

How to get an HIV test in Brighton & Hove

Testing site / method	Details	Comments	Website
On-line self-testing Kit sent to you on request through the post	A 'self-testing' kit gives a result in a few minutes, without anyone else being involved. The test will tell you if there are no signs of HIV, or if the test is 'reactive' and it cannot rule out the presence of HIV infection. 'Reactive' test results must be confirmed in a health care setting.	Currently £29.95	www.hivselftest.co.uk
On-line self-sampling Kit sent to you on request through the post	A 'sampling-kit' is where you take a sample using the kit (usually blood or saliva), send it off to a laboratory, and you receive the result about 1 week later	Free for certain individuals who may be at greater risk	https://www.test.hiv/
Sexual Health & Contraception (SHAC East, Central & West)	An experienced sexual health team providing a confidential and non-judgemental service. Book appointments on 01273 523388 or text 88020, write BN2 BOOKG in message area	Free	http://brightonsexualhealth.com/
Terrence Higgins Trust (THT)	Rapid HIV finger-prick testing, result within 20 minutes. This confidential and non-judgemental service is for gay and bisexual men and all African men and women. 61 Ship Street, Brighton BN1 1AE, 01273 764200	Free - Walk in testing service during opening hours so there's no need to book an appointment	www.tht.org.uk/brightontests
Brighton Sauna	Rapid HIV finger-prick testing delivered by THT, result within 20 minutes Weds evenings 6.00-8.00pm Self-testing kits will be available over coming weeks	Free testing for men who have sex with men. No appointment required, entry to sauna is free for accessing testing only.	www.thebrightonsauna.com/
Pavilions (drug and alcohol services)	Support available to anyone concerned about their drug or alcohol use, or for the families & carers supporting those struggling with substance misuse.	Free HIV testing available for clients of the service	http://www.pavilions.org.uk/services/
Through your GP	You can attend your GP to discuss having an HIV test. Most GPs will be happy to do this for you.	Having a negative HIV test result does not impact on insurance, health or life assurance policies	