

Welcome...

... to the Downs on your Doorstep

Not only can you walk between Stanmer Park & Ditchling Beacon you can cycle and horse ride too.

And if you want to discover more of the South Downs you can now walk freely across newly created open access land.

As you explore you will become aware of the many ways humans have changed the landscape over the past 6000 years. Discover the past and enjoy yourself!

Open Access

Since September 2004 you have the right to walk over areas of open country. Three of these areas can be found on the map overleaf: Dencher Bottom, Big Bottom and Moon's Bottom.

In addition Brighton & Hove City Council has created 200 hectares of new open access in and around Stanmer Park to compliment the access we already enjoy through Stanmer Woods. Look out for newly installed gates marked with the open access symbol across the Stanmer estate.

This means you can now walk freely across much of the Stanmer estate! The map overleaf gives you endless opportunities to create your own Stanmer and Ditchling Beacon walk.

Rights and Responsibilities

The access land symbol shows land that may be open for public access on foot.

Access may also exist for other activities, such as riding a horse responsibly on the open access land in Stanmer Park to the north of Stanmer Village.

Dogs must be kept on a fixed lead (2 metres or less) on most areas of open country between 1st March and 31st July (ground nesting birds) and at any time near livestock.

Occasionally the land may have restrictions or closures. Please follow any signs or visit www.countrysideaccess.gov.uk

How to Get There



- Falmer railway station about 0.25 mile or 500 metres (10 minute walk) to the main park entrance at Lower Lodges.
- 78 to Stanmer Park (stops on request anywhere in the park up to the Church) and 79 to Ditchling Beacon. Run Sundays and Bank Holidays (not Xmas Day) all year, plus spring and summer Saturdays.
- 25, 25c, 28, 29 to bus stop on main road adjacent to the main park entrance.
- 5b, 24, 26, 46, 46a, 55, 56, 86, 88 to Asda at Hollingbury, then about 0.5 mile or 1 km (15 minute walk) to Upper Lodges park entrance off Ditchling Road.

Brighton & Hove Bus Company
01273 886200 www.buses.co.uk

Brighton & Hove City Council
Public Transport Travel Advice 01273 292480

National Rail enquiries
08457 484950 www.nationalrail.co.uk

Traveline
0870 608 2 608 www.traveline.org.uk



Healthwalks

Getting involved in regular walking can help you feel less stressed, keep you flexible, and halve the risk of a heart attack or stroke.

It can also reduce the risk of certain cancers and diabetes and improve blood pressure. Walking even burns the same amount of calories as jogging!

Healthwalks are a series of short social walks across Brighton & Hove, including Stanmer Park. For further details or for a copy of the full Healthwalks programme contact:
Tel: 01273 292564
e-mail healthwalks@brighton-hove.gov.uk
www.brighton-hove.gov.uk/healthwalks

Easy Access

We are constantly working to improve access to the countryside by replacing stiles with easy access gates, installing seats, and surfacing paths. The new easy access route in Stanmer Park links the two car parks at Upper Lodges and Chalk Hill with routes north towards Ditchling Beacon, and also down through the Great Wood in to the park itself.

The Countryside Code

- Be safe – plan ahead and follow any signs
 - Leave gates and property as you find them
 - Protect plants and animals, and take your litter home
 - Keep dogs under close control
 - Consider other people
- For more information visit:
www.countrysideaccess.gov.uk

Want to Explore Some More?

Look out for other 'Downs on your Doorstep' leaflets, or use the orange Explorer 122 Ordnance Survey map (available from bookshops).

Take a look at our 'Countryside Events and News' leaflet. Copies are available from the council's citydirect offices, Visitor Information Centre, libraries and leisure outlets. Alternatively contact us (details below).

Your Countryside Service

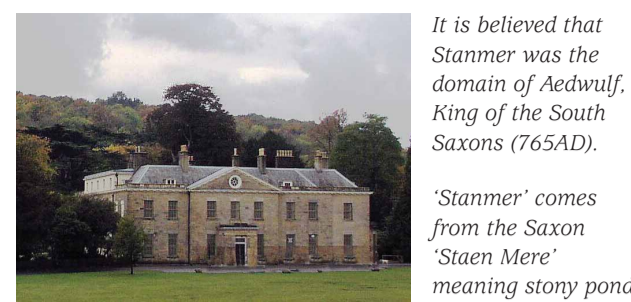
We help look after the amazing countryside in and around Brighton & Hove. We focus on the conservation of the local wildlife, landscape and historical features. We also encourage responsible enjoyment of this natural heritage.

Interested in your local wildlife? Visit:
www.CityWildlife.org.uk

To find out more please contact us:
Brighton and Hove City Council
Countryside Service
Town Hall, Norton Road, Hove, BN3 3BQ

Tel: 01273 292140
Web site: www.brighton-hove.gov.uk/countryside
e-mail: countryside@brighton-hove.gov.uk

Historic Parkland



This probably refers to Stanmer Church pond which is surrounded by large stones.

It was also recorded in the Domesday book 1086.

Since then it has had many owners. It was the Pelham family (1700s) who commissioned the building of the large house, landscaped the gardens and planted the woodlands.

A recent historic landscape study has highlighted the importance of this 18th century parkland.

Open Views

The open downland landscape you see today is a result of 6000 years of human activity.

Before this the Downs would have been covered by a wildwood.

The woods were cleared for cultivation and grazing of livestock.

The ongoing farming activity over the millennia prevented the wildwood from returning.

This has led to the patchwork of arable, pasture, wildlife rich chalk grassland, woodland and scrub that we see today.

Need a Translation?

If you would like this translated, please tick the box (or state the language required) and return this to any council office.

Në qoftë se dëshironi që ky informacion të përkthehet nëgjuhën shqipe ju lutem shënoni '✓' në kuadratin përkatës dhe dorëzoheni këtë në cilëndo zyrr të Këshillit të Rrethit.	Albanian <input type="checkbox"/>
"إذا كنت ترغب في الحصول على هذه المعلومات مترجمة للغة العربية، يرجى وضع علامة في الخانة المبنية و إعادة هذا إلى أي مكتب من مكاتب مجلس البلدية".	Arabic <input type="checkbox"/>
'আপনি যদি এই তথ্যটির অনুবাদ [বাংলা ভাষায়] পেতে চান তাহলে অনুগ্রহ করে পার্শ্বের বক্সে টিক দিয়ে যে কোন কাউন্সিল অফিসে পাঠিয়ে দিন'	Bengali <input type="checkbox"/>
如果你想這些資料翻譯成廣東話，請在方格內加剔，並把這表格送回任何市議會的辦事處。	Cantonese <input type="checkbox"/>
"اگر مایلید این اطلاعات به زبان (فارسی) ترجمه شود، خواهشمندیم شکل مربع را علامت زده و فره را به هر آندرس شهرداری که در اختیار دارید پس بفرستید."	Farsi <input type="checkbox"/>
Si vous souhaitez obtenir une traduction de ces informations en français, cochez cette case et renvoyez ce coupon au bureau municipal de votre choix	French <input type="checkbox"/>
如果你想這些信息翻譯成普通話，請在方格內划勾，并把這表格送回任何市议会的办事处。	Mandarin <input type="checkbox"/>
No caso de querer obter a tradução desta informação em português, assinala por favor o quadrado correspondente, e envie este impresso para qualquer um dos 'council office' (escritórios da Câmara Municipal).	Portuguese <input type="checkbox"/>
Eğer bu bilgilerin Türkçe tercümesini isterseniz, lütfen kutuyu işaretleyip herhangi bir Belediye bürosuna götürünüz.	Turkish <input type="checkbox"/>

Other (please state) _____

This can also be made available in large print, in Braille or on audio tape

Downland Oasis

All across the Downs you will find large circular ponds called dew ponds.

They were built to provide water for the large flocks of sheep that grazed the downland from the 17th century onwards.

These ponds are filled by rainwater, rather than dew.

Many ponds fell into disrepair in the 1900s due to a decline in sheep grazing and the introduction of mains water.

Due to their wildlife and landscape value, many ponds are now being restored.



Attackers Beware!

Ditchling Beacon is the site of an early Iron Age hill fort (700BC).

This site was chosen because it was easy to defend with the steep northern side (248m high) and clear views.

Although most of its features have disappeared (due to ploughing and erosion), it is now protected under law because of its historical value.

Its name comes from two periods of history. 'Ditchling' has Saxon origins. 'Beacon' was added when the hill was part of a line of fires lit to warn of the Spanish Armada invasion.

Open up leaflet to see route map

Stanmer and Ditchling Beacon

THE DOWNS ON YOUR DOORSTEP

NEW OPEN ACCESS

Brighton & Hove

Stanmer and Ditchling Beacon

