

**Need to develop your knowledge, skills
& understanding of how to promote & support
better health in the city?**



We have a large variety of FREE & low cost **Health Promotion Training** available to help you support your clients, service providers & the general public:

RSPH Level 2 Supporting Behaviour Change	Advanced Behaviour Change	RSPH Level 2 Understanding Health Improvement
Introduction to Making Every Contact Count (MECC)	Chemsex amongst Men who have Sex with Men (MSM)	C-Card (free condom scheme) training
Older People & HIV	HIV Awareness	Drug & Alcohol Basic Awareness
Motivational Interviewing: Facilitating Behaviour Change around Drugs & Alcohol	Supporting People with Problem Gambling & Substance Misuse Issues	Working with Older People who use Substances
Alcohol Screening, Brief Advice & Interventions	Prescription & Over-the-Counter Medication	Current Trends (incl. PIEDS, NPS & Chemsex)
Blood Borne Viruses & Safer Injecting	Dual Diagnosis: Mental Health & Substance Misuse	Domestic Abuse & Substance Misuse
Smoking Cessation	Physical Activity	Oral Health Awareness

- Behaviour Change
- Sexual Health
- Substance Misuse
- Healthy Lifestyles
- Oral Health

Visit <https://tinyurl.com/y8t7bple> to find dates & to book

Courses may be available as bespoke upon request

Contact Workforce Development on learning@brighton-hove.gov.uk or 01273 291460 if you have any issues with booking