

Where to find us

Hangleton Park Children's Centre

Harmsworth Crescent

Hangleton

BN3 8BW

Tel: 01273 295272

Email: hangletonparkcc@brighton-hove.gov.uk

Web: www.brighton-hove.gov.uk/childrenscentres

Facebook.com/HangletonParkCC

Hangleton and Portslade Healthy Child Programme Team

Harmsworth Crescent, Hangleton BN3 8BW

Tel 01273 696011 xt 5450

Email: sc-tr.hangletonandportsladehcpteam@nhs.net

The Family Information Service

They can help you find childcare and free early education and hold a wide range of useful information about services for families.

They can be contacted on 01273 293545 or by email at familyinfo@brighton-hove.gov.uk.

Comments and complaints

We welcome comments and complaints as they help us to provide a better service. We also like to hear from you if you have had a particularly good service. Please contact our freephone number on 01273 291229 to leave your comment or make a complaint.

Interpreting

If you need help with interpreting or understanding this leaflet, please speak to a member of the children's centre team who will help you.

Hangleton Park Children's Centre activity diary

From November 2018



Monday am

HP Multiple Birth Group

9.30 – 11.30am

A group for parents/carers of twins or multiple births.

Monday pm

HP Stay and Play

1 – 2.30pm

A group for parents/carers and children up to the age of 5.

Tuesday am

HP Midwife Clinic

9.10am – 12.30pm

Appointment only
01273 295272

Tuesday pm

The following groups rotate on a termly basis across Hove, Portslade and Hangleton areas, with crèche spaces available. Please contact your Health Visitor for more details.

Positive Parenting Programme (PPP) 10am – 12noon
A 9 week parenting support course.

Post Natal Depression Support Group (PND) 10am – 12noon
A 10 week support group for women experiencing emotional difficulties following the birth of their baby.

HP Midwife Clinic

1.30 – 4.10pm

Appointment only
01273 295272.

HP Baby and You Group

12.30 – 2pm

Drop-in group for you and your baby.

Wednesday am

HP Healthy Child Clinic

9.30 – 11.15am

Drop-In for Health Visitor advice.

Wednesday pm

Breastfeeding Drop-In
2 – 3.30pm
At Conway Court Children's Centre

The Physiotherapist for under 5's will be at the following Healthy Child Clinics. Please contact your Health Visitor.

North Portslade CC usually on the 2nd Wednesday of each month 1 – 2.15pm. Tel: 01273 294062 to confirm the date

Conway Court usually 4th Thursday of each month 1.15–3pm. Tel: 01273 266000

Thursday am

HP Midwife Clinic

9.10am – 12.30pm

Appointment only 01273 295272.

HP Now We Are 2

9.30 – 11am

A group for children and parents in preparation for Nursery. By Invitation. Please contact your Health Visitor for further details.

Thursday pm

HP Midwife Clinic

1.30 – 4.10pm Appointment only
01273 295272.

Friday am

HP Midwife Clinic

9.10 – 12.30pm

Appointment only 01273 295272.

HP Bi-lingual Family Group

10am – 12 noon

Stay and Play Drop-in for parents/carers and their pre-school children who have English as an additional language.

Turner Children's Centre Ivory Place, Brighton BN2 9QE

Jump for Joy Friday

10 - 10.45am and 11 - 11.45am Soft play activity group for under 5's. Please call 01273 296700 to book a place.

Sweet Peas Friday 12.15 - 3pm

Group for children with special needs and their parents /carers. For more information contact Kerry on 07875 377961.

Friday pm

HP Midwife Clinic

1.30 – 4.10pm Appointment only
01273 295272.

Saturday am

Dads Stay & Play Group

Soft play and fun activities for children under 5. Dads, Step-dads, Grandads, & Male Carers all welcome.

At Turner Children's Centre, Ivory Place, BN2 9QE.

1st Saturday of every month
10am – 12 noon.

Tel 01273 296700

We are now a free Wi-fi hotspot



Find us and like us on Facebook

www.facebook.com/HangletonParkCC

Key to venues

HP Hangleton Park

Midwife/General Enquiries

Tel: 01273 295272

Health Visitor

Tel: 01273 295164