needs	18
Our parks	26
Summer Fun map	30
Get Active!	32
Freedom Leisure Breakout	37
Sport camps and courses	42
School places	48
Libraries	50
Save money on childcare	52
Council-run nurseries	56
Road safety and cycling	58
Children's Centres	60
Financial help	62
Providing Access to Childcare and Employment (PACE)	64
Useful contacts	68

Summer Fun is brought to you by Brighton & Hove City Council.

Sign up to receive fortnightly information and updates from Brighton & Hove City Council sent directly to your inbox.

Go to **www.brighton-hove.gov.uk/councilnews**

Brighton & Hove City Council

Welcome to Summer Fun

There's no excuse for being bored in Brighton & Hove this summer!

Our Summer Fun guide is packed with information about events, activities and holiday clubs across the city, designed to keep children and families happy and healthy throughout the summer season.

From library reading schemes to sports camps, woodland walks to free swimming, families will be spoilt for choice!

The council's Healthy Lifestyles Team will be out and about encouraging everyone to get active with events in parks and weekly healthwalks. For more details about dates, times and locations please contact the Healthy Lifestyles Team on 01273 294589 or e-mail healthylifestyles@brighton-hove.gov.uk

The annual TAKEPART Festival of Sport and Physical Activity is always popular and offers hundreds of free events and activities for all ages. This year's

Festival will be on The Level on Saturday 23 June. See pages 34-35.

If you fancy travelling out of the city, check out the Fishers Adventure Farm Park (back page) for a chance to win one of five family tickets to its 'Summer of Fun' events.

Why not take a picnic or treat the kids at one of the park cafés? Our beautiful parks, playing fields and open spaces offer some the best places for families to enjoy summer days in the city. See pages 26-29.

Head to the seafront where our water play areas at Hove Lagoon, West Pier and Madeira Drive provide the perfect places to cool down on sunny summer days.

For parents and carers there's important safety advice on pages 4-5, while pages 18-23 are dedicated to children and families with additional needs.

Additional information on financial help, free childcare, children's centres and applying for a school place means the guide will still be useful long after the kids have gone back to school!

Enjoy the summer!

children ♥ art...

...unlock their creative potential with our unique and inspirational art courses and workshops

Artroom Brighton is an art school for children and young people with a passion for art and creativity. We believe that every child is capable of exceeding their own artistic expectations.

Daily workshops from:
Monday 23rd July - Friday 10th August
£33 per day 9am-3pm
Different workshops every day
Themes include Star Wars, Pokemon, Manga, Harry Potter and Dr Seuss

"Artroom provides a fabulous opportunity for children to develop their art."
Mrs S. Cattanach - Head Teacher
Brighton & Hove High School for Girls Juniors

Fully qualified teachers with current CRB checks and first aid training

For more information call
01273 240308

as featured in theguardian THE sunday TIMES The Daily Telegraph

artroom BRIGHTON
courses@artroombrighton.co.uk
www.artroombrighton.co.uk

Planet Earth Museum

Play Zone

Paradise Gardens

Exchange this advert for a FREE child admission with full paying adult

Valid to 31-08-19
Terms apply

PARADISE PARK

Avis Road, Newhaven, East Sussex
BN9 0DH 01273 512123
www.paradisepark.co.uk

Have fun and be safe

When you are leaving your child at a holiday playscheme or activity group, you want to be confident that they will be safe and well cared for.

The holiday playschemes listed on pages 8-16 are all registered with Ofsted, and checks are made as part of the registration process. To find out more about Ofsted, visit www.ofsted.gov.uk

It is important to note that many activity providers are not Ofsted registered. You might want to ask some of the following questions before deciding to leave your child with an activity provider:

- Are you registered with Ofsted?
- Will a qualified First Aider be present at all times?
- Are your staff checked with the Disclosure and Barring Service (DBS)?
- What appropriate experience, training & qualifications do the staff have?
- What policies do you have in place? (for example are there Child Protection and Health & Safety policies)
- How will staff make sure that all children are included?

Trust your instinct! If you don't feel comfortable about an activity provider, don't use them.

The NSPCC produce some useful guides that you can download about keeping children safe. Their "Out Alone" guide provides advice and tips on preparing children for being out on their own and taking part in sports or holiday activities. You can also download their online safety checklist which contains tips and advice to help you have conversations with your child about staying safe online. www.nspcc.org.uk/parenting

If you have concerns about a child or children being at risk, contact Brighton & Hove City Council's Front Door for Families on 01273 290400.

Magic Moves

SUMMER DANCE WORKSHOPS

AGES 8-16

Creative Contemporary Dance and Choreography, Afro-Brazilian dance and Bollywood-Bhangra dance

AGES 2-7 MAKE & MOVE

Make fun props and create dances with them. Themes include pirates, superheroes, and fairytales.

CONTACT US OR VISIT OUR WEBSITE FOR DATES AND TIMES OF ALL OUR HOLIDAY WORKSHOPS AND TERM-TIME CLASSES

01273 600126
magicmovesdance@btinternet.com
www.magicmovesdance.com

The Fashion School
More than just a sewing school!

Summer Holiday Workshops in Brighton
6-12 year olds : Get creative, learn new skills & make new friends. Beginners welcome

9 - 13 July : Make a Summer Dress
16 - 20 July : Design & Sew a Playsuit + more!
30 July - 3 Aug : Pattern & Sew your own outfit!
6th - 10th Aug : House of Denim
13 - 17 Aug : Make a Summer Dress
27 - 31 Aug : Teenage Fashion Week

PLUS
20 - 31 Aug : Brighton & Hove Prep, BN3 6NH
Learn to sew your own outfit and show it off at our Fashion Show!

10am - 3pm, Mon - Fri
www.thefashionschool-uk.com
69 North Road, Brighton, BN1 1YD
info@thefashionschool-uk.com 01273 911784

Summer holiday childcare

On the following pages, you will find details of Ofsted registered holiday playschemes. The online Family Services Directory lists all the different types of childcare that are available. Visit www.familyinfobrighton.org.uk

Playschemes

If you want your children to have a wide range of activities to keep them busy, then take a look at the playschemes listed on the following pages. Opening hours vary and not all schemes open for all of the holidays, so make sure that the scheme meets all your needs before booking.

Childminders

If you would prefer a home-based environment, some childminders can offer holiday childcare. This can be a good option if you need more flexible childcare, work long hours, or have more than one child that needs caring for.

At Home Childcarers

This is an option if you want an Ofsted registered childcarer who can come to your home. This is a good choice if you work unusual hours, have more than one child needing care, or require emergency care.

Need extra help?

If you can't find the childcare you need, contact one of our advisers
01273 293545
familyinfo@brighton-hove.gov.uk

Pied Piper Activities...

...creating wonderful childhood memories

Pied Piper Holiday Activities 2018

Mega summer holiday fun for 4-14 year olds

Brighton College Pre-Prep, Westdene School, Lancing Prep Hove

Sports Coaching camp at Lancing College

www.piedpiperactivities.co.uk

Activities4kids.co.uk

All of our Kids activities under one roof...

In partnership with WetWetWet Swim School
Email: info@activities4kids.co.uk
Tel: 01273 256354

Holiday Camps
Daily or Weekly bookings available.
We are open EVERY school holiday.
Activities are indoor & outdoor &
often include swimming fun!

Parties!
Learn to swim
First-aid courses for children

Activities 4 Kids, formerly known as RUN School

Holiday playschemes

All schemes run Monday to Friday (excluding bank holidays) unless otherwise indicated. The numbers relate to the map on pages 30-31, so you can easily find the playscheme's location.

1 Acorns Summer Holiday Fun Club

Westmeston Parish Hall, Lewes Road, Westmeston, (nr Ditchling), BN6 8RL

www.theacornsnurseryandforestschool.com

Fun-filled adventure days and forest school activities in Sussex countryside.

Dates	23 July – 17 August
Times	9am – 5pm, half days available
Ages	2 – 11
Cost	Please see registration form on the website
Tel	01444 455081
Email	janetirwin@janetirwin.com

2 Amigos 2018 Summer Club

Cornerstone Community Centre, Church Road, Hove

www.amigospreschool.co.uk

Amigos Multi Cultural Pre School's Summer Club 2018 - Activities and play: art, craft, cooking, baking, indoors, outdoors, garden, games, music, movement, singing, stories and more. Everyone welcome.

Dates	23 July – 17 August
Times	9.15am – 12.15pm (Mon-Fri)
Ages	2 – 5
Cost	£19 per child, £15 each additional child and low income families
Tel	01273 011014/07548 700897/07835 635955
Email	hello@amigospreschool.co.uk

3 Boomerang Kids

Saltdean Barn, Saltdean Oval Park, Arundel Drive West, Saltdean

As well as the summer scheme - Holiday Club, Boomerang Kids caters for all year round care and education for children aged 0 –11

Dates	25 July – 30 August
Times	8 – 6 pm, Standard day, 9am – 3.30pm, early start and late finish available
Ages	2 – 11
Cost	Special offer for over 5's £25. Contact Boomerang for more information
Tel	01273 390900
Email	info@boomerang-kids.co.uk

4 BonjourKidz French Holiday Club

Balfour Primary School KS1, Balfour Road, Brighton

A Holiday club with a twist… Children will be experiencing a French life with games, art & craft, cooking, role play… outdoors & Indoors. All levels of French welcome. Every day is different, no pressure just lots of fun.

Dates	25 July – 3 August
Times	9am – 3.30pm (8.30am to 4pm with arrangement)
Ages	4 – 10
Cost	£28/day, £125 full week, sibling discount
Tel	01273 921821
Email	info@bonjourkidz.com

WEST END EXPERIENCE

WORKSHOP SUMMER SCHOOL

WITH WEST END PROFESSIONALS!

Train with the West End Professionals and then perform alongside them in the end of week concert

Week 1

Tues 7th Aug - Sun 12th Aug 2018
9.45am-5pm - Brighton Summer School (7-21yr olds)

Thurs 9th Aug to Sun 12th Aug 2018
9am-3pm - Brighton Summer School (4-6yr olds)

Week 2

Tues 21st Aug - Sun 26th Aug 2018
9.45am-5pm - Brighton Summer School (7-21yr olds)

Thurs 23rd Aug to Sun 26th Aug 2018
9am-3pm - Brighton Summer School (4-6yr olds)

To book call: 01273 733736

bookings@westendexperience.com • www.westendexperience.com

Class Of Their Own

The Ultimate Summer Holiday Clubs for Children Aged 4 to 11

A unique combination of freely chosen play and stimulating structured activities

In our Holiday Clubs You'll find....

- Creative Arts & Crafts
- Group Games
- Indoor Games & Toys
- Outdoor Fun & Games
- Sports
- Cooking
- Quiet Areas
- And much more!

95% of Parents and Carers judge our activities to be good or excellent

Ofsted Outstanding Provider

The majority of our Holiday Clubs are rated **Outstanding** by **Ofsted**

Give your child the chance to PLAY by using the discount code SummerFun for 50% off your first booking*

*This discount is only for children that have never attended any of our clubs before and will only be accepted on new bookings.

www.classoftheirown.com

ClassOfTheirOwnClubs COTOClubs ClassOfTheirOwn

Class Of Their Own

Class Of Their Own Holiday Clubs empower children aged 4 to 11 to fulfil their individual needs by exploring through age appropriate play designed to inspire and amaze.

At our clubs, your child will experience a combination of freely chosen play and activities in our eight Play Explorer Zones and through our planned programme of activities. Your child will have access to a huge range of indoor and outdoor play resources and activities which aren't always readily available at home – from arts and crafts to group games and much more. Children starting school in September can join the Holiday Club once they are four, giving them an opportunity to experience the school environment and make friends prior to starting in September.

For all clubs, the following details apply:

Dates Wednesday 25 July to Friday 31 August

Times Standard day 8.30am – 3.30pm. Clubs open from 8am until 6pm, additional hours can be booked as required. Sibling and weekly discounts apply.

Cost Standard day – First child £28.50, Siblings £26.50
Extra hours (8am start/3.30pm/4.30pm/5.30pm/6pm finish) – £4.00
Weekly rate (5 consecutive days) - £125

Tel 01273 733337 **Email** bookings@classoftheirown.com

For more information, booking and payment details, see www.classoftheirown.com

5 @ Fairlight

Fantastic club with a warm welcome, off Lewes Road, Brighton. Ideal for those in central Brighton. Ofsted outstanding.

6 @ Stanford

Conveniently located between Brighton & Hove with a spacious hall and a friendly welcoming team. One of our smaller clubs providing a friendly, intimate feeling. Ofsted outstanding.

7 @ Peter Gladwin

Hidden away in Portslade but worth the journey! The club is based in a school hall with access to a separate area for the juniors. Excellent outside space with large playing field. Ofsted outstanding.

8 @ Hove Juniors

Due to building work at Brunswick, our Holiday Club is moving to Holland Road with a fabulous hall, friendly team and huge outdoor space. This club will be busy - early booking advised. Ofsted good.

9 @ Hove School

Formerly West Hove, a bright spacious hall and excellent outside facilities which children love. Ofsted good.

10 Extratime Play Scheme

Hillside School, Foredown Road Portslade BN41 2FU

www.extratimebrighton.org.uk

Our summer play scheme is running (at Hillside School in Portslade) for children aged 4 to 11 in full time education. Our fun and caring team support children with and without additional needs and disabilities as they play games, join activities, go on trips and much more!

Dates	30 July – 24 August
Times	8.45am – 3.30pm or 5.30pm
Ages	4 – 11
Cost	£21 (to 3.30pm) or £24.50 (to 5.30pm)
Tel	01273 420580
Email	hello@extratimebrighton.org.uk

11 Elm Grove The Terriers Playscheme

Elm Grove Primary School, Elm Grove, Brighton

Days out and lots of play. Mornings are busy and could involve cooking and team games, afternoons are more tranquil including art/craft, sewing, crochet, knitting. There are role play areas, outside water fun and pond dipping.

Dates	25 July – 24 August
Times	8am – 6pm (short day 9am-3pm)
Ages	4 – 11
Cost	£25 full day (£19 short day) Early bird discount available, to be booked and paid by the 8 July (£22 full & £16 short)
Tel	07748 821786
Email	egoosc@elmgrove.brighton-hove.sch.uk

Timetable available on request from July

12 Goldstone Summer Playscheme

Laburnum Avenue, Hove

www.goldstoneprimary.co.uk

The scheme offers a range of indoor and outdoor activities including sports, arts & crafts and film shows.

Dates	30 July – 24 August
Times	Full day 8am – 5.30pm medium day 8am – 3pm short day 10am – 3pm
Ages	4 (if child attending school) – 11
Cost	£17 short day, £22 medium day & £27 long day 20% Sibling discount available
Tel	01273 294851
Email	janepaynter@goldstone.brighton-hove.sch.uk

13 Honeycroft

St Barnabas Hall, Sackville Road, Hove

www.honeycroft.co.uk

Each week is themed with a pre-programmed range of activities, free play and variety of visits including our popular weekly cinema trip.

Dates	25 July – 18 August
Times	9am – 3pm standard day, 8am – 6pm full day
Ages	5 – 11
Cost	£25 standard day (9am – 3pm), inc cooked lunch and snacks £3.45 per additional hour
Email	crechemanager@honeycroft.co.uk
Tel	01273 220323

14 Longhill Holiday Activities Club

Longhill Sports Centre, Longhill School, Falmer Road
www.longhillsportscentre.co.uk
Fun activities including sports and games along with arts and crafts and fun sessions on the bouncy castles.

Dates	30 July – 31 August
Times	8am – 3.30pm, 6pm late finish and half days available
Ages	5 – 12
Costs	£22.50 standard day, £12.50 half day, Sibling discounts
Tel	01273 391683
Email	longhillsportscentrestaff@longhill.org.uk

15 Brighton & Hove Montessori Holiday Club

67 Stanford Avenue, Brighton
www.brighton-montessori.org.uk
Caring environment, with lots of arts and crafts, outdoor and indoor games, access to garden and trips to the local park.

Dates	25 July – 10 August
Times	9am – 1pm or 9am – 5pm
Ages	3 – 11
Cost	£19 per morning, £32 full day
Tel	01273 702485
Email	info@brighton-montessori.org.uk

Pied Piper Activities

www.piedpiperactivities.co.uk

Multi-activity camps where fun and adventure can be had every day, provided by meticulously selected & trained staff that make the children's experiences truly special and memorable.

16 @ Brighton College Pre-Prep & Nursery, Eastern Road, Kemp Town

Dates 30 July – 17 August
Times 9.30am – 4.30pm. Early start and late finish available
Ages 4 – 12
Cost £139.50 per week

17 @ Westdene School, Bankside, Brighton

Dates 30 July – 17 August
Times 9.30am – 4.30pm. Early start and late finish available
Ages 4 – 12
Cost £139.50 per week

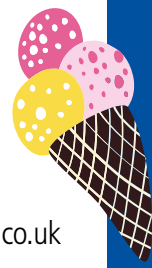
18 @ Lancing Prep Hove The Droveway, Hove

Dates 30 July – 24 August
Times 9.30am – 4.30pm. Early start and late finish available
Ages 4 – 12
Cost £139.50 per week

19 Pied Piper Sports Camp @ Lancing College, Lancing

Sports camp with netball, hockey, cricket or football sports coaching in the morning and then activity afternoons to include swimming, archery, tennis, cycling and field games.

Dates 20 – 24 August
Times 9.30am – 4.30pm. Early start and late finish available
Ages 9 – 14
Cost £165 per week



For all Pied Piper Activities:

Tel 01273 504485
Email victoria@piedpiperactivities.co.uk

20 Starfish Kids Club

Venues in Hove, see website:
www.starfishkidsclub.co.uk
Starfish is a non-profit childcare provider offering a safe and stimulating environment with an emphasis on free play as well as a variety of workshops and activities every day including:
den building / arts & crafts / cooking /tennis / weird science / rounders / bug hunts / fashion design / music and much more!

Dates 30 July – 24 August
Times 8.30am – 5.30pm
Ages 4 – 11
Cost £18 - £32 per day
Tel 07941 525291
Email info@starfishkidsclub.co.uk

21 Supercamps

Brighton & Hove High School Radinden Manor Road, East Sussex. BN3 6NH
www.supercamps.co.uk
Supercamps have been entertaining children at their activity camps for 21 years. We have our multi-activity camp running the whole summer and new for 2018 is our A Passion for LEGO® Play course for two weeks in August!

Dates 16 July – 30 August
Times 9am – 5pm, early start and late finish available.
Ages 4 – 12
Cost £45 per day, £199 per week
Tel 01235 467300
Email info@supercamps.co.uk

22 Tarner Community Project

Tarner Park, Sussex Street, Brighton
www.tarner.org.uk

Dates 25 July – 29 August
Times 8.30am – 5.30pm
short day 10am – 3.30pm
Ages 4 – 11
Costs 8.30am – 3.30pm with breakfast £25.50
10am – 3.30pm £20
8.30am – 5.30pm with breakfast and tea £32.75
Tel 01273 679940
Email kiki@tarner.org.uk

23 WASP

City Academy Whitehawk, Whitehawk Rd
www.impact-initiatives.org.uk
Charity-run playscheme providing fun activities and trips out for primary school aged children. Activity programme available.

Dates 31 July – 18 August
Times 8.45am – 5.30pm, short day also available
Ages: 5 – 11
Cost Please contact us for costs
Tel 07919 442 633
Email wasp@impact-initiatives.org.uk

Not Ofsted registered

Outdoor Project Summer Holiday Clubs

Various locations, see website
www.theoutdoorsproject.co.uk
Our all-weather, outdoor clubs take place in local parks and at our Farm Base Camp in Ditchling.

The children will be busy with different activities running every day, making friends, enjoying the outdoors + developing new skills.

Activities include: bush craft / fortnite special / man hunt / survive jurassic island! / gangsta granny heist / water day / tomb raiders / mega games day / nerfageddon / minecraft vs wildcraft / crusaders & invaders games day / the farm build / the bfg workshop

Dates	23 July – 24 August
Times	various
Ages:	5 – 12
Cost	£30-£35
Tel	01273 733981
Email	info@theoutdoorsproject.co.uk

Additional needs

Fun things to do and advice and support when you need it.

Free and discounted activities

Amaze provides the Compass Card in Brighton & Hove and West Sussex, a leisure discount card for children and young people aged 0 to 25 with disabilities or special educational needs (until 25th birthday). In Brighton & Hove, the card offers free or discounted entry to venues across the city including:

- Free swimming for the card holder and up to four others
- Free fitness sessions for 12 to 15 year olds and free gym for 16 to 25 year olds
- Free CDs, DVDs and audio books to borrow at the city's libraries
- 10% discount on taxi fares from Brighton & Hove Radio Cabs and City Cabs
- Special offers on shows at local venues: Brighton Dome and Festival, Komedia, Theatre Royal Brighton, The Old Market and the Attenborough Centre for Creative Arts (ACCA)
- Card holders over 18 not studying benefit from Student fares on the Keycard from Brighton & Hove Buses
- Deals at farms, cinemas, museums, Sea Life, Paradise Park and more

For the latest Compass Card offers, download the free Compass Card app. Search 'compass card' in the App Store or Google Play and choose the Brighton & Hove version. The app lists all the Compass Card offers and you can search, filter and map them. You can also find this information on the offers page of the Compass Card website at **www.compasscard.org.uk** If you have any queries about the Compass Card, call the Amaze helpline on **01273 772289.**

Cherish schemes day April 2017

Cherish Teenage and Young Adults Schemes

Cherish is part of Brighton & Hove City Council's Integrated Children's Development and Disability Team. The schemes are minibus based days out, catering exclusively for teenagers and young adults with learning disabilities aged 16 to 25. Parents can self-refer, or bookings and funding can come via a named social worker. All staffing is 1:1, and teams are staffed exclusively from Disability Team term time services.

Cherish also run term time dedicated youth clubs and the Young Adults (transition) Service.

Summer scheme details

Dates Tuesday – Friday, 31 July – 24 August (bookings from 2 July)
Cost £29 per day (DLA rate) or £45 per day (Individualised budget rate)
Tel 01273 295171 / 295530
Email chris.kerridge@brighton-hove.gov.uk

Extratime Holiday Schemes

Established in 2013, Extratime is an award-winning charity, providing specialist support for children and young people with and without disabilities to have fun, try new things and socialise at inclusive after school clubs and holiday schemes. Our friendly team are experienced in supporting children and young people with a variety of needs and ensuring they have a fantastic time! Find out more www.extratimebrighton.org.uk

Extratime Youth – Holiday Scheme

Our Summer Youth Schemes are running at Woodingdean and Portslade for young people with additional needs aged 11 to 18 in full time education. At our schemes, young people have the opportunity to get involved in a variety of activities, workshops and trips and hang out with their friends.

Dates 30 July – 24 August
Times 8.45am – 5.30pm
Ages 11 – 18
Cost £25.50 per day
Tel 01273 420580
Email hello@extratimebrighton.org.uk

Whoopsadaisy

Whoopsadaisy aims to develop physical skills, independence, confidence and self-esteem of children with physical disabilities such as cerebral palsy and other motor disorders with the method of Conductive Education.

The Parent and Child groups are for young children with physical needs, aged from 0 to 5 years. The children attend sessions with their mum, dad or carer once or twice a week term time only. It is hands on for parents so they

learn how to help their children in their everyday life at home.

The emphasis is on developing physical skills however they also focus on sensory, social and communication skills. The sessions are fun, with singing, games and creative activities, in a playful, friendly atmosphere.

We hold an open week on the week beginning 6 August when we offer a visit to families with children under 5 who experience a concerning delay in their physical development or who already have a diagnosis that is linked to physical development. During their visit the families are able to see how we work and have an assessment done.

To arrange a visit please call Woopsadaisy on 01273 554178.

Whoopsadaisy Pavilion,
Preston Park, Preston Road,
Brighton BN1 6HN

All Terrain Beach Wheelchairs

These wheelchairs are free and available to use and enjoy on the beaches of Brighton & Hove. On collection, you will be required to complete a booking form and pay a refundable deposit.

Your own wheelchair can be stored safely while you use the beach wheelchair. For opening times please contact the seafront office on 01273 292716 or go to **www.brighton-hove.gov.uk/seafront**

Advice and support

The Local Offer

All local authorities must provide clear and accessible information about the local provision for children who have special educational needs and/or a disability, up to the age of 25. This is known as the **Local Offer.** The Local Offer helps you find up-to-date information and local services for children and young people including early-years settings, schools, colleges and health and social care services. It also explains what you're entitled to, eligibility criteria and how to access or be referred to a service.

All of this information is available online and in one place. Visit www.brighton-hove.gov.uk/localoffer

Amaze

Amaze is a charity that works with families of children and young people with special educational needs and disabilities (SEND) in Sussex. By families, we mean parent carers and children and young people 0-25 (our direct work with young people is from about 14) In Brighton & Hove Amaze offers information, advice and support on anything to do with SEND for parents and young people through a website, factsheets and a helpline.

The helpline is open Monday to Friday 9.30am to 2.30pm but you can leave a message anytime. Amaze can give one to one advice and support especially on education issues and disability benefits. They have a befriending service for parents and peer support activities for young people. They run some workshops and groups. They also provide the Compass Card see page 18. Amaze hosts PaCC, the local parent carers council, where

parent carers come together to have a voice on the issues that matter to them and their children.
01273 772289
info@amazesussex.org.uk
www.amazesussex.org.uk

The Integrated Child Development & Disability Team,

based at Seaside View Child Development Centre. Within the team at Seaside View there are specialist social work family support services for children with severe learning/physical disabilities and with moderate learning difficulties where there are significant mental health needs or challenging behaviour.

They aim to provide support, advice and practical help to disabled children, young people and their families. This includes outreach and direct payments services, residential respite care, family based respite. All services are subject to a needs assessment.
01273 265780

Extra support with finding childcare

The Family Information Service (FIS) can offer additional help to parents of children with special needs. They can help parents find out what they are entitled to, what childcare is available, and support them in accessing that childcare. Call 01273 293545, or email familyinfo@brighton-hove.gov.uk

Additional Early Years Support Funding

Previously called the Childcare Inclusion Fund, the funding is available to make childcare possible for children with SEND and can pay for things like additional staff support and specialist equipment. The funding is available for three and four year olds who are in receipt of 15 or 30 hours free childcare.

Disability Access Fund

This is a one-off payment made to childcare providers for three and four year olds with SEND who are in receipt of 15 or 30 hours free childcare. It is designed to help children to access their early years place, for example to make adjustments to the childcare setting, or to pay for staff training to meet a child's specific needs.

For more information about both types of funding speak to your childcare provider, visit www.familyinfobrighton.org.uk, or call the Family Information Service on 01273 293545.

WE ARE BEEZEE BODIES

Hello!

We exist to help families to make small changes to live healthy lives.

We'll let you into a little secret – healthy doesn't mean only eating celery and lettuce, "YAY" I hear you cry. Believe it or not, healthy eating can include pizzas and cakes, and you can trust us because we are the experts! At BeeZee Bodies we believe that being healthy means you can get the most out of life and do the stuff you love to do – we like having fun so we want you to have fun too!

We run in early evenings and best of all; **IT'S FREE!** You get dedicated time with nutritionists and other fab BeeZee Bodies staff doing activities, cooking, making friends and learning about small changes to live healthy lives... for **FREE !** We have fun family programmes running across Brighton & Hove so **Call us now to find out more!**

Contact us
01273 041397
/beezeebodies
www.beezeebodies.com
hello@beezeebodies.co.uk
@beezeebodies

Brighton & Hove City Council

beezee bodies

Michelham Priory
House & Gardens

Home Front Weekend
Sat 16th & Sun 17th June

Barn Dance
Sat 22nd June

Demo & Dine
Sat 7th July

Classic Vehicle Show
Sat 14th & Sun 15th July

Archaeology Day
Wed 25th July

Sussex Guild Craft Show
Fri 3rd - Sun 5th August

Pirate & Princess Day
Wed 8th August

Outdoor Theatre
Sun 12th August

Wildlife Wednesday
Wed 15th August

Family Games Fest
Wed 22nd August

Medieval Weekend
Sat 8th & Sun 9th September

Michelham Priory, Nr Hailsham
BN27 3QS. Tel: 01323 844 224
www.sussexpast.co.uk

SUSSEX PAST

Spectacular science!
for everyone

With over 100 interactive exhibits set among the domes of a former world famous observatory, we have something to offer for all ages.

Open daily during the school summer holidays. Please visit the website for full details of all our summer events and activities including daily science shows and telescope tours, plus a fun and inspiring range of children's workshops*

*BOOKING ESSENTIAL FOR ALL WORKSHOPS

01323 832731 www.the-observatory.org

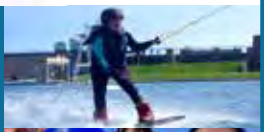
THE Observatory SCIENCE CENTRE AT HERSTMONCEUX

At a loss with what to do with your kids during the school holidays?

KIDS SUMMER ACTIVITY WEEKS

"It was amazing, highlight of my holiday"

@ HOVE LAGOON



Sailing
SUP
Wakeboarding
Windsurfing

Courses
Activity Weeks
Kids Parties
Kids Clubs

(01273) 42 48 42 **www.lagoon.co.uk**

KID'S FEST

AT STANMER

PROUD COUNTRY HOUSE
STANMER HOUSE

ACTION PACKED KIDS ACTIVITIES THROUGHOUT THE SCHOOL HOLIDAYS

INCLUDING ALL DAY KID'S CLUBS

CALL FOR DETAILS
01273 680400 OR BOOK ONLINE
WWW.STANMERHOUSE.CO.UK

The Level water fountains

Free fun in our parks

We are lucky in Brighton & Hove to have some truly splendid parks with a fantastic range of open space play areas all free to use.

Being outside is the perfect place for kids to have the freedom to shout, jump, run, hop or skip. Active outdoor play is an important part of children's development and health.

Most of our larger parks have cafés, providing food and drink and the opportunity to be social with other parents whilst the children play.

There are play areas in many of the city's parks but the biggest are at Hove Park, St Ann's Well Gardens, Preston Park, Queens Park and The Level. There are also play areas along the seafront, all with water play, at Hove Lagoon, West Pier and Madeira Drive.

Blakers Park
Blakers Park has a large number of features including a small friendly café, tennis courts and a recently renovated playground. The park also contains a distinctive Victorian clocktower.

Dyke Road Park
Dyke Road Park has a network of paths which wind through ornamental shrubs views of the sea. Café, toilets and playpark.

East Brighton Park
The attraction of East Brighton park is the feeling of open space. The wide open expanses of grass really give you an air of freedom, with local nature reserve Sheepcote Valley beyond. Café, toilets and playpark.

Easthill Park
Easthill Park has a large number of attractive features that include a beautiful walled garden, full of mature shrubs and herbaceous borders. Café, toilets and playpark.

Hollingbury Park and Woods
Placed along the Ditchling Road, Hollingbury Park has a large grass area and woodland walkways for those looking to take the dog out in a country setting. Café, toilets and playpark.

Hove Park
Hove Park covers almost 40 acres and features a mix of large areas of open grass, mature trees, flower beds, sports and play facilities. Café, toilets and playpark.

The Level Play Area

The Level

This popular community park was completely restored in 2013, following a successful bid to the Heritage Lottery Fund and Big Lottery Fund. Café, toilets and playpark & skatepark.

Preston Park

Preston Park is the largest urban park in the city. Whether you want to take part in sports or sit and enjoy a picnic on a summer's day, Preston Park is the perfect place to go. Café, toilets and playpark.

Queens Park

Set in a sheltered valley Queens Park is perfect if you want to take a short stroll and relax. Café, toilets and playpark.

St Ann's Well Gardens

St Ann's Well Gardens is a treat for the tree-lover it will appeal to young and old alike. A wide range of native and exotic trees give the gardens their unique character. Café, toilets and playpark.

Queens Park

St Ann's Well Gardens

Stanmer Park

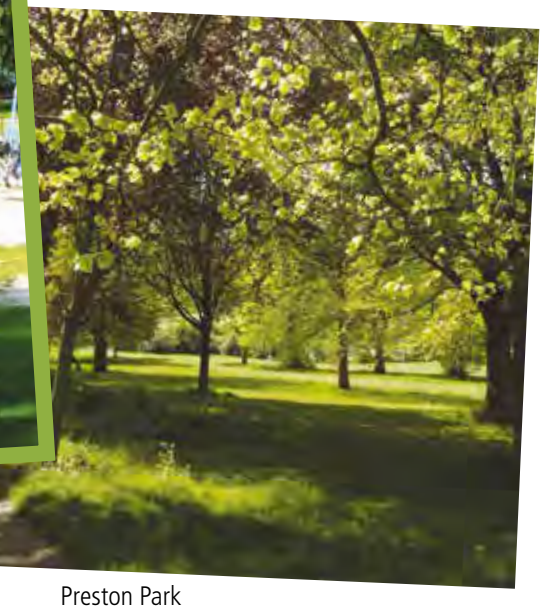
With its beautiful woodland walks and extensive open lands, Stanmer Park is just as perfect for a family picnic as it is for a kick about with your friends or those looking for a bracing walk over the Downs.

Saltdean Park

Saltdean Park, next to Saltdean Lido, is a lovely coastal park with adventurous play facilities, a range of outdoor gym equipment, new benches and lighting.

Stoneham Park

Stoneham Park features a children's playground, sporting facilities and a community café.



Preston Park

Wild Park

Wild Park is Brighton & Hove's largest Local Nature Reserve and has extensive woodland walks and spectacular views over the city.

Withdean Park

Withdean Park is a large informal space with good views of the South Downs. The park is popular with dog walkers and those with an interest in horticulture.

See the map on page 30 to check the location of all these parks.

You can find out more at www.brighton-hove.gov.uk/parks

shoozoo

Professionally fitted quality footwear for children

Hush Puppies
Start-Rite
Froddo
Ricosta
Angulus
Primigi
Bobux
Camper
Kickers
Skechers
Geox
Petasil
Superfit
Pediped

• expert fitting • easy parking
• loyalty scheme

35 Montefiore Road
Hove, BN3 1RD

Monday - Saturday
9.30am - 5.30pm

Tel: 01273 735896

www.shoozoo.co.uk

Find your summer fun

Use our handy map to locate the holiday playschemes listed on pages 8-17, as well as our Children's Centres listed on page 61.

KEY
1 Children's Centres (Details on p60 – 61)
1 Holiday Playschemes (Details on p8 –17)
Playgrounds
Skate Parks
Paddling pools
Rock pools
Stanmer Park
University of Sussex Sport Centre
A27
Falmer Sports Complex
Falmer Station
Wild Park
Moulsecoomb Station
4
Moulsecoomb Leisure Centre
A270
Farm Green
Bevendean
Saunders Park
Woodingdean
William Clarke Park
5
11
Race Hill
Sheepcote Valley
Queen's Park
7
14
3
Saltdean
Saltdean Park
23
22
6
East Brighton Park
16
Ovingdean
Kipling Gardens
A259
Rottingdean
Volks Railway
Yellowave Beach Sports Centre
Marina

Your healthy lifestyle

Get active this summer!

Brighton & Hove City Council's Healthy Lifestyles Team offer help and advice on all aspects of living a healthy lifestyle including being active, eating well, stopping smoking, drinking less alcohol and improving your wellbeing. Please get in touch with us if you have any questions or would like support towards living a healthy lifestyle.

The team organises activities for families and young people during the school holidays to keep your family active, provide information on local initiatives, and healthy living advice. The team will be delivering events during the school Summer Holidays from Monday 30 July – Friday 31 August 2018 such as:

Active Families
Activities for you and your family in various communities across the city including Walking Words activity in various libraries.

Young people programme
For ages 12+ including Girls Get Active and Street Games.

Working with Chomp
Delivering healthy living advice and fun activities.
www.chompbrighton.co.uk

Working with the Active Travel Team promoting the Meerkat Trail across the city
www.brighton-hove.gov.uk/meerkat-trail

For more details about dates, times and locations please contact the Healthy Lifestyles Team on 01273 294589 or email healthylifestyles@brighton-hove.gov.uk

Join the team during October half term (22 October – 2 November) for our Soup and Stomp events. Help prepare vegetables for a hearty soup which will be enjoyed after a Healthwalk around the local area. There will also be Halloween arts and crafts.

Did you know that the Healthy Lifestyles Team have more than 50 weekly activities taking place?

These range from walks to community sports sessions, that are suitable for all ages and abilities. We are also now offering monthly welcome sessions for those who may be less confident about starting to be more active.

Find out more in our Active for Life Programme. Download the latest Spring/Summer brochure www.brighton-hove.gov.uk/activeforlife

Or contact the team on 01273 294589 to request a brochure.

Activity Finder

Discover a huge range of local sports and activities across the city by visiting the online Activity Finder available on Brighton & Hove City Council's website.

Looking for a particular sport, dance or fitness activity? Or simply want to see what's on, when you have some free time?

With over 200 organisations adding their activities and events to the diary, it's the perfect place to find great opportunities in the city helping people of all ages lead active lifestyles.

Go to: www.brighton-hove.gov.uk/activityfinder

TAKEPART @ the Level

23 June

Saturday

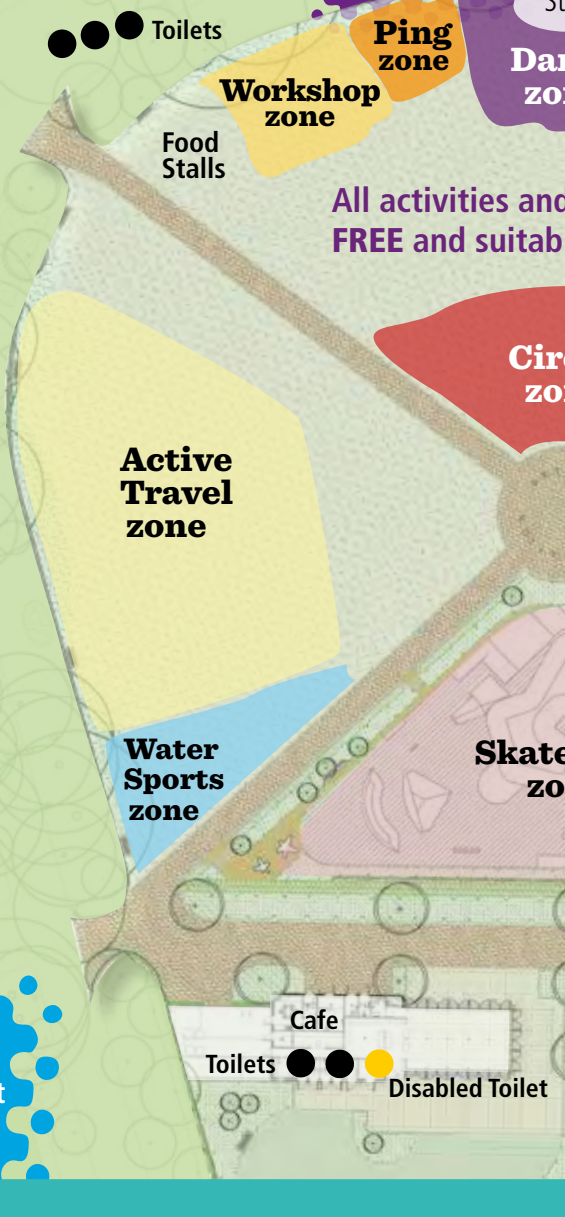
12noon – 5pm

There's a whole host of dance and activities showcased at TAKEPART with performances and also chances to join in and 'have a go' too.

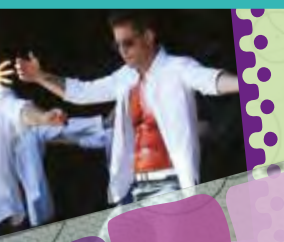
Simply turn up and take part in:

- A mass FunkFit session led by the legendary JP Omari, our stage host for the day (12noon)
- A Brazilian style carnival procession (12.30pm)
- Beginner skateboarding workshops
- Dance and exercise workshops
- Free yoga sessions
- Health and lifestyle checks

See our website for more details about the day.



#takepartBH
facebook.com/takepartfestival
www.brighton-hove.gov.uk/takepart
01273 294589



Yoga zone

Outdoor zone

Toilets

tage

nce ne

Freedom Leisure zone

d workshops are le for beginners.

cus ne

Field Sports zone

Healthy Lifestyles zone

Martial Arts zone

First Aid + Lost Child Point

e & BMX ne

Free swimming
for under 16s

Open to all residents of Brighton & Hove, register today at -
King Alfred Leisure Centre, Prince Regent Swimming Complex or St Luke's Swimming Pool. Free Swimming is available at the following public swimming times:

- **Monday-Friday from 3.30pm during state school term time**
- **Saturday and Sunday all day**
- **School Holidays** (Brighton & Hove state school holidays including inset days)
- **Bank Holidays**

For more details and to download an application form please visit www.brighton-hove.gov.uk/free-swimming

freedomleisure
where you matter

Brighton & Hove City Council

Holiday sports programme

The Breakout summer programme hits Brighton & Hove again this summer with lots of affordable activities to keep your children active. Here at Freedom Leisure Brighton and Hove we have teamed up with leisure partners across the city to bring the ultimate sports programme for children 3 – 14yrs.

This year we will be taking email bookings throughout June and emails will be dealt with on a first come first serve basis. Email Breakout@freedom-leisure.co.uk with your child's name, date of birth, the activities you would like to book and a contact telephone number. Multiple children can be booked in the same email. You can also add a suitable time for us to call you within office hours. We will deal with the bookings and call you back within two working days to take payment.

Payment will be required at the time of call to secure the booking. Places cannot be held. Our email can also be used to contact us if you have any questions regarding any of our activities.

Our telephone line will open 3 July 10am – 4pm for bookings, 01273 710555, places do get booked quickly so please take advantage of our email system. Further details, notes for parents & guardians on activities including venue addresses can be found on our website www.brightonbreakout.co.uk

Week 1 25/26/27 July

				Age	Cost	Family/ Junior Member	Leisure Card
Sports Day Camp	Withdean	25 July	9am-4pm	8-14	£25	£20	£15
Multisports	Portslade	25 July	9am-12 noon	5-7	£7.50	£7.50	£7.50
Multisports	Portslade	25 July	9am-12 noon	8-12	£7.50	£7.50	£7.50
Trampolining	Stanley Deason	25 July	10-11am	3-7	£7.45	£5.95	£4.45
Trampolining	Stanley Deason	25 July	11-12 noon	7-14	£7.45	£5.95	£4.45
Badminton	Stanley Deason	25 July	1.30-3pm	7-14	£6.50	£5.10	£3.80
Sports Day Camp	Withdean	26 July	9am-4pm	8-14	£25	£20	£15
Watersports	Lagoon	26 July	1-4pm	8-14	£43.70	£43.70	£43.70
Trampolining	Portslade	26 July	1-2pm	3-7	£7.45	£5.95	£4.45
Trampolining	Portslade	26 July	2.15-4.15pm	7-14	£14.90	£11.90	£8.90
Sports Day Camp	Withdean	27 July	9am-4pm	8-14	£25	£20	£15
Climbing	Withdean	27 July	10.30am-12 noon	5-14	£14.90	£11.90	£8.90
Gymnastics	Portslade	27 July	1-3pm	6-11	£10.00	£8.00	£6.00

Week 2 30 July - 3 August

				Age	Cost	Family/ Junior Member	Leisure Card
Sports Day Camp	Withdean	30 July - 3 Aug	9am-4pm	8-14	£25 a day £100 week	£20 a day £80 week	£15 a day £60 week
Multisports	Portslade	30 July	9am-12 noon	5-7	£7.50	£7.50	£7.50
Multisports	Portslade	30 July	9am-12 noon	8-12	£7.50	£7.50	£7.50
Multisports	Portslade	31 July	9am-12 noon	5-7	£7.50	£7.50	£7.50
Multisports	Portslade	31 July	9am-12 noon	8-12	£7.50	£7.50	£7.50
Mini Tennis	Preston Park	30 July - 3 Aug	9-10.30am	5-8	£31.20	£25	£18.70
Tennis	Preston Park	30 July - 3 Aug	10.30-12 noon	8-12	£31.20	£25	£18.70
Trampolining	King Alfred	31 July	9-10am	3-7	£7.45	£5.95	£4.45
Trampolining	King Alfred	31 July	10-12 noon	7-14	£14.90	£11.90	£8.90
Multisports	Portslade	1 August	9-12 noon	5-7	£7.50	£7.50	£7.50
Multisports	Portslade	1 August	9-12 noon	8-12	£7.50	£7.50	£7.50
Trampolining	Stanley Deason	1 August	10-11am	3-7	£7.45	£5.95	£4.45
Trampolining	Stanley Deason	1 August	11-12 noon	7-14	£7.45	£5.95	£4.45
Badminton	Stanley Deason	1 August	1.30-3pm	7-14	£6.50	£5.10	£3.80
Climbing	Wthdean	1 August	2-3.30pm	5-14	£14.90	£11.90	£8.90
Trampolining	Portslade	2 August	1-2pm	3-7	£7.45	£5.95	£4.45
Trampolining	Portslade	2 August	2.15-4.15pm	7-14	£14.90	£11.90	£8.90
Watersports	Lagoon	2 August	1-4pm	8-14	£43.70	£43.70	£43.70
Climbing	Withdean	3 August	10.30am-12 noon	5-14	£14.90	£11.90	£8.90
Gymnastics	Portslade	3 August	1-3pm	6-11	£10.00	£8.00	£6.00

01273 710555
Breakout@freedom-leisure.co.uk
www.brightonbreakout.co.uk

Week 3 6 - 10 August

				Age	Cost	Family/ Junior Member	Leisure Card
Mini Athletics	Withdean	6-10 August	9-10am	4-7	£25 week	£20 week	£15 week
Athletics/Startrack	Withdean	6-10 August	10-3pm	8-14	£85 week	£68 week	£51 week
Tennis Games/Skills	Withdean	6-10 August	10.20am-12.30am	5-13	£9 day	£6.60 day	£5.20 day
Multisports	Portslade	6 August	9-12 noon	5-7	£7.50	£7.50	£7.50
Multisports	Portslade	6 August	9-12 noon	8-12	£7.50	£7.50	£7.50
Multisports	Portslade	7 August	9-12 noon	5-7	£7.50	£7.50	£7.50
Multisports	Portslade	7 August	9-12 noon	8-12	£7.50	£7.50	£7.50
Multisports	Portslade	8 August	9-12 noon	5-7	£7.50	£7.50	£7.50
Multisports	Portslade	8 August	9-12 noon	8-12	£7.50	£7.50	£7.50
Trampolining	Stanley Deason	8 August	10-11 noon	3-7	£7.45	£5.95	£4.45
Trampolining	Stanley Deason	8 August	11-12 noon	7-14	£7.45	£5.95	£4.45
Badminton	Stanley Deason	8 August	1.30-3pm	7-14	£6.50	£5.10	£3.80
Climbing	Withdean	8 August	2-3.30pm	5-14	£14.90	£11.90	£8.90
Trampolining	Portslade	9 August	1-2pm	3-7	£7.45	£5.95	£4.45
Trampolining	Portslade	9 August	2.15-4.15pm	7-14	£14.90	£11.90	£8.90
Watersports	Lagoon	9 August	1-4pm	8-14	£43.70	£43.70	£43.70
Climbing	Withdean	10 August	10.30-3pm	5-14	£14.90	£11.90	£8.90
Gymnastics	Portslade	10 August	1-3pm	6-11	£10.00	£8.00	£6.00

Week 4 13-17 August

				Age	Cost	Family/ Junior Member	Leisure Card
Mini Athletics	Withdean	13-17 Aug	9-10am	4-7	£25 week	£20 week	£15 week
Athletics/Startrack	Withdean	13-17 Aug	10-3pm	8-14	£85 week	£68 week	£51 week
Tennis Games/Skills	Withdean	13-17 Aug	10.20am-12.30am	5-13	£9 day	£6.60 day	£5.20 day
Multisports	Portslade	13 August	9-12pm	5-7	£7.50	£7.50	£7.50
Multisports	Portslade	13 August	9-12pm	8-12	£7.50	£7.50	£7.50
Trampolining	King Alfred	14 August	9-10am	3-7	£7.45	£5.95	£4.45
Trampolining	King Alfred	14 August	10.15-12.15pm	7-14	£14.90	£11.90	£8.90
Multisports	Portslade	14 August	9-12 noon	5-7	£7.50	£7.50	£7.50
Multisports	Portslade	14 August	9-12 noon	8-12	£7.50	£7.50	£7.50
Trampolining	Stanley Deason	15 August	10-11am	3-7	£7.45	£5.95	£4.45
Trampolining	Stanley Deason	15 August	11-12 noon	7-14	£7.45	£5.95	£4.45
Multisports	Portslade	15 August	9-12 noon	5-7	£7.50	£7.50	£7.50
Multisports	Portslade	15 August	9-12 noon	8-12	£7.50	£7.50	£7.50
Badminton	Stanley Deason	15 August	1.30-3pm	7-14	£6.50	£5.10	£3.80
Climbing	Withdean	15 August	2-3.30pm	5-14	£14.90	£11.90	£8.90
Trampolining	Portslade	16 August	1-2pm	3-7	£7.45	£5.95	£4.45
Trampolining	Portslade	16 August	2.15-4.15pm	7-14	£14.90	£11.90	£8.90
Watersports	Lagoon	16 August	1-4pm	8-14	£43.70	£43.70	£43.70
Climbing	Withdean	17 August	10.30-12 noon	5-14	£14.90	£11.90	£8.90
Gymnastics	Portslade	17 August	1-3pm	6-11	£10.00	£8.00	£6.00

Week 5 20 - 24 August

				Age	Cost	Family/ Junior Member	Leisure Card
Sports Day Camp	Withdean	20-24 Aug	9am-4pm	8-14	£25 day £100 week	£20 day £80 week	£15 day £60 week
Multisports	Portslade	20 August	9am-12 noon	5-7	£7.50	£7.50	£7.50
Multisports	Portslade	20 August	9am-12 noon	8-12	£7.50	£7.50	£7.50
Multisports	Portslade	21 August	9am-12 noon	5-7	£7.50	£7.50	£7.50
Multisports	Portslade	21 August	9am-12 noon	8-12	£7.50	£7.50	£7.50
Trampolining	King Alfred	21 August	9am-10am	3-7	£7.45	£5.95	£4.45
Trampolining	King Alfred	21 August	10.15-12.15pm	7-14	£14.90	£11.90	£8.90
Multisports	Portslade	22 August	9am-12 noon	5-7	£7.50	£7.50	£7.50
Multisports	Portslade	22 August	9am-12 noon	8-12	£7.50	£7.50	£7.50
Trampolining	Stanley Deason	22 August	10-11am	3-7	£7.45	£5.95	£4.45
Trampolining	Stanley Deason	22 August	11-12 noon	7-14	£7.45	£5.95	£4.45
Badminton	Stanley Deason	22 August	1.30-3pm	7-14	£6.50	£5.10	£3.80
Climbing	Withdean	22 August	2.30-3pm	5-14	£14.90	£11.90	£8.90
Trampolining	Portslade	23 August	1-2pm	3-7	£7.45	£5.95	£4.45
Trampolining	Portslade	23 August	2.15-4.15pm	7-14	£14.90	£11.90	£8.90
Watersports	Lagoon	23 August	1-4pm	8-14	£43.70	£43.70	£43.70
Climbing	Withdean	24 August	10.30am-12 noon	5-14	£14.90	£11.90	£8.90
Gymnastics	Portslade	24 August	1-3pm	6-11	£10.00	£8.00	£6.00

Week 6 28 August - 31 August

				Age	Cost	Family/ Junior Member	Leisure Card
Sports Day Camp	Withdean	28-31 Aug	9am-4pm	8-14	£25 day	£20 day	£15 day
Multisports	Portslade	28 August	9am-12 noon	5-7	£7.50	£7.50	£7.50
Multisports	Portslade	28 August	9am-12 noon	8-12	£7.50	£7.50	£7.50
Trampolining	King Alfred	28 August	9-10am	3-7	£7.45	£5.95	£4.45
Trampolining	King Alfred	28 August	10.15-12.15pm	7-14	£14.90	£11.90	£8.90
Multisports	Portslade	29 August	9am-12 noon	5-7	£7.50	£7.50	£7.50
Multisports	Portslade	29 August	9am-12 noon	8-12	£7.50	£7.50	£7.50
Trampolining	Stanley Deason	29 August	10-11am	3-7	£7.45	£5.95	£4.45
Trampolining	Stanley Deason	29 August	11-12 noon	7-14	£7.45	£5.95	£4.45
Badminton	Stanley Deason	29 August	1.30-3pm	7-14	£6.50	£5.10	£3.80
Climbing	Withdean	29 August	2-3.30pm	5-14	£14.90	£11.90	£8.90
Multisports	Portslade	30 August	9am-12 noon	5-7	£7.50	£7.50	£7.50
Multisports	Portslade	30 August	9am-12 noon	8-12	£7.50	£7.50	£7.50
Trampolining	Portslade	30 August	1-2pm	3-7	£7.45	£5.95	£4.45
Trampolining	Portslade	30 August	2.15-4.15pm	7-14	£14.90	£11.90	£8.90
Watersports	Lagoon	30 August	1-4pm	8-14	£43.70	£43.70	£43.70
Climbing	Withdean	31 August	10.30-12 noon	5-14	£14.90	£11.90	£8.90
Gymnastics	Portslade	31 August	1-3pm	6-11	£10.00	£8.00	£6.00

Don't forget to bring your registration form (link on your booking confirmation email) in advance to save even more time on the day.
Please make sure that lunches and snacks are healthy with no fizzy or sugary drinks

Are you on a low income?

The Leisure Card offers reduced rate memberships and activities for residents on low income. Brighton & Hove City Council recognises the need to help residents on low income to access sports facilities in the city.

Being active has a positive impact upon physical and mental wellbeing. So the council, in partnership with Freedom Leisure, offers the Leisure Card scheme.

The scheme provides upto 40% discount on memberships and 'pay as you go' use of facilities throughout the city including swimming, badminton, squash, table tennis and use of the gyms and is available to all residents who are in receipt of one or more of the following state benefits:

- Jobseekers Allowance
- Pension Credit
- Income Support
- Attendance Allowance
- Employment & Support Allowance/ Incapacity Allowance
- Universal Credit
- Disability Living Allowance/Personal Independence Payment
- Child Tax Credit (First Threshold Limit Only)
- Students (With a valid NUS Extra Card)

The Leisure Card can be used at the following seven leisure centres:

- King Alfred Leisure Centre
- Prince Regent Swimming Complex
- Withdean Sports Complex
- Portslade Sports Centre
- Moulsecoomb Community Leisure Centre
- Stanley Deason Leisure Centre
- St Luke's Swimming Pool

To apply, all you need to do is visit your local leisure centre to complete a simple application form. You will need to bring some identification such as a passport/ driving licence/birth certificate and proof of the benefit that you are in receipt of.

Hollingbury Park Golf Course and Waterhall Golf Course also now offer reduced prices at designated times for leisure card holders.

For further details please visit www.brighton-hove.gov.uk/leisure-card

Sports camps and courses at the University of Sussex

The University of Sussex Summer Activities for children offer high quality coaching combined with great facilities, for five to 16 year olds to learn, develop and refine their skills.

All coaches/instructors are fully qualified, insured and DBS checked so you can be confident your child is in safe hands.

All activities are organised by the University of Sussex and take place at the University of Sussex Sport Centre or Falmer Sports Complex.

To book your place, call **01273 678228 / 877687**
www.sussexsport.com **ussc@sussex.ac.uk**

Multisports Camp

Activities will include: football, basketball, cricket, tennis, ultimate frisbee, dodgeball, squash, badminton, rounders, volleyball, fun and games!

Dates Week 1: **25 – 27 July**
Week 2: **20 – 24 August**
Week 3: **28 – 31 August**

Times 9am – 3pm
Ages 7 – 11
Cost Day pass £22
Week 1 pass £55 (3 days)
Week 2 pass £92 (5 days)
Week 3 Pass £73 (4 days)
Booking deadline 19 July

Circus Skills Course

In association with High Top Circus. Learn skills such as trapeze, acrobatics and juggling and play fun circus themed drama games with our experienced tutors.

Dates 30 July – 3 August
Times 9am – 12 noon
Ages 7 – 12
Cost Day pass £16, week pass £69
Booking deadline 24 July

Squash Camp

Lead by Simon Tunley (University of Sussex Head Coach) with support from England Squash and assistant coach, Ben Hansford. Squash coaching for a range of abilities from beginner to county standard, covering all aspects of the game.

Dates 30 July – 3 August
Times 9am – 12 noon
Ages 7 – 16
Cost Day pass £16, week pass £66
Booking deadline 24 July

Basketball Camp

In association with 'Brighton Cougars Basketball Club' and some of the best coaches Sussex County has to offer. Basketball coaching for children with all levels of basketball experience. Develop skills in shooting, ball handling, footwork, defence and team skills.

Dates 30 July – 3 August
Times 9.30am – 3.30pm
Ages 7 – 14
Cost Day pass £27, week pass £110 (10% discount if you book before 1 June 2018)
Booking deadline 24 July

Badminton Camp

This course is run by Tom Knowles, University of Sussex Head Coach. Develop your skills in fun, active sessions which cater for children from beginner to club standard.

Dates: 6 – 10 August
Times 1.30 – 5.30pm
Ages: 9 – 16
Cost: Day pass £18, week pass £78
Booking deadline 31 July

Cricket Camp

The course is run by Level 2 cricket coach Craig Fowle.
A fun, action packed, indoor cricket course for all abilities, with a focus on batting, bowling, fielding and game play.

Dates 7 – 9 August
Times 9am – 3pm
Ages 7 – 12
Cost Day pass £26
3 Day Pass £62
Booking deadline 31 July

Netball Fun-damentals

In association with Lisa Packer (under 16s Sussex Academy Coach).
A new fundamentals of netball skills based course for beginners focusing on core movement, ball handling and agility activities to compliment early involvement in the sport.

The Course will involve netball based practices to development confident catching, passing and appropriate movement with progression into small sided games.

Dates 9 – 10 August
Times 9am – 12 noon
Ages 5 – 8
Cost Day pass £16, 2 day pass £28
Booking deadline 31 July

Netball Camp

In association with Lisa Packer (Under 16s Sussex Club Coach). Netball coaching for children with some netball experience through to club players. Children can work towards their England Netball Skills Awards. Sessions include progressive skills, practices and small-sided games transitioning into netball fixtures.

Dates 13 – 17 August
Times 9am – 1pm
Ages 7 – 16
Cost Day pass £19, week pass £82
Booking deadline 7 August

Please contact **01273 678228** or **ussc@sussex.ac.uk** for further details or to book your place. Alternatively course details and an online booking portal can be found via **www.sussex.ac.uk/sport/children/childrenscamps/summer**

SUMMER HOLIDAY CHILDREN'S ACTIVITIES

AT THE UNIVERSITY OF SUSSEX

25 JULY - 31 AUGUST 2018

ACTIVITIES INCLUDE:

MULTISPORTS
CIRCUS SKILLS
SQUASH
BASKETBALL
BADMINTON
CRICKET
NETBALL

FOR 5-16 YEAR OLDS

VISIT
SUSSEXSPORT.COM
TO FIND OUT MORE
AND BOOK
ONLINE. OR
PHONE **01273 678228**

US
UNIVERSITY
OF SUSSEX

Stop Smoking

Start Living

Live healthier
Breathe easier and have more energy

Live better
On average save up to £3000 a year

Live happier
Stop smoking and reduce your stress levels

Live longer
Half of all long-term smokers die early from smoking related diseases

Brighton & Hove City Council

SAVE up to 40%

Brighton & Hove Leisure Card

Freedom Leisure offer the Leisure Card which gives a 40% discount for residents on low income* on: membership and 'pay as you go' use of facilities throughout the city, including gym, swimming, squash, table tennis and badminton.

***You must be claiming one of the following:**

- Jobseekers Allowance
- Pension Credit
- Income Support
- Attendance Allowance
- Employment & Support Allowance / Incapacity Allowance
- Universal Credit
- Disability Living Allowance / Personal Independence Payment
- Child Tax Credit (First Threshold Limit Only)
- Students (with a valid NUS Extra Card)

Take identification and evidence of your benefit award to your local Freedom Leisure centre to apply for your Leisure Card. Terms & conditions apply.

www.freedom-leisure.co.uk

freedomleisure
where you matter

Brighton & Hove City Council

School places for September 2019

Are you a parent or carer of a child in Brighton & Hove who is four years old before September 2019? Do you have a child who will be transferring to junior school or to secondary school in September 2019? Now is the time to start thinking about applying for a school place.

If your child will be 4, you can apply online from 1 September onwards at www.brighton-hove.gov.uk/schooladmissions. The site contains all the information you need about the schools and the admissions policy.

You can access the website:

- at home
- at an internet café
- at a library (if you are a library member you can get free internet access at any Brighton & Hove library).

If you experience any problems using the Brighton & Hove online admissions site, please email at schooladmissions@brighton-hove.gov.uk or telephone on 01273 293653.

If you would prefer to complete a paper form, please contact the School Admissions Team on 01273 293653 and ask for a booklet, or email to schooladmissions@brighton-hove.gov.uk.

The booklet will be available this autumn. It will give you information about schools, about open days and evenings when you can visit them, and how to apply for a place.

The closing dates for applications will be 15 January 2019 for infant, junior and primary schools and 31 October 2018 for secondary schools.

If you miss these deadlines, you are less likely to get a place at the school you want.

If you have any query about applying for a school place, call 01273 293653 or email schooladmissions@brighton-hove.gov.uk.

SERIOUSLY FUN SWIMMING SCHOOLS

Summer Holiday Swimming Lessons

Mon 27th to Fri 31st August
5 day intensive holiday courses
Children aged 3 to 12 years
Beginners, Improvers & Advanced

ONLY £75

Book Online:
www.seriouslyfun.com
or call 01273 95 00 15

Roedean School, Roedean Way, Brighton, BN2 5RQ

SUGAR SMART CITY

SUGAR SMART
BRIGHTON & HOVE

On average, we're eating too much sugar and this is increasing levels of tooth decay, obesity and Type 2 diabetes.

Children aged 4-10
ENERGY INTAKE FROM SUGAR

Recommended intake	Actual intake
5 cubes	**14.5 cubes**

Sugar Smart City is a joint initiative from the council, Food Partnership, and Jamie Oliver Food Foundation that aims to tackle this.

Visit **www.brighton-hove.gov.uk/sugarsmart** to find out how your family can become SUGAR SMART.

Share your SUGAR SMART summer recipes on social media using the hashtag **#sugarsmartcity** and we'll publish the best on the webpage!

Brighton & Hove City Council

Brighton & Hove Libraries

The Summer Reading Challenge 2018 launches on Saturday 14 July across Brighton & Hove Libraries and this year we bring you Mischief Makers, celebrating the Beano's 80th anniversary.

Children will explore a map of Beanotown to find the mysterious buried treasure and become ultimate mischief makers!

Dennis, Gnasher and friends will help them solve clues and collect stickers, having lots of fun and adventures along the way…

Collect prizes for reading!
The Summer Reading Challenge takes place every year during the summer holidays. You can sign up at your local library, then read at least six library books of your choice to collect special stickers and other incentives along the way – all for FREE. There's a website to add to the fun too!

Stories, fact books, audio books, graphic novels, poetry – they all count towards completing the challenge.

It's completely free to join, runs throughout the summer and anyone can take part. Pre-schoolers can participate in their own mini-challenge.

Parents and carers love the challenge, not only is it free but they can see the difference the Summer Reading Challenge makes to their children's progress, preventing a 'dip' in reading during the school holidays.

'This is such a brilliant scheme, encouraging my sometimes reluctant six year old boy to read and making my pre-reading 3 year old feel really excited about reading. Thank you.'

Last summer thousands of children across the city took part in the Summer Reading Challenge. Sign up from 14 July and get reading, then visit www.mischief-makers.org.uk to keep a record of your challenge!

Further information

Be the first to know about Summer Reading Challenge events happening in your local library by following us online:

Visit the library website
www.brighton-hove.gov.uk/libraries

Like us on Facebook
Brighton & Hove City Libraries

Follow us on Twitter
@BHLibraries

Follow us on Instagram
@BHLibraries

READING HACK

Reading Hack – make things happen!

Reading Hack is a programme led by young people who volunteer their time to make amazing things happen in libraries, gaining valuable skills and experience along the way.

If you're aged 13 – 19 and interested in volunteering in libraries across the city then we want to hear from you! Give your time over the summer to help support younger children take part in the Summer Reading Challenge - whatever your skills and interests, there's something for everyone.

To find out more about Reading Hack and our summer volunteering programme for young people, email Summer.Reading@brighton-hove.gov.uk

Can you save money on your childcare bills?

There are now more ways than ever to reduce your childcare costs. You can benefit from a wide range of funding options depending on your circumstances and the age of your children.

This is a brief guide to how you could cut your childcare costs. To find out more visit www.childcarechoices.gov.uk

To search for childcare in Brighton & Hove, visit www.familyinfobrighton.org.uk

Tax Free childcare

This is an online account for working parents to help pay for childcare, which is topped up by the government. For every £8 that you put in, the government will make a payment of £2 to a maximum of £2,000 per child,

per year, or £4,000 if your child is disabled. You can have an account for each of your children up to age 12 to pay your childcare provider. You cannot claim Tax Free Childcare and Tax Credits. Register at **www.childcarechoices.gov.uk**

Childcare Element of Working Tax Credit

Parents who are claiming Working Tax Credit and are on a low income, may be entitled to up to 70% of their childcare costs. You cannot claim Tax Credits and Tax Free Childcare.
Find out more **www.gov.uk/working-tax-credit**

Universal Credit

As part of universal credit, parents may be able to claim up to 85% of childcare costs. Find out more **www.gov.uk/universal-credit**

Help for students

Care to Learn is paid to parents aged under 20 at the start of their course in school or 6th form college.
www.gov.uk/care-to-learn

The Childcare Grant is available for students in higher education who are eligible for student finance.
www.gov.uk/childcare-grant

Free childcare for two year olds

Some two year olds are entitled to up to 570 hours of free childcare spread across the year.*
To qualify, parents must be in receipt of eligible benefits or tax credits. Find out if you are entitled to free childcare and apply online **www.brighton-hove.gov.uk/twos**

15 hours free childcare for three and four year olds

All three and four years olds are entitled to 570 hours* of free early learning spread across the year from the term after their third birthday. There's no need to apply, just speak to your chosen childcare provider about availability.

30 hours free childcare for three and four year olds

Three and four year olds whose parents are working can get 1140 hours* of free childcare spread across the year.
You can check your eligibility **www.childcarechoices.gov.uk**

*The amount of hours that parents receive will depend on factors including when the childcare provider is able to offer sessions and how these fit in with parents' requirements

Need extra help?

If you need some extra help to understand the different types of childcare funding and what you might be entitled to, you can contact the Family Information Service **familyinfo@brighton-hove.gov.uk**
www.brighton-hove.gov.uk/fis

Apprenticeships
– busting the myths

Free event

With over 1,500 jobs across 170 industries, apprenticeships don't just offer a great route into employment – they offer careers too!

- **Hove Town Hall**
  Wednesday 20 June, 4.30-7.30pm
- **Brighton Centre**
  Tuesday 10 July, 4.30-7.30pm

Apprenticeships

- Speak with apprentices, employers and providers to find out what's on offer, what it's like to be an apprentice, and how an apprenticeship can advance your career
- Get your questions answered by experts
- Hear from universities and colleges offering Higher and Degree Apprenticeships

Book your free ticket for these events here:
https://apprenticeshipshove.eventbrite.co.uk
Hove Town Hall - 20 June
https://apprenticeshipsbrighton.eventbrite.co.uk
Brighton Centre - 10 July

For anyone of any age interested in finding out the latest information about traineeships & apprenticeships

Join the conversation
#BHLearnandEarn

Part of the National Collaborative Outreach Programme

ais apprenticeships in sussex

Brighton & Hove City Council

Brighton & Hove City Council nurseries

High quality nurseries giving children the best start in life.

Brighton & Hove City Council manages seven nurseries across the city. All of the nurseries have a reputation for providing high quality early education and care for children aged from three months to five years.

The atmosphere in the nurseries is vibrant, warm and fully supportive of children's learning.

The staff teams are professional, highly qualified and dedicated to working with young children.

The nurseries follow the Early Years Foundation Stage framework (EYFS) and are inspected by Ofsted who report on the quality and standards of the nurseries.

Children begin their learning journey at home with their first and most significant teachers – their parents. There is a strong commitment to working in close partnership with parents.

Key people

Every child has a member of nursery staff who nurtures a close relationship with them to ensure that they receive the care and support they need. They are called key people and it is hoped

each child and their parent/s will make a special relationship with them. You can always talk to your child's key person if you have any concerns or want to share information from home.

Children with Special Needs

Children who need special provision to enhance and develop their learning are warmly welcomed. Support can be offered in small groups or one to one.

Partnership with parents

Parents' time in the nurseries is always appreciated, maybe playing a musical instrument, telling a story in their first language, sharing a festival or celebration, or simply joining in the play!

Free early learning for three and four year olds

From September 2017 all of our nurseries will offer up to 1140 hours per year of free childcare from the term after their third birthday. This could be up to 30 hours per week during term time or less hours per week spread across the full year.

Free childcare for two year olds

Some two year olds are also entitled to 570 hours per year of free childcare which all of the nurseries can provide. See page 54 for more information.

What to do next

Contact your local nursery to check for availability

Acorn Nursery
The Rise, Portslade
01273 293980

Bright Start Nursery
North Road, Brighton
01273 291570

Cherry Tree Nursery
Brentwood Road, Hollingdean
01273 296052

Jump Start Nursery
Hodshrove Lane,
Moulsecoomb
01273 290458

Roundabout Nursery
Whitehawk Road
01273 294780

Sun Valley Nursery
Whitehawk Way
01273 296406

Pavilion Pre-school
College Close/Chalky Road,
Portslade
01273 423854

For more information about these nurseries and other childcare providers in Brighton & Hove, visit www.familyinfobrighton.org.uk

Getting about safely

Accessing places and activities in our city, safely and easily, increases children's confidence and independence.

Miracle Wang age 7

The council's Road Safety team provides a range of free services to support and encourage safe and sustainable travel, especially to schools.

Our School Travel Advisors provide support and guidance to schools producing School Travel Plans that encourage walking, scooting and cycling and support healthier and active lifestyles. We also develop networks of Safe Routes to Schools, providing crossing improvements and speed reduction measures.

Most schools can provide children with a **How Do You Travel To School?** booklet containing information on lots of walking, scooting or cycling activities that families can enjoy. You can download **How Do You Travel To School?** from www.brighton-hove.gov.uk/schooltravel or request your own copy on 01273 290561/293704

Bikeability cycle training

This summer the Road Safety Team is providing free, nationally recognised Bikeability cycle training courses at city park locations from 25 July – 31 August.

For more information contact Emily Tester:
01273 293847
emily.tester@brighton-hove.gov.uk
transport.projects@brighton-hove.

Levels 1 and 2
4 consecutive days
10am – 12.30pm
For children aged 9 – 14 years.

Level 3
3 consecutive days
1.15pm – 3.15pm
For children aged 11 – 14 years.
(Children must have achieved level 2 before they can attend level 3)

Get cycling

With Summer here, now is a good time to be getting the bicycles out of the garage and going on family cycle rides again.

You may find that since your family last cycled your bicycles may need a bit of TLC. The idea of fixing a puncture, replacing rusty chains, or changing the brake pads may feel a little daunting.
If you've tried but still find cycle maintenance difficult, Brighton & Hove City Council run regular useful cycle maintenance courses.
The basic maintenance course shows you how to fix punctures and look after your bike.
The intermediate maintenance course shows you how to use specific bicycle tools and learn to do much more.

Also if some of your family members lack confidence when riding their bikes, our friendly and experienced cycle instructors can help. The council run Learn to Ride and Level 1 courses (in a park), Level 2 (on quiet roads), and Level 3 (on busier roads).

The courses can give you and your family a confidence boost and help you to feel safer on your bikes when cycling in Brighton & Hove.

You can book on to one of our City Cycling Skills courses and look forward to cycling this Summer.

Visit www.brighton-hove.gov.uk/cycletraining to find out more.

Children's Centres

Children's Centres are welcoming places where parents and children under 5 can go to get information, advice and services.

What do Children's Centres offer?

Children's Centres offer support and guidance with becoming a new parent, parenting, healthy lifestyles, your child's early learning and development and helping parents find volunteering, training or work.

Groups and services include:

- Midwifery and antenatal health
- Breast feeding support
- Post natal health including support for depression
- Healthy Child Programme – including development reviews for one and two year olds
- Play and learning activities for children
- Parenting classes and support groups
- Support for children with disabilities
- Opportunities for volunteering
- Information about training and getting back to work
- Larger Children's Centres also have nurseries (see page 57)

For more information pop into your local Children's Centre, speak to your health visitor or check online at www.brighton-hove.gov.uk/childrenscentres

Find your nearest Children's Centre
(see map on pages 28-29)

1. **Conway Court Children's Centre**
Clarendon Rd, Hove, BN3 3WR
01273 296356

2. **Hangleton Park Children's Centre**
Harmsworth Crescent,
Hangleton, BN3 8BW
01273 295272

3. **Hollingdean Children's Centre & Cherry Tree Nursery**
Brentwood Rd, Brighton, BN1 7DY
01273 295623

4. **Moulsecoomb Children's Centre & Jump Start Nursery**
Hodshrove Lane, Brighton, BN2 4SE
01273 294040

5. **North Portslade Children's Centre & Acorn Nursery**
The Rise, Portslade, BN41 2PY
01273 294062

6. **Roundabout Children's Centre and Nursery**
Whitehawk Road, Brighton, BN2 5FL
01273 290300

7. **Tarner Children's Centre in partnership with Tarnerland Nursery**
Ivory Place, Brighton, BN2 9QE
01273 296700

Triple P Parenting groups, courses, and workshops

Children's Centres and the Parenting team provide Triple P parenting groups and courses throughout the year. Triple P is one of the most effective evidence-based parenting programmes in the world, backed up by 30 years of on-going research. It is suitable for parents of children aged 18 months to 18 years.

Triple P helps you:

- Create a stable, harmonious family environment
- Teach your children the skills they need to get along with others
- Deal positively, consistently and decisively with problem behaviour
- Encourage behaviour you like
- Develop realistic expectations of your children and yourself
- Take care of yourself as a parent

Details of courses and workshops, and how to book a place can be found on the website **www.brighton-hove.gov.uk/parentingteam**

www.facebook.com/BHpositiveparenting

Financial Help

Find out where to get advice and help to manage your money and make sure you are getting everything you are entitled to.

USEFUL WEBSITES

Managing your money
www.moneyadviceservice.org.uk
0800 1387777

The Money Advice Service offers a wide range of independent and unbiased information and advice to help you take control of your money, make ends meet and make better financial decisions. You can even chat online to an adviser with any questions that you have.

Checking benefits entitlement
www.turn2us.org.uk

The turn to us website has a benefits calculator where you can enter your individual circumstances and it will work out the amount of benefits that you are entitled to. There is also Information on applying for charitable grants.

LOCAL HELP AND ADVICE

Advice Brighton
www.advicebrighton-hove.org.uk
advice@advicebrighton-hove.org.uk

The website provides details about local advice services. It also has online advice on dealing with debt, benefits, employment rights and housing and homelessness.

Money Advice Plus
www.moneyadviceplus.org.uk
info@moneyadviceplus.org.uk
0800 9887037

Money Advice Plus offers confidential and impartial money advice and support tailored to individual needs. They can help with checking benefit entitlements, managing debt, budgeting and other finance related issues. They can offer

both telephone and face to face advice either from their centrally based office or in the community.

Free school meals
www.brighton-hove.gov.uk/freeschoolmeals
01273 293497

Currently, school aged children of families claiming income related benefits (not Working Tax Credit) may be entitled to free school meals. All children in reception, year one and year two will be offered a healthy school lunch for no charge.

Brighton & Hove Citizens Advice Bureau (CAB)
www.citizensadvice.org.uk/local/brighton-hove
0300 3309033

The CAB offers independent advice on managing your finances including opening bank accounts and problems with banking, benefit overpayments, council rent arrears, budgeting and general debt problems.

St Luke's Advice Service
www.stlukesadviceservice.org.uk
info@stlukesadviceservice.org.uk
01273 549203

St Luke's can provide free debt and welfare benefit advice including help with form filling and benefit tribunals.

Brighton Unemployed Centre Families Project
www.bucfp.org
01273 671213

The centre offers a wide range of services for families including advice on benefit issues, form filling, tribunals, problems with debts and what rights people are entitled to.

East Sussex Credit Union
www.eastsussexcu.org.uk
info@eastsussexcu.org.uk
0300 3033188

The Credit Union is a not-for-profit savings and loans co-operative focusing on the needs of those on low incomes. It offers savings accounts and affordable, flexible loans. Call or email them to make an appointment.

BENEFITS ENTITLEMENTS FOR FAMILIES

The Family Information Service has produced a Family Finance Factsheet, that brings together information about all the benefits and financial help that families are entitled to. You can download a copy of the factsheet at familyinfobrighton.org.uk, or call 01273 293545 to request a copy.

For the latest government information about benefits, visit **www.gov.uk**

Interreg
2 Seas Mers Zeeën
PACE
European Regional Development Fund

Take the first step into work, training or volunteering with PACE

PACE (Providing Access to Childcare and Employment) is a European funded project designed to support parents in Brighton & Hove.

PACE is for parents of two year olds who are getting funded childcare. Whilst your child is making new friends and having fun at their childcare setting, you have a great opportunity to use the time to start thinking about your future.

PACE offers

- A keyworker who will support you every step of the way
- "back to work calculations" so you will know how much better off you will be in work
- Help with cv writing, interviews and application forms
- Support with finding childcare and funding
- Careers advice and free training

If you are working when your child is three, you could get 30 hours FREE childcare.

To find out more, visit **www.brighton-hove.gov.uk/pace** or call the Family Information Service on **01273 293545**

Follow us @BHFamilies

Meet THE WORLD!

Earn £££ for your spare room!

Now recruiting for homestay hosts

Email **brighton.accommodation@kingseducation.com**
Visit **kingseducation.com/brighton-hosts**
or call **01273 448067** for more information

Kings Education®

1725 03/18

It's time to think ahead!

Do you want more people to know about your business?

Are you interested in getting your message to every primary school, children's centre and library in Brighton & Hove?

With a print-run of 24,000, there's no better way to get your message across.

Advertise in Summer Fun 2019
call us on 01273 294233.

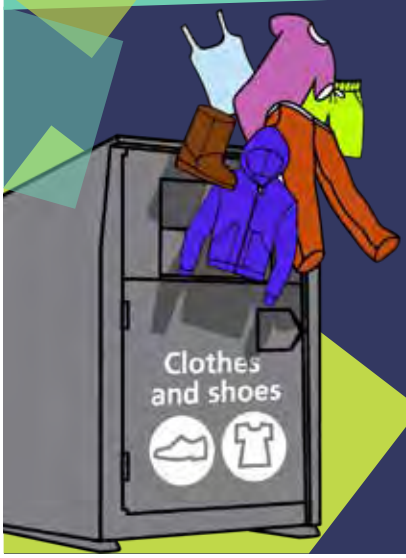
80% of litter in the sea comes from land

For Fish's Sake, Bin Your Litter

Brighton and Hove #StreetsAhead

Brighton & Hove City Council

Clearing out your wardrobe?



Donate your unwanted clothes and shoes at textile recycling banks across the city and help raise cash for community projects.

Brighton & Hove residents have already raised £50,000 for local good causes by recycling their unwanted clothes and shoes.

www.brighton-hove.gov.uk/textiles

Love our city

Brighton & Hove City Council

GREATER BRIGHTON

Cycle Challenge

SUNDAY 1 JULY 2018

Sunday 1 July 2018
from Preston Park Velodrome, Brighton.

TOGETHER WE CAN MAKE A DIFFERENCE!

Following last year's success, BHT is hosting the Greater Brighton Cycling Challenge 2018, comprising three exciting cycling experiences in aid of BHT's First Base Day Centre – supporting rough sleepers throughout the year.

BHT's Around the World Cycle Challenge 2018

This family-friendly event takes place at the **Preston Park Velodrome**, the oldest in the country. Cyclists aim to reach the combined target of **69,215 laps** (equating to cycling 40,075km around the world) **in just 12 hours**.

TO FIND OUT MORE OR REGISTER: Please visit **www.bht.org.uk**

For more information or sponsorship guidance:

Contact **Shelley Reed** on **01273 645403** or **shelley.reed@bht.org.uk**

When seeking sponsorship you are welcome to support a charity of your choice.

www.bht.org.uk

Combating Homelessness, Creating Opportunities, Promoting Change

Useful contacts

As well as the contacts listed here, the Family Services Directory contains information about local services that support families. Visit www.familyinfobrighton.org.uk

SAFEGUARDING CHILDREN

Brighton & Hove City Council Front Door For Families

01273 290400
frontdoorforfamilies@brighton-hove.gov.uk

If you are worried about a child being at risk of harm, contact the Front Door for Families. If a child is in immediate danger, call 999.

Childline

0800 1111
www.childline.org.uk

Free and confidential helpline for children and young people in the UK to talk about any problems they have, whether big or small.

CHILDCARE & SCHOOL

Family Information Service

01273 293545
familyinfo@brighton-hove.gov.uk
www.brighton-hove.gov.uk/fis

Information, advice and support for families.

School Admissions

01273 293653
schooladmissions@brighton-hove.gov.uk
www.brighton-hove.gov.uk/schooladmissions

Administers the allocation of local authority school places. See page 54.

Ofsted

0300 1231231
enquiries@ofsted.gov.uk
www.ofsted.gov.uk

The body that inspects childcare providers and schools, inspection reports can be viewed on their website. If you have a concern about a childcare provider, you can raise it with Ofsted.

PARENTING & FAMILIES

Family Lives

0808 800 2222
familysupport@familylives.org.uk
www.familylives.org.uk

A national charity, that provides free and confidential information and support for families.

Make a real difference

foster for Brighton & Hove

Foster Carers give children love, support and a safe place to stay. Brighton & Hove City Council want to recruit more foster carers to look after our children.

If you have a spare bedroom and childcare experience, we'd love to hear from you. We offer our foster carers generous financial allowances and first class support services.

www.brighton-hove.gov.uk/fostering

01273 295444

FosteringforBrightonHove

twitter.com/bhcc_foster

Brighton & Hove City Council

Amaze
01273 772289
helpline@amazebrighton.org.uk
www.amazebrighton.org.uk
Information, advice & support to parents/carers of children and young people with special needs or disabilities. See page 22.

Mosaic
01273 234017
info@mosaicbrighton.org.uk
www.mosaicequalities.org.uk
A community organisation of black, minority ethnic and mixed parentage families and individuals.

Rainbow Families
info@rainbowfamilies.org.uk
www.rainbowfamilies.org.uk
An informal social group supporting Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) parents and their children in Brighton & Hove.

Brighton Unemployed Centre Families Project
01273 671213
info@bucfp.org
www.bucfp.org
Provides practical support, education and services for the unemployed, pensioners, unwaged and those in poor housing or on low income.

FOR LONE PARENTS

Gingerbread
0808 8020925
www.gingerbread.org.uk
National support and advice service for lone parents.

FOR WOMEN

Brighton Women's Centre
01273 698036
info@womenscentre.org.uk
www.womenscentre.org.uk
Offers a wide range of services to local women and families in Brighton & Hove, including counselling, a drop-in service, and personal development courses.

Threshold Women's Counselling
01273 929471
threshold@bht.org.uk
www.bht.org.uk
Local drop-ins and individual counselling services for women experiencing mental ill health and emotional distress.

Brighton Oasis Project
01273 696970
info@brightonoasisproject.co.uk
www.oasisproject.org.uk
Supporting women who have a drink or drug problem, offering a non-judgemental approach and empowering them to make positive changes.

Rise
0300 3239985
info@riseuk.org.uk
www.riseuk.org.uk

Helping people affected by domestic abuse. Practical solutions, shelter and support in Brighton, Hove and Sussex. If you need immediate help, call the National Domestic Violence Helpline on 0808 2000247. If you are in danger, call 999.

FOR MEN

Families Need Fathers
0300 0300 363
fnf@fnf.org.uk
www.fnf.org.uk

Support with maintaining a child's relationship with both parents during and after family breakdown.

HEALTH

NHS Choices
www.nhs.uk

The website provides health information and where to access services locally.

HOUSING

Housing Options
01273 294400
housing.advice@brighton-hove.gov.uk
www.brighton-hove.gov.uk/housingoptions

The service can help you keep your existing home, explore your housing options and give advice on the council's statutory duties.

Brighton Housing Trust (BHT)
01273 645400
advice@bht.org.uk
www.bht.org.uk

Provides practical and preventative services, advice, information and guidance on housing issues.

School Meals in Brighton & Hove

…tasty, healthy, social and fun

- Locally supplied fruit & vegetables
- **Fresh seasonal ingredients**
- Meals cooked on site
- **Meat from the UK**
- Silver Food for Life Accredited Menu

For information about Free School Meals call 01273 293497

Apply online: www.brighton-hove.gov.uk/onlinefreeschoolmeals

Primary School Menus can be viewed at
www.brighton-hove.gov.uk/schoolmeals

Brighton & Hove City Council

Spare room? Become a host with EF!

Host an international student and earn money from your spare room

Education First

Contact us today!
01273 691292
www.ef.com/host

family grapevine

Free!

thefamilygrapevine.co.uk/brighton-hove

Pick up your copy of the summer Family Grapevine from 26th June for:

Places to visit • Discount vouchers
Events • Holiday activities

Local information for families of all ages

from schools, nurseries, libraries, supermarkets, leisure centres, attractions, cafés .....

01273

204060 brighton & hove radio cabs

414141 brighton, hove & adur carcabs

Your local 24 hour taxi service – established since 1964

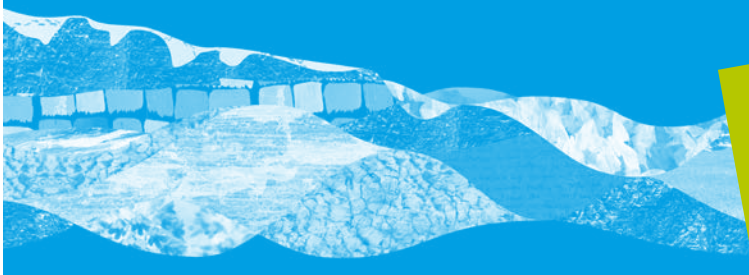
Book by phone • Book online • Book via our free app

www.brightontaxis.com

breeze up... to the Downs...

Breeze up to Devil's Dyke, Stanmer Park or Ditchling Beacon by bus!

For times, fares, leaflets and walk ideas:
Visit **brighton-hove.gov.uk/breezebuses**
Phone **01273 292480**
Or visit **traveline.info/se** to plan any bus or train journey



Brighton & Hove City Council

FISHERS
Adventure Farm Park
Win Tickets!
We have 5 family tickets to giveaway!
What is the name of our newly refurbished water area?
a) Splishy Splashy
b) Splash Attack
c) Water Rave
To enter, simply email your answer to marketing@fishersfarmpark.co.uk by 31/7/18.
Terms and conditions apply - call 01403 700063 for information.
fishersfarmpark.co.uk
01403 700063