

Health Promotion Drugs & Alcohol Training Programme 2014–2015



School Holidays	April 2014 07/04–18/04	May 26/05–30/05	June	July 24/07	Aug	Sept 04/09	Oct 27/11–31/11	Nov	Dec 22/12	Jan 2015 05/01	Feb 16/02–20/02	Mar 30/03–10/04
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Supporting Health Behaviour Change RSPH accredited, Level 2 Award



This is a 2-day course. Accreditation is optional, and is linked to an additional 3 hour workshop and a multiple-choice exam. Cost: £17, payable to the Royal Society of Public Health by the candidate or their organisation.

Learning outcomes:

- Describe two theories of behaviour change and apply the basic concepts to practice
- Demonstrate understanding of what helps and hinders the behaviour change process
- Use a range of skills to support client thinking, decision making and active change processes
- List the principles of Motivational Interviewing
- Practice a range of basic skills and techniques for motivating change

Thurs 10th & Fri 11th July 2014
Thurs 16th & Fri 17th Oct 2014

Thurs 4th & Fri 5th Dec 2014
Thurs 26th & Fri 27th March 2015

Domestic Abuse & Substance Misuse



Learning outcomes:

- Identify the issues facing clients who are affected by both domestic violence and substance use, and how these issues may affect or obstruct their access to appropriate service provision
- Outline strategies and skills appropriate to addressing presenting needs of clients who are experiencing domestic abuse and problematic substance use
- Approach the dual issues in an integrated way through partnership working and effective referral processes

Fri 23rd May 2014

Thurs 9th Oct 2014

Blood Borne Viruses & Vulnerable Populations



Learning outcomes:

- Describe the epidemiology, transmission and screening of BBVs
- Explore attitudes and how they impact on service delivery
- Identify health and safety issues for service users and the workforce in relation to BBVs
- Identify and promote safer injecting and safer sex practices
- Identify and know how to refer to health protection services

Wed 2nd July 2014

Alcohol & Ageing



Learning outcomes:

- Recognise indications of alcohol misuse in the over 50's
- Communicate health risks of alcohol misuse to professionals, colleagues and older people
- Describe the principal helping agencies and the services they provide
- Practice delivering brief advice / interventions to this age-group

Fri 3rd Oct 2014

Wed 25th Feb 2015

Alcohol & Young People



Learning outcomes:

- Describe the effects and risks alcohol can present to young people
- Identify the social constructs that surround alcohol and how this can influence young people's use
- Explain the importance of brief interventions to enable young people who do not need specialised treatment to change their drinking behaviour to reduce risk
- Carry out screening and referral assessments

Thurs 10th July 2014

Wed 5th Feb 2015

Cannabis: All You Need to Know



Learning outcomes:

- Identify the effects and risks of cannabis
- Describe the various varieties and potencies of cannabis and the methods of use
- Discuss the current evidence on links between cannabis use and mental health
- Explain the use of brief interventions and harm reduction approaches with cannabis user

Wed 18th June 2014

Wed 3rd Dec 2014

All courses are held in Brighton & Hove and run from 9.30–4.30, except 'Alcohol Screening, Brief Advice & Brief Interventions' (9.30–3.00) and 'Alcohol & Ageing' (9.30–2.30)

Visit: <http://tinyurl.com/hptbah> for more information. Apply online and send form to coursesforcare@brighton-hove.gov.uk. All training is free, although a late cancellation fee applies.



Bespoke training sessions are available to teams of professionals whenever practicable. Please contact the Health Promotion Team on 01273 823026 for more information.

Your best source of drug and alcohol information, plus advice on where to get help in Brighton and Hove: www.thinkdrinkdrugs.com / www.twitter.com/thinkdrinkdrugs / www.facebook.com/brightonandhoveyouth



Drug & Alcohol Basic Awareness Course OCN accredited, Level 2, 1 Credit



Identify the reasons for substance use and the impact it can have on users, their families / carers and the wider community. This is a two-day course.

Learning outcomes:

- Understand how values, beliefs and language shape attitudes to substances and substance users
- Know about substances, their use and effects
- Recognise indications of substance misuse and refer individuals to specialists
- Identify and respond more effectively to substance misuse in your work
- State the range of helping agencies locally and nationally

Thurs 12th & Fri 13th June 2014
Thurs 18th & Fri 19th Sept 2014

Thurs 6th & Fri 7th Nov 2014
Thurs 22nd & Fri 23rd Jan 2015

'Legal Highs' & Emerging Trends



Learning outcomes:

- Identify changing patterns of use
- Increase knowledge of new substances
- Feel confident in responding to emerging trends
- Identify and respond to clients' needs

Thurs 15th May 2014
Friday 26th Sept 2014

Wed 26th Nov 2014
Fri 20th March 2015

Alcohol Screening, Brief Advice & Brief Interventions



Learning outcomes:

- Define and explain national key messages around alcohol
- Recognise the importance of brief interventions to enable people who do not need specialised treatment to change their drinking behaviour
- Practice skills and gain confidence in raising the issue of alcohol use with the client
- Carry out screening using the FAST and AUDIT screening tools
- Delivery of simple brief advice and interventions around alcohol
- Identify when and how to refer dependent and / or more problematic drinkers to specialist services

Fri 6th June 2014
Fri 12th Sept 2014
Wed 12th Nov 2014

Fri 16th Jan 2015
Wed 11th March 2015

Dual Diagnosis: Substance Misuse & Mental Health



Learning outcomes:

- Develop knowledge of dual diagnosis – definitions, attitudes & experience
- Understand the nature of the complex relationship between mental ill health and substance misuse
- Identify and respond more effectively to clients with dual diagnosis in your work
- Identify key issues facing clients affected by both substance misuse and mental health issues and how these issues may affect or obstruct their access to appropriate service provision
- Be aware of treatment pathways and key service providers in the city

Fri 14th Feb 2014
Fri 11th July 2014

Wed 10th Dec 2014

Alcohol, Substance Misuse & Capacity



Learning outcomes:

- Discuss dual diagnosis in relation to substance misuse and mental health problems
- Discuss how alcohol and substance misuse can impact on an individual's decision making
- Consider how the Mental Capacity Act and Mental Health Act can affect those with substance misuse and alcohol problems
- Discuss safeguarding in the context of substance misuse and alcohol use
- Consider appropriate interventions in the context of substance / alcohol misuse
- Discuss roles and responsibilities in relation to multi-agency working

Wed 23rd April 2014

Other courses in the city include: Overdose awareness and Prenoxad / Naloxone training, PATCHED parents and carers training, ru-ok? screening tool training, and suicide awareness and response. Visit www.thinkdrinkdrugs.com (professional section) for more information or ask your line manager.

Community Justice Award, City & Guilds Level 2: <http://www.sussexdowns.ac.uk> for information about the availability of this course (Runs Jan–Oct)

Certificate in Substance Misuse – Early Interventions with Young People: <http://tinyurl.com/CISMEIYW> (part-time, 30 credits, University of Chichester)

Criminology and Substance Misuse Interventions BA (Hons): <http://tinyurl.com/CASIMBA> (full or part-time, University of Brighton, apply via UCAS)

Social Factors in Substance Misuse, Masters, Module 945C8: <http://tinyurl.com/SFISMM> (Sussex University, apply via UCAS)

NCFE Accredited Level 2 Award in Substance Misuse, mapped to DANOS, at Sussex Downs College, runs at Lewes/ Eastbourne Campuses over two terms. Contact Carole Henderson, Administrator, 01323 637215, carole.henderson@sussexdowns.ac.uk

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